

March 15, 2005

DESERT MESH

The Official Voice of ARCENT - Qatar



Issue 33

CAMP AS SAYLIYAH

HOT FASHIONS



*Graphics By
Clayton Grasing*

Weapons Qualifications

ARCENT-QA and tenant units conducted weapons qualification. The day started off at o'dark thirty (5 a.m. for you civilians) as any good Army training day will. The soldiers and seamen quickly donned their gear, drew their weapons from the arms room, and loaded the buses in preparation for our journey to the range. We arrived at the range in full battle rattle, trusty M16s, M9s, and tasty MREs! What a treat and break from the Dining Facility. We were all eager to fire our weapons.

While preparation of the firing lanes commenced, Staff Sgt. Payne conducted Collective Task Training on First Aid and Buddy Carry prior to firing. What a sight to see a 130 lb individual try and buddy carry someone who is twice their size.



Staff Sgt. Payne providing instructions

Weapons Qualification started out with the normal briefings, Here's your target, aim, ready, fire and the 1st. Sgt. yelling (with a bull horn none the less) "Keep your weapon up and down range" "Range Walk, Range Walk" "Left, Left, Left"



Qualifying at the range

As if anyone could actually get their left foot in front of their right foot that quickly! "Ready on the Left,

Ready on the Right... We're always waiting on the Right, Center's Ready," "Commence Fire", "Cease Fire".

By early afternoon we were as eager to get off the range as we were to get on the range.

M16 Rifle Expert Qualifiers: Spc. Andrews and Sgt. 1st Class Slay hit 39 out of 40! Staff Sgt. Payne hit 38 out of 40!

M9 Pistol Expert Qualifiers: Sgt. 1st Class Brown took the lead with highest score of 192! Way to go Sgt. 1st Class Brown! Also qualifying expert were Cpt. Reyes, Maj. Williams and Kepley, Lt. Col. Drouet, Hamilton, Corbett, and Martin.

You are all commended for your Outstanding Marksmanship Skills. Good Job!

Story by Chief Warrant Officer Sheila Brennan

ARCENT-Qatar's Combat Dining In

This year's annual "Combat" Dining In started off with the traditional cocktail hour enhanced with good music providing a relaxing, social environment for all of the attendees and guests. Clayton Grusing set up photo ops and took photographs of sections, friends, and coworkers.

The mess call was announced by the bugler Mr. William Eadie. At which time personnel started gathering at the entry way in anticipation for the nights events. Entering the Dining Area 1LT Mark Corn formally introduced each attendee to the Guest Speaker, Commander, and Command Sergeant Major.

Mr. Vice (SSG Stahl) was at his place in the armored personal carrier (APC) along with the Narrator (SFC Shannon) who was behind the Bunker on the stage. The Head Table made their entrance and the Colors were posted by SFC Comprosky's Color Guard team. Chaplain Steenson rendered the invocation and the festivities began with ARCNET Qatar's Punch Bowl Ceremony and official toasts. Dinner was served, the smoking lamp was illuminated.

DOL, Finance, S-1, Postal, and a member from DPW all entertained with their interpretation of the Command Group, HHC 1SG, and first line leaders.

Throughout the evening individual's brought Point of Orders to the attention of Mr. Vice and personnel



Photo by Clayton Grusing

were punished in a number of ways for their discrepancies or failures. The most popular punishment was to drink from the Grog Bowl as the Grog was rather tasty with a pleasant after effect. While

others had to report to the pull up, dip bars or face the basket ball hoop with what I'm sure was a flat basketball as not one shot made it through the hoop.



Photo by Clayton Grusing

The evening ended with a lot of relief from the committee and new found appreciation of Army traditions by all. An Extended THANK YOU to all of you who made this event a success!

Story by Chief Warrant Officer Sheila Brennan

AFSC & JMC CSM's Visit Qatar

Recently, CEB-QA had the distinct honor and privilege of hosting Command Sgt. Majors Yarborough and Osbourne on their inaugural visit to Southwest Asia since assuming their present duties. The purpose of the visit was to gain a better understanding of the mission that CEB-QA performs in support of OIF/OEF as well as discuss quality of life issues for all CEB personnel. The CSM's first toured the Central Receiving and Shipping Point (CRSP) where all supplies are received, stored and issued for both wholesale and retail stock items. The supply section processes on average, over 6,000 receipts per month and manages nearly another 6,000 lines that are maintained within one and one half warehouses. Following a tour of the container yard that stores over 800 containers of Operational Project Stocks (OPROJ), the CSM's visited the maintenance facilities. Here they observed firsthand the level of detail that goes into repairing everything from HMMWV's, HEMTT's, and M113A3's to small arms weapons, generators and electronics. Following this, they toured the engineer shop, Patriot facility and finished up at our new National Tire and Wheel Assembly shop where we will produce over 39 separate NSN's of complete wheel assemblies in support of theater requirements. The tour culminated with both CSM's thanking the CEB-QA NCO's for their dedicated service, commitment and untiring efforts as we continue to support the Warfighter in the Global War on Terrorism.



AFSC/JMC CSM'S (center) with CEB-QA NCO's during the M113A3 Mission

Story by Sgt. 1st Class Wallace Roberts, CEB-QA

Camp As Sayliyah's Hot Fashions

Most people wouldn't be inclined to put fashion and deployment to a forward area in the same sentence. And to paraphrase Robin Williams' character from the much-celebrated movie "Good Morning Vietnam," people usually say "If you're going into the desert, you should clash!" It was with much surprise, then, that the First Annual Black History Month Fashion Show was planned and put on at the Oasis Club.

It's not all about the fashion; this event required a great deal of planning and coordination from all the participants. Staff Sgt. Wilson, Sgts 1st Class Shannon, and Fairs were instrumental in the planning and organization of the event. They organized the work crew that consisted of Sgt. Pride, Maj. Irving, and Jake from the USO, just to name a few.

Speaking with Staff Sgt. Wilson, one could have gotten the impression, though, that the real difficulties in getting the show off the ground lay in corralling the 'prima donnas' who were modeling the clothes. The original intent of the show was not just to have a few people walking around, but to really give the Camp As Sayliyah community a chance to 'strut its' stuff.

The 26th of February rolled around, and the entire team that was part of the show went into high gear with last-minute preparations; putting up curtains, hauling around the 'cat walk', and 'finishing touches.'

There were four events to prepare for: Sports, Casual, Business wear, and Evening wear. Not all participants chose to show their fashion sense in every category. Finally, at 1900, the Fashion Show started: Jake from the USO dimmed the house lights, cued up the music, and Sgt. 1st Class Fairs began MCing the studs and studettes as they showed Camp As Sayliyah what it really means to be well dressed!

The show was simply awesome – and showed that even though most of us tend to have a LOT of brown in our wardrobe, we still know how to dress when the DCUs come off at the end of the duty day.

Overall, the evening was an unequivocal success, and truly showed that the soldiers of Camp As Sayliyah know how to dress, leaving us looking forward to next year's event.

Story by Cpt. Christian Simon



Photos by Clayton Grising

340th Bid Farewell

The 340th Movement Control Team Detachment (MC), an Army Reserve Unit from Camp Pendleton, California, TACON to the ARCENT-QA DOL (Director of Logistics), provided support for the ARCENT-QA RSO&I operations in Qatar. The MCT was instrumental in providing support in the movement of cargo and personnel through Camp As Sayliyah, AL Udeid Airbase, and the Port of Mesaieed during Operation Iraqi and Enduring Freedom.



Photo by Clayton Grusing

The MCT personnel were branched out to multiple locations and organization to facilitate the onward movement of cargo through the State of Qatar. We had personnel working with the 831st Trans Bn, Qatar Det (SDDC), documenting, staging, tracking, and moving cargo through the Port of Mesaieed. Personnel were operating at AL Udeid Airbase coordinating between the Army and Air Mobility Command (AMC) for cargo air operations. The 340th were also invaluable working with the ARCENT-QA Container Receiving and Shipping Point (CRSP) processing and tracking over 2000 containers, as well as being a key player in the developing and implementing new communications programs in Qatar.

The 340th MCT, after successfully completing their one-year deployment, sadly will now be departing. We are proud of how far we have come as a part of a larger team here in Qatar. All we have accomplished will be appreciated for years to come, and we will always remember the experience we have had working with such outstanding units and personnel. Thank you to all and until next time stay safe.

Story by Master Sgt. Sandra K. Goodman

5K Competitive Run

On 8 February 2005 Qatar Military held their annual 5k run competition. For the first time, the American Armed Forces were invited to participate. The race consisted of 6-man teams representing a variety of branches from each of their respective armed forces. As guests of the Qatari military, the US Armed Forces race team was comprised of members of the US Air Force and Army personnel. The US team placed 4th as a group.

Hani Abukishk, ARCENT-Qatar Civil-Military Operations Officer



stated, "This race in particular was a memorable experience mainly because the Chief of Staff of the Qatari Armed

"This race in particular was a memorable experience....."

Hani Abukishk,
ARCENT-Qatar Civil Military Operations Officer

Forces, Major General Hamad Al-Attiyah was in attendance and presented the US Team with a plaque commemorating the event."

From January to June of 2005 soldiers representing the United States military and their allies will participate in Qatar's annual military sports competition which includes soccer, cycling, basketball, volleyball, baseball and many other sports.

Collabrative story by Jamie L. Whipp and 2nd Lt. Aaron Parker

This Army newsletter is an authorized publication for members of the Department of Defense. Contents of the *Desert Mesh* are not necessarily the official views of, or endorsed by, the U.S. Government or Department of the Army. The editorial content is the responsibility of the Army Forces Central Command-Qatar public affairs office. Comments should be addressed to Jamie.Whipp@qatar.army.mil or call 432-2572.

Heat Stress Management

The hot days of spring and summer are rapidly approaching and so it is prudent for us to take time now to prepare to ensure the safety of our personnel and our selves. Heat can severely injure this unit just as surely as any enemy. Use the following procedures to manage the risks associated with hot-weather operations.

- **Drink plenty of fluids.** Cool water is best. Also drink fluids that replace lost electrolytes. Carbonated drinks can cause cramps.
- **Avoid Alcohol.** These liquids work to dehydrate your body.
- **Plan your activities.** Save the most strenuous work for the cooler parts of the day.
- **Stay cool.** When hot, look for a cool spot to rest and recover (shady or air conditioned areas)
- **Dress cool.** Wear loose-weave, cotton fabrics that allow your body to breathe.
- **Rest often.** Get sufficient rest, sleep and nutrition. Stay in shape to effectively handle the environment.

The following Heat Stress chart is provided for your further information in regards to the various heat categories and recommended amounts of fluid consumption and rest periods.

WBGT = Wet Bulb Globe Temperature
The colored flags are flown at the Main Gym, Building 109, and at the TMC.

Heat Cramp, Heat exhaustion, and Heatstroke Prevention:

To eliminate or minimize heat injuries, leaders must ensure—

- Proper acclimatization (minimum of 14 days).
- Adequate water intake (1 quart of water per hour during the hot hours of the day).
- Continual surveillance of all personnel to detect early symptoms of heat illness.
- Personnel are trained to recognize symptoms of heat illness and administer emergency first-aid treatment (TB Med 507, para 18-20)

HEAT STRESS MANAGEMENT

HEAT CATEGORY	WBGT INDEX (°F) °C	EASY WORK		MODERATE WORK		HARD WORK	
		WORK REST	WATER INTAKE (Qt/hr.)	WORK REST	WATER INTAKE (Qt/hr.)	WORK REST	WATER INTAKE (Qt/hr.)
1	(78°-81.9°) 25.6-27.7	NL	1/2	NL	3/4	40/20 MIN	3/4
2 GREEN	(78°-81.9°) 25.6-27.8	NL	1/2	50/10 MIN	3/4	30/30 MIN	3/4
3 YELLOW	(82°-84.9°) 27.8-29.4	NL	3/4	40/20 MIN	3/4	30/30 MIN	1
4 RED	(88°-89.9°) 31.1-32.2	NL	3/4	30/30 MIN	3/4	20/40 MIN	1
5 BLACK	(>90) 32.2	50/10 MIN.	1	20/40 MIN	1	10/50 MIN.	1

CAUTION
HOURLY FLUID INTAKE SHOULD NOT EXCEED 1 1/2 QT. DAILY FLUID INTAKE SHOULD NOT EXCEED 12 QTS.

*Story by Robert B. East, ITT Systems Division
Installation Safety Manager*

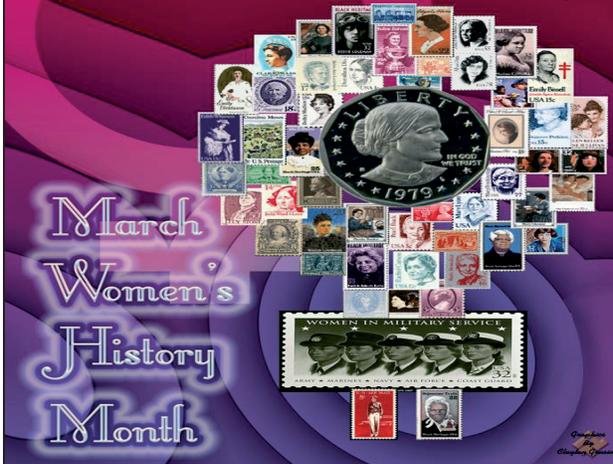
Holy Week Services 20-27 March

20 March Palm Sunday
 24 March Holy Thursday (Catholic)
 24 March Maudy Thursday (Protestant)
 25 March Good Friday (Both)
 26 March Easter Vigil (Catholic)
 27 March Easter Day (Both)
 Christian Community Easter Sunrise Service will be held at 0600 by the flagpole in front of the ARCENT HQ. Please note, service locations may vary during Holy Week.

Celebrate Women's History Month

When: 29 March 2005, 1130
 Where: DFAC 218

Special Guest Speaker: Diana C.K. Untermeyer



Fun Fact

MWR reports Camp As Sayliyah has run, walked, and biked for a total of 484,428 miles; equivalent to traveling around the world over 19 times. This figure is based on the lifetime of each treadmill, bike, and elliptical equipment at CAS since late February 2003 - February 28, 2005. The calculated distance around the world is based on 25,000 miles around the equator.



Ammo Ops In Qatar

In a change from our normal supply and maintenance functions, the battalion recently had the opportunity to expand their skills by conducting ammunition operations. The process began with the building of necessary dunnage



Canisters are first AG cleaned and inspected prior to shipment.

required for the military containers in order to transport particular Class 4

ammunition items. Once complete, the containers, MHE, and water truck were then transported to the ASP for the next phase. At the ASP, the first step involved removing the ammunition from the bunkers. This required equipment to safely transport the canisters outside where they could be separated. The QASAS (Quality Assurance Specialist Ammunition Surveillance)



Two forklifts are needed to safely load the canister into the container

monitor watched carefully while each canister set had to be reconfigured based upon serial number, condition code, AG (Agriculture) cleaned, and then carefully loaded into an approved container. Overall, the mission served to enhance our supply capabilities and provided a valuable training experience for our new personnel.

Story by Capt. David Alexander, CEB-QA

Upcoming events in April:
 Commander's Cup Challenge
 Installation Appreciation