



# The Old Ironsides Report

Thursday, May 06, 2004



## SMA discusses deployment with Soldiers, families

By Spc. Kristopher Joseph, *special to the Old Ironsides Report*  
**WIESBADEN ARMY AIRFIELD, Germany** – Sgt. Maj. of the Army Kenneth O. Preston's visit here May 4 was a homecoming of sorts.

Preston, the Army's top enlisted Soldier, came to discuss current issues with Family Readiness Group members from V Corps' 1st Armored Division and the 104th Area Support Group.

During his 28-year Army career, Preston has served as sergeant major for both the corps and the division.

Preston answered questions from concerned FRG members, most notably the family members of "Old Ironsides" division troops who recently learned that their deployed Soldiers' tours in Southwest Asia in support of Operation Iraqi Freedom had been extended.

Preston spent much of his visit explaining the "big picture" that has led to the extension and discussing changes the Army will make in the wake of the ongoing global war on terrorism.

A large number of questions revolved around Army policies on keeping Soldiers on deployments longer than originally planned.

"In every mission," Preston said, "success is staying the course and basically working ourselves out of a job.

"We don't always understand why these decisions are made, but if you look at what democracy has done in the world, you can see that what we are doing is important and we are making a difference," said Preston.

The Army hopes to bring more predictability for Soldiers and their families, he said.

"In light of our current military commitments, the overall goal for the near future is to give predictability and stability for Soldiers and their families," Preston said. "The fact is that these units have to be reset and ready. We don't know what lies down the road. It's a different war, and it's a mind-set we have to accept."

Many FRG members told Preston that if extensions are necessary, that they be notified as soon as possible, rather than at the last minute.

FRG member Holly Massie asked Preston how many other places the Army is going to send her deployed husband, Sgt. First Class Timothy Massie of the division's 2nd Battalion, 3rd Field Artillery.

"We are not the world's policemen," she said.

Preston responded by encouraging Massie and other family members to not speculate about possible future operations or give credence to rumors, but rather to stay focused and believe that Army leadership in Washington D.C. cares about them and is working to make changes that will benefit the military family.

Preston spoke in great length about plans for Army transformation the Army in the next three to five years. He said that the Army plans to increase its manpower by 30 percent to give it more flexibility during this time of continued deployment.

That growth, he explained, will primarily consist of adding 10 to 15 brigade combat teams to the 33 the Army has today. Those BCTs will be "locked down" into 36-month life cycles giving Soldiers more family stability and improve unit cohesion and effectiveness.



**Sgt. Maj. of the Army Kenneth O. Preston discusses Army transformation and mission-related issues with Soldiers and Family Readiness Group members from V Corps' 1st Armored Division and the 104th Area Support Group during a visit to Wiesbaden Army Airfield, Germany, May 4. (Photo by Spc. Kristopher Joseph, V Corps PAO)**

The role of the Army Reserve and National Guard in OIF was discussed as well. Preston said there are untapped units in these forces that will be mobilized to assist with the workload of the active component. Currently, 40 percent of the troops in the second iteration of OIF come from the Reserve and Guard.

Another concern expressed by several FRG members was the policy of giving Soldiers a six-month break between deployments. Many enlisted Soldiers returning from their one-year stint in OIF must immediately attend lengthy leadership development courses, they said, giving them only two to three months' reunion with their families.

Preston addressed the issue saying there are already plans to merge some redundant training within leadership courses and to shorten overall course lengths to reduce time away from families.

The sergeant major also quelled rumors that 1st Armored Division would be moving back to the U.S. No such decisions have been made, he said.

Preston closed his visit by praising today's military families, calling them "the next greatest generation."

"Even though these are difficult times, 20 years from now the Soldiers and families will watch the History Channel about what's going on now and look back with pride and honor in what they accomplished through their great sacrifices."

During his two-day visit to Germany, Preston also attended a memorial service in Baumholder, Germany, for eight 1st Armored Division soldiers killed in an improvised explosive device attack in Iraq last week. He also met with V Corps sergeants major and FRG members from the corps' 1st Infantry Division and the 98th and 100th ASGs.

## NEWS...

### Bush: Iraqi Prisoner Abuse 'Abhorrent'

WASHINGTON (AP) - President Bush told a skeptical Arab world on Wednesday that the treatment of Iraqi prisoners by some members of the U.S. military was "abhorrent" and does not represent "the America that I know." He stopped short of apologizing. "There will be investigations. People will be brought to justice," Bush said in a television interview that was aired in Cairo late Wednesday afternoon.

### Commander of Coalition Prisons Apologizes

ABU GHRAIB, Iraq (AP) - The commander of U.S.-run prisons in Iraq apologized Wednesday for the "illegal or unauthorized acts" committed by soldiers at the Abu Ghraib prison, where photographs showed Iraqi prisoners being abused by smiling American guards. Maj. Gen. Geoffrey Miller also said some interrogation techniques would be halted while others would be limited. He also invited the Red Cross to open an office at the prison.

### House Works to Freeze Minimum Tax 1 Year

WASHINGTON (AP) - The alternative minimum tax, designed to trap affluent tax evaders, ensnares more and more middle income families, and House lawmakers want to limit its reach next year. The alternative minimum tax system imposed higher taxes and extraordinary complexities on 3 million taxpayers this year. About 11 million more taxpayers can expect to pay the tax next year.

### Moore: Disney Blocks Distribution of Film

NEW YORK (AP) - The Walt Disney Company is blocking its Miramax Films division from distributing Michael Moore's documentary "Fahrenheit 9/11," which criticizes President Bush's handling of Sept. 11 and connects the Bush family with Osama bin Laden's. Moore attributes Disney's decision to concerns that the documentary will endanger tax breaks the company receives from Florida, where Bush's brother Jeb is governor.

### Stewart's Motion for Second Trial Denied

NEW YORK (AP) - A federal judge Wednesday turned down Martha Stewart's motion for a second trial based on allegations that a juror lied about his arrest record on a pre-trial questionnaire. The decision by U.S. District Judge Miriam Goldman Cedarbaum came precisely two months after Stewart and broker Peter Bacanovic were convicted of lying to authorities about Stewart's sale of ImClone Systems stock.

### Weather Helps in Battle Vs. Calif. Blazes

CORONA, Calif. (AP) - Lower temperatures and diminishing wind aided firefighters Wednesday as they battled flames that have forced thousands of people to evacuate at the earlier-than-usual start of what promises to be a dangerous wildfire season. As of Wednesday, major blazes had blackened some 19,075 acres of tinder-dry grass and brush this week.

## Ridin' along in politics...

### Bush, Kerry Tour Buses Made in Canada

MAUMEE, Ohio (AP) -- President Bush rode across Ohio on Tuesday in a bus emblazoned, "Yes, America can."

Turns out the bus was made in Canada.

So was the "Real Deal Express" that Democrat John Kerry rode earlier in the year.

Both were made by Prevost Car, which is owned by the Swedish Volvo Bus Corp. and Britain's Henly's Group PLC. Its manufacturing facility is in St. Claire, Quebec.

Bush campaign spokesman Scott Stanzel defended the president's use of a foreign-made bus and said many of the components on the red-white-and-blue coaches, along with their engines and tires, are American-made.

"As President Bush says, 'economic isolationism' would derail our recovery and kill jobs," Stanzel said.

Bush has defended his free-trade policies against Democratic criticism and says those who favor restrictions on imports are "economic isolationists."

Foreign-made vehicles are a touchy topic in the job-strapped industrial Midwest, which Bush toured on Monday and Tuesday.

"The problem isn't the bus he's riding on. It's the failed economic policies he's driving," said Phil Singer, a Kerry spokesman.

But while Kerry's campaign was all too happy to talk about the Bush bus, it became tightlipped on the subject of Kerry's bus rental. Telephone messages left by The Associated Press seeking comment were not immediately returned.

An itemized disbursement report Kerry's campaign filed with the Federal Election Commission showed a payment of \$3,364.20 in February to "Cleve Southeast" of Bedford, Ohio, which leased the bus to the campaign.

A check of the Cleveland Southeastern Trails Web site showed a motor coach similar in appearance to photographs of one of Kerry's "Real Deal Express" buses. The Web site identified the bus as being made by Prevost.

Bush campaign spokesman Steve Schmidt it was another example of Kerry's waffling.

"The here is once again John Kerry's campaign saying one thing and doing another. They have launched a political attack while they themselves chartered the same exact bus," said campaign spokesman Steve Schmidt. "There is nothing wrong with the bus, but there is something wrong with the Kerry campaign's hypocrisy."

## Thought for the day...

### The Machine

An atheist scientist friend of Sir Isaac Newton came by and visited him just as he was finishing his solar system machine (i.e. turn the handle and the planets and moons revolve). The man saw the machine and said "how wonderful" and went over to it and turned the handle to watch the planets circle.

He then asked Sir Isaac, "Who made this?" Newton stopped writing and said, "Nobody did." The man said, "You didn't hear me. Who made this machine?" Newton replied "I told you. Nobody did." He stopped cranking and turned to Isaac, "Now listen Isaac, this marvelous machine must have been made by somebody-don't keep saying nobody made it."

At which point Newton replied, "Now isn't it amazing. I tell you that nobody made a simple toy like that and you don't believe me. Yet you gaze out into the solar system - the intricate marvelous machine that is around you - and you dare say to me that none made that. I don't believe it."

***Today in history...***

**May 6, 1954: FIRST FOUR-MINUTE MILE**

(HISOTRYCHANNEL.COM) In Oxford, England, 25-year-old medical student Roger Bannister cracks track and field's most notorious barrier: the four-minute mile. Bannister, who was running for the Amateur Athletic Association against his alma mater, Oxford University, won the mile race with a time of 3 minutes and 59.4 seconds.

For years, so many athletes had tried and failed to run a mile in less than four minutes that people made it out to be a physical impossibility. The world record for a mile was 4 minutes and 1.3 seconds, set by Gunder Hýgg of Sweden in 1945. Despite, or perhaps because of, the psychological mystique surrounding the four-minute barrier, several runners in the early 1950s dedicated themselves to being the first to cross into the three-minute zone.

Roger Bannister, born in Harrow, England, in 1929, was a top mile-runner while a student at the University of Oxford and at St. Mary's Hospital Medical School in London. In 1951 and 1953, he won British championships in the mile run. As he prepared himself for his first competitive race of the 1954 season, Bannister researched the mechanics of running and trained using new scientific methods he developed. On May 6, 1954, he came to the Iffley Road track in Oxford for the annual match between the Amateur Athletic Association and Oxford University. Conditions were far from ideal; it had been windy and raining. A considerable crosswind was blowing across the track as the mile race was set to begin.

At 6 p.m., the starting gun was fired. In a carefully planned race, Bannister was aided by Chris Brasher, a former Cambridge runner who acted as a pacemaker. For the first half-mile, Brasher led the field, with Bannister close behind, and then another runner took up the lead and reached the three-quarter-mile mark in 3 minutes 0.4 seconds, with Bannister at 3 minutes 0.7 seconds. Bannister took the lead with about 350 yards to go and passed an unofficial timekeeper at the 1,500-meter mark in 3 minutes 43 seconds, thus equaling the world's record for that distance. Thereafter, Bannister threw in all his reserves and broke the tape in 3 minutes 59.4 seconds. As soon as the first part of his score was announced--"three minutes..."--the crowd erupted in pandemonium.

Bannister went on to win British and Empire championships in the mile run, and the European title in the 1,500-meter event in 1954. At the end of the year, Bannister retired from athletic competition to pursue his medical career full time and in 1955 recounted his experiences in the book *The Four Minute Mile*. He later earned a medical degree from Oxford and became a neurologist. In 1975, he was knighted by Queen Elizabeth II.

His world record in the mile did not stand long, and the record continued to be lowered with increasingly controlled climatic and surface conditions, more accurate timing devices, and improvements in training and running techniques. A "sub-four" is still a notable time, but top international runners now routinely accomplish the feat. Because a mile is not a metric measurement, it is not a regular track event nor featured in the Olympics. It continues, however, to be run by many top runners as a glamour event.

**Help for Iron Families in the 104<sup>th</sup> ASG**

The extension of 1<sup>st</sup> Armored Division in support of Operation Iraqi Freedom has raised many questions in the minds of Soldiers and families stationed throughout the 104<sup>th</sup> Area Support Group. In order to respond to the needs of Iron Families, the 104<sup>th</sup> ASG has set up specific information links on their website.

As the morale and welfare of the Soldiers currently deployed to Iraq is being addressed by the 1AD chain of command, the 1AD rear detachment and the 104<sup>th</sup> ASG are addressing issues on the home front. Realizing that many of the issues faced by deployed Soldiers and families at home often overlap, the 104<sup>th</sup> ASG website offers a tool with which to address some of those issues.

Specifically for the families in the rear, Stop Loss/Stop Move is still in effect and certain policy exceptions are already in place in order to aid families in a variety of issues ranging from relocating within the 104<sup>th</sup> ASG to attending DODDS this fall.

For more information, please visit the Q&A site at:

[http://www.hanau.army.mil/HanauWeb/04\\_services/newsfrontvtc.asp](http://www.hanau.army.mil/HanauWeb/04_services/newsfrontvtc.asp).

All questions can be directed to:

[http://www.hanau.army.mil/HanauWeb/04\\_services/newfront/form2.htm](http://www.hanau.army.mil/HanauWeb/04_services/newfront/form2.htm).



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myafn.net TV SCHEDULES: THURSDAY, MAY 06, 2004

As of: Wednesday, May 05, 2004 9:40:26 PM

Start Time	SPORTS	ATLANTIC	SPECTRUM	PACIFIC	NEWS	Start Time
0:00		HEADLINE NEWS	SECRETS OF WAR (TVPG): - INVASION OF PANAMA	ESPNEWS: THE HOT LIST		0:00
0:30		TONIGHT SHOW WITH JAY LENO (TVPG):		HEADLINE NEWS	HEADLINE NEWS	0:30
1:00	AROUND THE HORN		ALDRICH AMES: THE TRAITOR WITHIN	TODAY	LESTER HOLT LIVE	1:00
1:30	PARDON THE INTERRUPTION	THE LATE SHOW WITH DAVID LETTERMAN (TVPG):				1:30
2:00	SPORTSCENTER				HEADLINE NEWS	2:00
2:30		ACCESS HOLLYWOOD			NBC NIGHTLY NEWS	2:30
3:00	MOTORCYCLE RACING - MOTOGP 125 (SOUTH AFRICA)	MLB - CHICAGO WHITE SOX @ BALTIMORE ORIOLOS	THE WILD THORNBERRYS (TVY): - DANCES WITH DINGOES	SESAME STREET	ABC WORLD NEWS TONIGHT	3:00
3:30			SPONGEBOB SQUAREPANTS (TVY): - BUBBLESTAND/ RIPPED PANTS		CBS EVENING NEWS	3:30
4:00	MOTORCYCLE RACING - MOTOGP WORLD CHAMPIONSHIP - SPANISH GRAND PRIX		THE SIMPSONS (TVPG): - MARGE VS. THE MONORAIL	PLAY WITH ME SESAME	COUNTDOWN WITH KEITH OLBERMANN	4:00
4:30			THE COSBY SHOW (TVG): - THE LOCKER ROOM	WHEEL OF FORTUNE (TVG):		4:30
5:00	NBA - PLAYOFFS - 2ND ROUND GM 2: LOS ANGELES LAKERS @ SAN ANTONIO SPURS		DHARMA & GREG (TV14): - DHARMA DOES DALLAS	THE DR. PHIL SHOW (TVPG):	HANNITY & COLMES	5:00
5:30			MY WIFE AND KIDS (TVPG): - HE HEARD , SHE HEARD			5:30
6:00		ESPNEWS	WEST WING, THE (TVPG): - COLLEGE KIDS	THE OPRAH WINFREY SHOW (TVPG):	THE NEWS HOUR	6:00
6:30		ESPNEWS				6:30
7:00		HEADLINE NEWS	BECOMING AMERICANS: THE CHINESE EXPERIENCE (TVPG): - PART 1	NBC NIGHTLY NEWS	BET NIGHTLY NEWS	7:00
7:30	INSIDE THE NBA	ESPNEWS		JUDGE JUDY (TVPG):	NIGHTLY BUSINESS REPORT	7:30
8:00		HEADLINE NEWS		ACCESS HOLLYWOOD	LARRY KING LIVE	8:00
8:25				GUIDING LIGHT (TV14):		8:25
8:30	ESPNEWS	HEADLINE NEWS	MAIL CALL (EPS 1-13) (TVPG):			8:30
9:00	BASEBALL TONIGHT	SESAME STREET	MASTERPIECE THEATER (TVPG): - THE JURY (PT. 3)		NEWSNIGHT WITH AARON BROWN	9:00
9:13				GENERAL HOSPITAL (TV14):		9:13
10:00	SPORTSCENTER	PLAY WITH ME SESAME	MASTERPIECE THEATER (TVPG): - THE JURY (PT. 4)	DISNEY'S HERCULES (TVY): - THE TAPESTRY OF FATE	PAULA ZAHN NOW	10:00
10:30		WHEEL OF FORTUNE (TVG):		HEY ARNOLD! (TVY): - ARNOLD'S THANKSGIVING		10:30
11:00	NBA - PLAYOFFS - 2ND ROUND GM 2: LOS ANGELES LAKERS @ HOUSTON ROCKETS	THE DR. PHIL SHOW (TVPG):	THE WILD THORNBERRYS (TVY): - DANCES WITH DINGOES	POKEMON: JOHTO LEAGUE CHAMPIONS	NIGHTLINE	11:00
11:30			SPONGEBOB SQUAREPANTS (TVY): - BUBBLESTAND/ RIPPED PANTS	JACKIE CHAN ADVENTURES (TVY7): - SHANGHAI MOON	AIR FORCE TV NEWS	11:30
11:46		THE OPRAH WINFREY SHOW (TVPG):				11:46
12:00			THE SIMPSONS (TVPG): - MARGE VS. THE MONORAIL	JEOPARDY! (TVG):	HARDBALL WITH CHRIS MATTHEWS	12:00
12:30			THE COSBY SHOW (TVG): - THE LOCKER ROOM	HEADLINE NEWS		12:30
12:35		GUIDING LIGHT (TV14):				12:35
12:52				PACIFIC REPORT		12:52
13:00			AMERICAN IDOL (TVG):	ESPNEWS	60 MINUTES II	13:00
13:17		GENERAL HOSPITAL (TV14):				13:17
13:30	PARDON THE INTERRUPTION		MY WIFE AND KIDS (TVPG): - HE HEARD , SHE HEARD	HEADLINE NEWS		13:30
13:52				PACIFIC REPORT		13:52
14:00	SPORTSCENTER	HEADLINE NEWS	WEST WING, THE (TVPG): - COLLEGE KIDS	FRIENDS (TVPG): - THE ONE WITH RACHEL'S GOING AWAY PARTY	THE O'REILLY FACTOR	14:00
14:25				SCRUBS (TV14): - MY BROTHER, WHERE ART THOU?		14:25
14:30		JUDGE JUDY (TVPG):				14:30
14:50				REEL TIME		14:50
15:00	MLB - NY YANKEES @ OAKLAND A'S	TODAY	BECOMING AMERICANS: THE CHINESE EXPERIENCE (TVPG): - PART 1	THE BACHELOR (TV14):	GOOD MORNING AMERICA	15:00
16:00				E.R. (TVPG): - TOUCH AND GO		16:00
16:30			MAIL CALL (EPS 1-13) (TVPG):			16:30
17:00		DISNEY'S HERCULES (TVY): - THE TAPESTRY OF FATE	MASTERPIECE THEATER (TVPG): - THE JURY (PT. 3)	HEADLINE NEWS	HEADLINE NEWS	17:00
17:22				PACIFIC REPORT		17:22
17:30		HEY ARNOLD! (TVY): - ARNOLD'S THANKSGIVING		TONIGHT SHOW WITH JAY LENO (TVPG):	CHANNEL ONE	17:30
17:45					ABC WORLD NEWS THIS MORNING	17:45
18:00	ESPNEWS	POKEMON: JOHTO LEAGUE CHAMPIONS	MASTERPIECE THEATER (TVPG): - THE JURY (PT. 4)		THE EARLY SHOW	18:00
18:30	NBA FASTBREAK	JACKIE CHAN ADVENTURES (TVY7): - SHANGHAI MOON		THE LATE SHOW WITH DAVID LETTERMAN (TVPG):		18:30
19:00	SPORTSCENTER	JEOPARDY! (TVG):	THE WILD THORNBERRYS (TVY): - DANCES WITH DINGOES			19:00
19:30		HEADLINE NEWS	SPONGEBOB SQUAREPANTS (TVY): - BUBBLESTAND/ RIPPED PANTS	ACCESS HOLLYWOOD		19:30
20:00	SPORTSCENTER	ESPNEWS	THE SIMPSONS (TVPG): - MARGE VS. THE MONORAIL	PSYCHO 3	FOX NEWS LIVE	20:00
20:30		HEADLINE NEWS	THE COSBY SHOW (TVG): - THE LOCKER ROOM			20:30
21:00	TOTALLY NASCAR	FRIENDS (TVPG): - THE ONE WITH RACHEL'S GOING AWAY PARTY	AMERICAN IDOL (TVG):		60 MINUTES II	21:00
21:25		SCRUBS (TV14): - MY BROTHER, WHERE ART THOU?				21:25
21:30	BASEBALL TONIGHT		MY WIFE AND KIDS (TVPG): - HE HEARD , SHE HEARD			21:30
21:45				POLICE ACADEMY 3: BACK IN TRAINING		21:45
21:50		REEL TIME				21:50
22:00	MLB - PITTSBURGH PIRATES @ HOUSTON ROCKETS	THE BACHELOR (TV14):	WEST WING, THE (TVPG): - COLLEGE KIDS		FOX NEWS LIVE	22:00
23:00		E.R. (TVPG): - TOUCH AND GO	BECOMING AMERICANS: THE CHINESE EXPERIENCE (TVPG): - PART 1		HEADLINE NEWS	23:00
23:30				CINEMA SECRETS (TVG): - HOSTILE TAKEOVERS	INSIDE POLITICS	23:30