



# The Desert Voice

Third Army/United States Army Central  
"Ready Tonight ... Sustain The Fight ... Shape The Future"

May 26, 2010

## Aid to Tajikistan

Third Army responds  
to crisis in partner  
country

Third Army Trains  
Executive Leaders

New Hellfire Missile  
Facility Opens



# DV

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### On the cover



A Tajikistan boy holds up an American Flag after a Third Army relief aid plane landed in the flooded country (Photo by Cpl. Brandon Babbitt, 203rd Public Affairs Detachment).

### Last weeks cover



Third Army Soldiers work in low light to provide Combat Life Saver techniques to a training aid during a CLS class at Camp Buehring, Kuwait (Photo by Sgt. David Nunn, 203rd Public Affairs Detachment).

### Contact us

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MAY 02 2010

MEMORANDUM FOR Third Army, USARCENT Personnel

SUBJECT: Memorial Day and Summer Safety Message

1. Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. Memorial Day was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic, in his General Order No.11, and was first observed on 30 May 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. After World War I, Memorial Day became a day of remembrance, honoring all Americans who died in war.
2. Memorial Day weekend also marks the start of the "Critical Days of Summer," the days between the Memorial Day and Labor Day weekends. Experience has shown a significant increase in POV off-duty accidents and injuries during this period. Over the last five years, during these critical days of summer, the Army lost 179 soldiers, which represents 24% of the total POV accidents the Army experienced. Last year during this time period, the Army lost 28 soldiers to POV accidents, reducing our losses by 4%.
3. Leader involvement is essential and can make the difference in how personnel respond to the call for responsible behavior. Leaders ensure travel plans during the critical days of summer are realistic and inspections are to-standard. Address hazards associated with summer activities such as swimming and boating, and remind personnel to conduct themselves in a responsible manner. Let's ensure our personnel have all the tools they need to guarantee the well-being of their families and their fellow Soldiers and civilians.
4. As you celebrate this Memorial Day, remember the soldiers who gave their lives in defense of our nation. Their deaths, while tragic, accomplished something. Dying in a needless mishap accomplishes nothing.
5. As we enter into the summer season of fast paced, high energy activities, keep your focus on the *MISSION*, prepare your *SOLDIERS*, *CIVILIANS*, and their *FAMILIES* for what they must do, and continue the outstanding *TEAMWORK* that has made us the successful organization that we are.

Patton's Own!

WILLIAM G. WEBSTER  
Lieutenant General, USA  
Commanding

# DV

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Voice

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# NATO Settles Afghan Losses



Chief Warrant Officer 3 Mike Fliegel and an Afghan citizen discuss documents pertaining to a war-related loss. Fliegel will compare the claimant's information to military intelligence sources to determine a decision for paying the claim.

*Story and photos by  
Sgt. Jason Adolphson  
1st Theater Sustainment Command  
reporting for Joint Sustainment  
Command Afghanistan*

Throughout history, civilians have been caught in the cross-fires of war; an occurrence that has not fallen short as NATO forces continue to suppress the Taliban in Afghanistan.

Afghans come to Kandahar and other military bases to file claims to compensate for what was lost – a shepherd's sheep, a family's home – and in the worst case scenario, a human life.

Vying for space on the Slovak's cammo-netted break room porch, distressed Afghans share their stories with Chief Warrant Officer 3 Mike Fliegel, a legal administrator and Joint Sustainment Command-Af-

ghanistan claims investigator.

"My brother and nephew were killed in an airstrike six months ago," a claimant recently explained to Fliegel.

"What is the value you are claiming?" Fliegel asked with a linguist's assistance. "I know it's hard, but I have to place a number here."

The claimant requested the maximum compensation of \$10,000 for his claim and was told to come back in two weeks after a review of his case. In Afghanistan, one of the world's most impoverished countries, that amount exceeds the salary of an average worker by 20 years.

"We're not going to pay them for fighting Americans and we're not going to pay them for being suicide bombers," Fliegel said between taking claims. "Quite often there is

no intel. We pay claims that can be validated and deny the others. Many times there's either no proof of an occurrence, or proof that the Americans did it, and we're not going to pay for everyone else."

Fliegel said every case proceeds with a series of questions – How did this happen? What were they doing at the time? Why were they there? – And then that information has to be backed by documents from both the claimant and military intelligence sources.

"I'm here to claim the loss of two raisin factories, two houses and two people," another Afghan recently claimed to Fliegel.

"This is not the U.S. They don't have death certificates or proof of places and times," Fliegel explained. "Sometimes, American troops will write down acknowledgement of the incident and sign it, but they can't always stop in the middle of a firefight. This is a war and people are dying out there."

Fliegel made it clear that this is not an admission of liability due to the circumstances of war. However, paying claims help quell the temperaments of loss and maintain good graces with the Afghan people.

Claims are divided into two categories: The Commander's Emergency Relief Program for combat related losses, and the Foreign Claims Act for non-combat related losses. The JSC-A, one of multiple NATO claims providers in Afghanistan, has approved 38 CERP claims and 12 FCA claims in the past six months. <sup>A</sup>

# Third Army response to Tajikistan aid request

Story and Photo by  
Cpl. Brandon Babbitt  
203rd Public Affairs Detachment

**T**hird Army Soldiers have responded to a request for assistance from the Government of Tajikistan due to a recent flood caused by rains that began May 7.

On May 16, a Third Army mission led by Col. Michael Keller, Commander, 321st Civil Affairs Brigade, Civil Military Operations Center, with the help of members of the 21st Airlift Squadron from Travis Air Force Base, Cal., left Kuwait and delivered supplies via a C-17 Globemaster to an airfield near the city of Kulob, located in the southern part of Tajikistan.

Members of the Tajikistan government and military met Third Army Soldiers where they joined together to remove pallets full of tents from the plane and load them onto trucks waiting to deliver the equipment to areas hit hardest by the floods.

Gen. Khaibullo Latipov, Chair-

man, Emergency Committee of Tajikistan, commented on the support his people received from Patton's Own.

"We are amazed with the kind gesture of supplies from the U.S. Army after this horrible natural disaster," said Latipov. "It is good to know that we have a friend we can count on in this region when the unpredictable happens."

Saturday's assistance, consisted of a C-17 plane-load of tents, valued at over \$250,000. The tents will be used to help shelter the displaced citizens of Tajikistan affected by the floods.

The floods have already killed at least 22 people, leaving another 50 missing, over 200 injured, and more than 2,000 have been displaced from their homes.

Even though missions in Afghanistan and Iraq lay at the forefront of the Third Army focus, Third Army stands ready to

respond to contingency operations in the region and the needs of its partner nations.

"Today's mission brought together an inspiring joint service effort," said Keller. "It is our privilege to help our partner and friend, the people of Tajikistan, in their hour of need."

Tajikistan is a mountainous landlocked country in Central Asia



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and part of Central Command's Area of Responsibility. It is bordered by Afghanistan to the south, Uzbekistan to the west, Kyrgyzstan to the north and the People's Republic of China to the east.

Flooding in Tajikistan is seasonal and something the people there deal with every year; however, this year's flooding exceeded the government's ability to respond,

prompting them to seek international help. Sunday's aid delivery was just part of the U.S. response to Tajikistan's appeal for help.

Third Army's humanitarian aid provides the people of Tajikistan emergency shelter while they take on the mission of rebuilding their homes after the devastating floods.

Spc. Saliyev Djamoliddin, a Tajikistan born Third Army Soldier

who assisted the operation by providing linguist support, said it felt good to come home to his native country and make a difference.

Third Army was proud to demonstrate its commitment to partner Tajikistan as it continues to build positive relationships with all countries in its Area of Responsibility. [A](#)

## Quick Response

Less than 37 hours after receiving a request for aid from the government of Tajikistan, Third Army Soldiers were on the ground with over \$250,000 in relief aid. Floods, which began in the country on May 7, created a crisis situation, leaving many dead and thousands homeless.



A U.S. Soldier stands ready to greet the C-17 and its cargo as it prepares to land at an airfield in Southern Tajikistan (Photo by Damian Wampler, U.S. Embassy Dushanbe Public Affairs Office).



Pallets of relief aid are unloaded from the plane before being received by waiting Tajikistani army (Photo by Brandon Babbitt, 203rd Public Affairs Detachment).



U.S. and Tajikistani Soldiers remove plastic wrapping from the newly received Third Army aid (Photo by Cpl. Brandon Babbitt, 203rd Public Affairs Detachment).



Soldiers load the tents onto a truck to take it to the nearest area in need of assistance (Photo by Cpl. Brandon Babbitt, 203rd Public Affairs detachment).



A soldier breaks open the first box of tents after arriving at the set-up site (Photo by Cpl. Brandon Babbitt, 203rd Public Affairs Detachment).



Tajikistani soldiers set up the tents delivered by Third Army and the 21st Airlift Squadron from Travis Air Force Base, Cal., (Photo by Cpl. Brandon Babbitt, 203rd Public Affairs Detachment).



A U.S. Soldier shakes hands with members of the Tajikistan Army after completing the set up of the humanitarian aid tents (Photo by Damian Wampler, U.S. Embassy Dushanbe Public Affairs).



Representatives from eight partner nations, the U.S. Air Force, U.S. Navy, and U.S. Army gather for Third Army's fourth-annual International Aviation Symposium in Atlanta Ga., May 3-7. The symposium is part of Third Army's theater security cooperation program which is designed to foster relationships with the more than 20 countries in its area of responsibility.

## Increasing interoperability through International Aviation Symposium

Story and photos by  
Sgt. Beth Lake  
Third Army Public Affairs Office

Representatives from the U.S. Army, Navy, Air Force and eight partner nations came together for Third Army's fourth-annual International Aviation Symposium, May 3-7, in Atlanta, Ga.

The International Aviation Symposium is part of Third Army's theater security cooperation program designed to foster relationships with the more than 20 countries in its area of responsibility.

Lt. Col. Jason Morris, Third Army Operations Deputy Chief of Staff, explained the history of the International Aviation Symposium.

"Events such as this are bringing mid-level officers from partner nations together," Morris said. "Hopefully they will go back to their countries with what they have learned here. We are trying to gain understanding across our partner nations. The best way to do that is a couple of people at a time through key events like this."

Medal of Honor recipient Col. (Ret.) Bruce P. Crandall delivered the opening comments and gave a brief history of Army aviation. Crandall spoke to participants about his time flying and touched on his service in Vietnam for which he received the Medal of Honor and was depicted as the helicopter pilot in the movie

*We Were Soldiers.*

"When I started flying, the U.S. Air Force trained Army pilots," Crandall said. "This was shortly after the U.S. Air Force became what it is today from being the U.S. Army Air Corps. Today the Army has its own program. I was in the first class at Camp Rucker, Alabama {now Ft. Rucker} back in 1954 and we started doing our own training. Then 27 years ago we became a branch in the army as aviation."

For the hands-on portion of the symposium, the group traveled to Dobbins Air Reserve Base in Marietta, Ga., where they toured the maintenance facilities and saw a Forward Aerial Refueling Point demonstration.

Col. Farhod Azizou, Chief of Staff of the Air Force and Air Defense for Tajikistan, explained that the symposium is important because it is increasing interoperability between countries in the region.

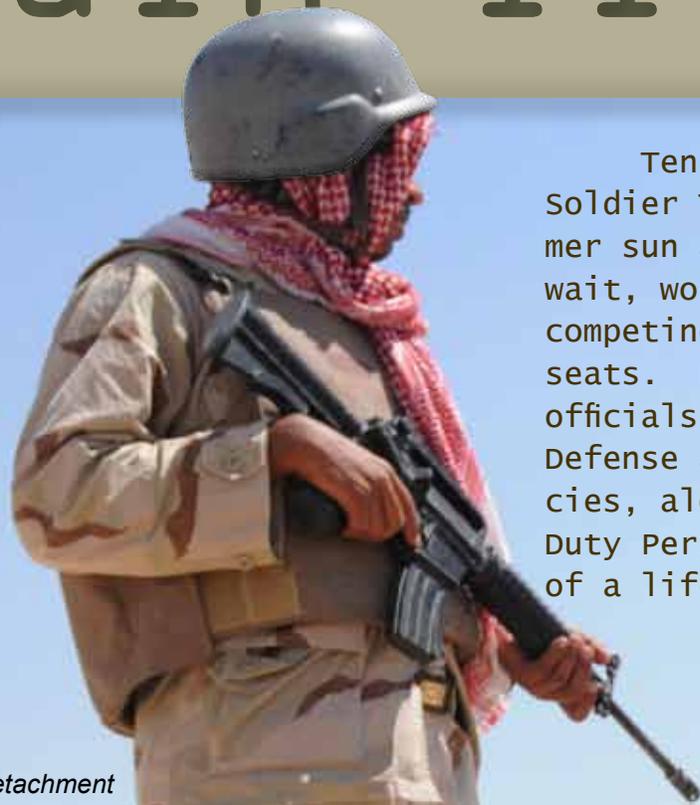
"We are exchanging information here during this week," Azizou said. "We are looking at the countries that might have problems with

maintenance and we are looking at the opportunities to help each other and actually come to some form of understanding and compromise." 



Sgt. 1st Jason Garcia, Third Army Operations, presents Col. (Ret.) Bruce P. Crandall, Medal of Honor recipient, with a combat patch from the 1st Cavalry Division at Third Army's International Aviation Symposium in Atlanta, Ga., May 3.

# Train like a



Story by  
Sgt. Daniel Lucas  
203rd Public Affairs Detachment

Sixty high-ranking officials from the Department of Defense and active duty military services trained with Soldiers as part of a ten month program, “So they, as future leaders, can understand and appreciate what the mission is firsthand through experimental learning,” said Kimberly Kessler, director of the Executive Leadership Development Program.

According to Kessler, the students in the ELDP represent the top 10 percent of what the DOD and other agencies have sent to the program, agencies that include Defense Logistics Agency and the Department of Homeland Security.

“The bottom line is these people will be able to take back a lifetime of experience... of what it’s like to be a Soldier,” said Kessler.

Third Army’s training village joint uniformed and contractor cadre instructed participates of the ELDP Program in Mine Resistant Ambush Protected vehicle egress training, advanced combat life-saving techniques, and counter improved explosive device training. The highlight of the training was a day-long urban warfare simulation course where they participated in a MRAP convoy that taught them valuable real-life combat training and building relations with

Ten days of training in Soldier Tasks in the hot summer sun at Camp Buehring, Kuwait, wouldn’t have most people competing for the 60 available seats. But for select ranking officials of the Department of Defense and its partner agencies, along with select Active Duty Personnel, it’s the chance of a lifetime.

host-nation armed forces through the use of interpreters.

“We hope that they walk out with a profound understanding of what every Soldier that goes up north... has to go through to get ready to go to Iraq or Afghanistan,” said Max Sul, technical trainer professional. “It’s good that they have a perspective of the lower ranks, of what they do, and the amount of work and effort that’s put into the job that they do.” According to Sul, this helps them make more informed large-scale decisions knowing the hardships Soldiers at the lowest rank are going through.

“This was absolutely amazing. I don’t think any of us really realize how much goes into training our troops, training them to be equipped to fight and also equipped to come back home safe,” said Sarah Bohonowicz, ELDP participant and recruitment program manager Naval Undersea Warfare Center Division Newport. “This has been a remarkable, realistic experience for everybody. I think we all have a better respect for the training we give our troops knowing they are out there defending our freedoms and our nation.” 

# Soldier

Department of Defense civilians take part in the Executive Leadership Development Program, a course designed to prepare future DOD leaders for supporting the U.S. Armed Forces. The Third Army hosted the training at Camp Buehring's training village and surrounding areas, included Mine Resistant Ambush Protected vehicle training through realistic "mock" villages, Improvised Explosive Device Awareness, advanced Combat Life Saver course, and weapon system training. Much of what was received by those attending the course was the same Third Army training given to Soldiers deploying into other theaters as well as Kuwait (Photo by Sgt. David Nunn, 203rd Public Affairs Detachment).



A Department of Defense civilian stands at the low ready during the Third Army hosted Executive Leader Development Program training at Camp Buehring, Kuwait (Photo by Sgt. David Nunn, 203rd Public Affairs Detachment).



Under the watchful eye of a range safety, Department of Defense civilians get a feel for the M-16 rifle by firing blank ammunition into the open desert. (Photo by Sgt. David Nunn, 203rd Public Affairs Detachment).

# TRAINED + SAVE

Story by  
Sgt. David Nunn  
203rd Public Affairs Detachment

The darkness is constantly broken by flashes of light as the sound of battle explodes around them, the muted light pouring from small hand-held flashlights dance across casualties as the stress of performing life-saving techniques with skill and responsiveness is put to the test. Explosions, gun-fire, and shouts rain down as they fight to take control of injuries that could prove to be fatal without their life-saving skills.

At the conclusion of the exercise, the lights are turned on to reveal four man teams of Third Army Soldiers, their battle-rattle stained slightly by the prop blood, rise from life-like 'causality' training aids in a large tent at the Third Army Training Village located at Camp Buehring, Kuwait.

"It's been said there is no rank in a foxhole and no rank is as important as each member of our team having the necessary skills and responsiveness to be there and save someone's life," said Col. Kevin Batule, Third Army Director of Operations, a native of Brooklyn, N.Y.

Batule attended the training to show that he feels it's important that every Soldier knows these skills, from senior leader down to the junior Soldier.

"Seconds count during lifesaving situations and these techniques that Soldiers receive here is so important during our contingency operations," said Batule.

These skills, at their basic level, are taught to all Soldiers prior to mobilization in support of Operations' Iraqi and Enduring Freedom, however Soldiers that get the opportunity to attend this specialized training with Third Army get not only a refresher, but receive world-

class advanced level techniques instructed by veteran uniformed and contracted teachers. The cadre of the training village said they receive reports from units in Iraq and Afghanistan documenting their experiences so that their curriculum instructs Soldiers on exactly what they may face during their missions.

"The members of my team will teach you what you need to survive," said Sgt. 1st Class Keith Bradley, 1st Army Counter IED team, who was the lead instructor during the counter-IED lanes. "We bring our own experiences from previous deployments in addition to constantly updating our curriculum by reports we get from units in the field encountering these dangers."

The training that all Third Army Soldiers are mandat-

ed to participate in throughout their deployment in Kuwait is only a small part of what units deploying to Iraq and Afghanistan receive. For those Soldiers, training is usually a 10-day intensive regime that prepares for future operations. Third Army's mission requires servicemembers to be mission ready to meet any Central Command directed requirements, and world-class training such as this enables

helps to achieve this requirement.

"This training is the best I've seen during my career in the Army. The training we received during Operation Iraqi Freedom I was not as realistic as offered to Soldiers here," said Batule, who previously deployed with the 101st Airborne Division (Air Assault) conducting combat operations in Iraq. "The training aids, experienced instructors and this environment make this training superior to what Soldiers received in years past."

The training village is just another example how Third Army continues to maintain the readiness of service members hailing from all branches on the U.S. Armed Forces, proving that 'Patton's Own' can be Ready Tonight for any mission, anywhere across its 20 country area of responsibility. **A**



A mouth-held flashlight provides just enough light for a Third Army Soldier working to treat the injuries of a medical training aid at Camp Buehring's training village. The class is designed to refresh Soldiers skills on basic Combat life Saver techniques used to keep an injured servicemember alive long enough for medevac to arrive (Photo by Spc. Monte Swift, 203rd Public Affairs Detachment).

# Third Army Heats Up Hellfire

Story and photos by  
Dustin Senger  
Area Support Group Qatar  
Public Affairs Office

Third Army/U.S. Army Central is accelerating troop support by drastically reducing Hellfire testing and repairing delays – up to eight times faster – using an existing ammunition storage point in Southwest Asia.

The Hellfire missile system forward test and repair facility opened May 1, presenting the first higher-level capabilities site in Southwest Asia. Procedures that previously took two years are now expected to finish within three months, at a fraction of the cost.

“Our readiness in theater has increased,” said U.S. Army Lt. Col. Michael Brown, Hellfire product manager, during opening remarks. “We are continuing to make our war fighters more lethal and more survivable across the entire war front.”

In November 2009, Third Army approved the development of the forward test and repair facility. Two months later, fragmentary orders were published for commanders within the Central Command area of



U.S. Army Command Sgt. Maj. Charles “Doc” Holliday, Third Army Area Support Group Qatar senior enlisted leader, checks defective connector pins inside the first Hellfire missile system forward test and repair facility in Southwest Asia, May 1, 2010.



U.S. Army Lt. Col. Peter Butts, 1st Battalion, 401st Army Field Support Brigade commander, and Lt. Col. Michael Brown, Hellfire product manager, open the first Hellfire missile system forward test and repair facility in Southwest Asia, May 1, 2010.

operations.

In February, a Joint Attack Munition Systems fielding team began installing, validating and verifying capabilities, which include testing Hellfire variants, performing external repairs and improving materiel availability.

Brown officially opened the facility with Lt. Col. Peter Butts, 1st Battalion, 401st Army Field Support Brigade commander. The 1-401st AFSB will coordinate Hellfire logistics. The unit previously pioneered the only Stryker battle damaged repair facility in Southwest Asia at Camp As Sayliyah, Qatar.

“We are here to support overseas contingency operations,” says Butts, “by providing first-class, responsive logistics to satisfy Operation Iraqi Freedom and Operation Enduring Freedom requirements.”

While adhering to a 90-day turnaround cycle, future defects are estimated to cost less than \$1,000 per missile at the facility. Brown expects to save millions of dollars in transportation, testing and resetting activities, as support is extended to all services.

“We will preserve our precious tax dollars,” said Brown, “by reducing test and repair cycles, reducing materiel shipping and handling times and increasing usable shelf lives.” **A**

# And the winner is...

## Soldiers compete for NCO/Soldier of the Year

The Noncommissioned Officer and Soldier of the Year Competition for the 1st Theater Sustainment Command was held at Camp Arifjan, Kuwait, May 10-14.

*Story and photos by  
Spc. Karen Kozub  
53rd Infantry Brigade Combat team  
Public Affairs*

The competition is designed to select the Soldier and NCO that stand out most from their peers and tests them in Army knowledge and Warrior Tasks.

The event kicked off bright and early with an Army Physical Fitness Test. Soldiers completed as many push-ups, and sit-ups as possible in two minutes along with a timed two-mile run.

Following the APFT, the Soldiers made their way to the weapons qualification range to compete in basic rifle marksmanship using M16A2 rifles, with a perfect score hitting 40/40 targets using 40 rounds.

Rounding out the day was the Army Warrior Tasks event where competitors were evaluated in a broad spectrum of skills including first aid, communications, land navigation and rifle efficiency.

On the final day of competition, competitors took a 50 question multiple-choice test and completed a written essay. They then faced a panel of six sergeants major, and were graded on appearance, military bearing and general U.S. Army knowledge.

After a day of rest, the awards were presented by Command Sgt. Maj. Danfert J. Espinal, 1st TSC CSM and Brig. Gen. Nickolas Tooliatos, deputy commander of 1st TSC,

to participants who scored highest in each event.

The winners of both the NCO and Soldier of the Year are from B Battery, 2nd Battalion, 130th Field Artillery Regiment, which supports 1st TSC operations.

Staff Sgt. Jared Meier, a Topeka, Kan. native, took top honors in the NCO competition. Meier excelled in every event, receiving the Warrior Skills Award and Top Gun Award for a perfect score his M16 A-2 rifle.

"The board was very competitive," said Meier. "I was surprised to win, but more excited that my Soldier Levins won. We have been working really hard and I have been encouraging him along the way."

Spc. Stephen Levins, Ottawa, Kan., won Soldier of the Year. Levins also received The Iron Warrior Award for scoring the highest on the Army Physical Fitness Test.

"This has been the best competition I have competed in thus far," said Levins. "It's an honor to win and has been a great opportunity for me."

The NCO and Soldier of the Year runners-up earned an Army Achievement Medal and plaque for their exceptional work.

The NCO and Soldier of the Year earned an Army Accommodation Medal, plaque, coin display and an Army

& Air Force Exchange Service gift certificate. [A](#)



Staff Sgt. Jared Meier and Spc. Stephen Levins, Battery B, 2nd Battalion, 130th Field Artillery Regiment, winners of the 2010 1st Theater Sustainment Command, Noncommissioned Officer and Soldier of the Year Competition, show the awards presented for their achievements during the competition.



Sgt. Richard Delgado from the 62nd Chemical Company operates a radio as one of his Warrior Tasks in the Noncommissioned Officer of the Year Competition May 11. Delgado was also the winner of the NCO Iron Warrior Award for earning the highest score on the Army Physical Fitness Test. The competition tested candidates' physical and mental capabilities with events including the Army Physical Fitness Test, M16A2 qualification and Army Warrior Tasks.

# CHEMICAL *Skills*

Story and photos by  
By Spc. Karen Kozub  
53rd Infantry Brigade Combat  
Team Public Affairs

The 62nd Chemical Company from Ft. Lewis, Washington, completed a Host Nation information exchange event with the Kuwait National Guard at the Sea Point of Debarkation/Embarkation here, April 14.

The 62nd prepared for the event and co-trained with the Kuwait

The 62nd Chemical Company work side by side with the 1108th Explosive Ordnance Disposal Team during a Host Nation Training event with the Kuwaiti National Guard at the Sea Port of Debarkation, Kuwait, April 14.



Training

National Guard for approximately three months. The exercise originally started with one platoon and a small element of the Kuwait National Guard. As time progressed and more planning went into the event, it bloomed into the entire 62nd Chemical Company, a battalion of the Kuwait National Guard, the 1108th Explosive Ordnance Disposal team from the New York Army National Guard and the SPOD Fire Department.

To start off the exercise the reconnaissance platoon from the 62nd Chemical Company conducted a reconnaissance of the area for possible contaminated areas and safe avenues of approach. Once the safe and unsafe areas were established, the 1108th EOD team began their initial entry into

the site where they discovered an improvised chemical device leaking.

From there they assessed the ICD and rendered the area safe of explosive hazards. The EOD Soldiers then received personal decontamination while the chemical sample team and radiological team were sent to process samples of the ICD. The teams then moved toward the decontamination lanes to ensure proper removal of contamination from surfaces and individual Soldiers.

The next course of action was to perform a decontamination of the area. Once the contaminant was rendered safe, the Kuwaiti National Guard provided aid by decontaminating all the equipment.

The day's events concluded with a shared after-action review between Kuwaiti and American forces about the important lessons learned between the groups. "The training was very successful and went well," said Capt. Vance M. Brunner, Company Commander of the 62nd Chemical Company. **A**



Soldiers from the 62nd Chemical Company decontaminate each other after sampling an area where an improvised chemical device was discovered. The chemical company was completing a Host Nation information exchange with the Kuwaiti National Guard at the Sea Port of Debarkation, Kuwait, April 14.

Third Army G-6 presents

# Technology BYTES

A new editorial on all things technology

Provided by  
Maj. Michael King  
Third Army G6 Office

The laptop and external hard drive, stolen May 3 from a VA data analyst's home in Aspen Hill, contained the names, birth dates and Social Security numbers of millions of current and former service members. The theft was the largest information security breach in government history and raised fears of potential mass identity theft.

In light of this and other security events, LTG Boutelle, Chief Information Officer/G-6, set forth to address these growing concerns by establishing the Army Data-At-Rest (DAR) Protection Strategy with the intent to focus Army efforts on remediation of sensitive information protection and security violations. Since this effort, we have seen a series of policies, alerts, orders and Federal Regulations aimed at addressing the security of sensitive information.

Before exploring further, it is important to understand what DAR is. Commonly, DAR is a term that is sometimes used to refer to all data in computer storage excluding data that is traversing a network or temporarily residing in computer memory to be read or updated. Data at rest can be archival or reference files that are changed rarely or never; data at rest can also be data that is subject to regular but not constant change. Examples include vital corporate or military files stored on the hard drive of an employee's or service members notebook computer, files on an external backup medium, files on the servers of a storage area network or files on the servers of an offsite backup service provider.

Businesses, government agencies, and other institutions are concerned about the ever-present threat posed by hackers to data at rest. In order to keep data at rest from being accessed, stolen, or altered by unauthorized people, security measures such as data encryption and

hierarchical password protection are commonly used. For some types of data, specific security measures are mandated by law.

Aside from regulatory compliance, Data at Rest should be protected to ensure trade secrets are not released i.e. "Coke's Secret Formula," "Google's Page Ranking Algorithm" and as it relates to our community, "Troop Strengths and Movements," "Battle Plans and Orders" and "Personal Identifiable Information (PII)" so as not to fall into the hands of the enemy.

The consequences of not protecting sensitive data can be very detrimental to a person or an organization. Violations of the Health Insurance Portability and Accountability Act (HIPAA) can result in large federal fines, UCMJ actions, loss of consumer confidence, embarrassment, trade secrets revealed and mission failure possibly leading to a loss of human life, to mention a few. 

## Did you know?

Google's origin is from the misspelled version of the word Googol, which is the number 1, followed by 100 zeroes, representing the large number of web pages Google searches.

Anyone who uses a computer is probably familiar with Wikipedia, but did you know that this word is formed from the Hawaiian word, wiki (meaning "quick") and the word encyclopedia? Now you do.

## Tips and Tricks

There is a scenario that plays out in cubicles each and every day. You create a worksheet in Microsoft Excel and when you try to print it, volumes upon volumes of blank or half printed pages of paper are spitting out of the printer while you frantically try to cancel the print job. Worse, you print and forget or get distracted and then there is a ream of paper now sitting on top of the printer waiting for retrieval.

To save your sanity – and some trees – take a few minutes before you press the Print button to ensure that the worksheet is ready for printing.

**From Top Left Corner Select - Office Button >> Print >> Print Preview**

Before you print, preview the print job. Tens of thousands of sheets of paper could be saved by this simple technique. The print preview dialog shows the number of pages that will print in the bottom left of the screen. If this is extraordinarily high then troubleshoot the problem before pressing the print button. This could indicate a simple problem such as the worksheet printing two sheets wide instead of one or something more complex — a cell with something in it somewhere well out of the way of the data on the sheet, for example.

**From Quick Access Toolbar Select - View >> Page Break Preview**

Another easy step to see what will print is to check Page Break Preview. If you have multiple pages within your worksheet, they will be represented by solid blue lines with corresponding page numbers. You can drag the solid blue line to adjust the printing area of your worksheet. 



# Safety



## A Tidy Workplace Will Prevent Injuries

Provided by  
Master Sgt. Angela Clemente  
Third Army Safety Office

It's easy to dismiss workplace housekeeping as "a job for janitors" after you have gone home. After all, you might think, "Productive people produce. It wastes time to be extra neat." Or does it? Think of the time you waste looking for tools or materials when someone doesn't put something back where it belongs. Good housekeeping is everyone's responsibility.

### It involves:

- \* **Promptly wiping up spills**
- \* **Picking up items that pose a tripping hazard**
- \* **Clearing away waste before it gets out of control or fuels a fire**

Slips, trips, and falls are the leading causes of occupational injuries. The National Safety Council estimates 300,000 workers in the United States are injured and 1,400 die in that manner every year. It is important to stay aware of slipping and tripping hazards in your work area and the routes which you travel in the course of your day. Watch out for hazards that might put you in danger of falling. You might know that the corner of the rug is loose, or that the floor around the corner is wet. Think of the other person too, so that an unsuspecting person does not fall victim to these hazards.

Poor workplace housekeeping habits cause many of these incidents. Housekeeping must be an integrated part of the daily workplace routine. Aisles and stairways must be kept clear of clutter, so people won't stumble and fall. Take inventory of the items in your work area. Are all of them contributing to your work? Damaged tools, broken chairs, obsolete equipment, and excess materials are not helping the cause. In fact, they are likely

causing you frustration and inefficiency and may create unsafe situations. Turn in excess items and dispose of useless items.

### Here are some other things to keep in mind:

- \* **Never leave drawers on filing cabinets, storage spaces or desks open. A coworker's head or leg might discover them before his eyes do. Also, are power cords and cables strewn across the floor, over which an unsuspecting person might trip?**
- \* **Is there enough light? Light bulbs that get dirty or burn out and aren't replaced pose a serious hazard.**
- \* **Areas undergoing maintenance need to be roped off to keep workers from wandering into potential danger.**
- \* **If a floor is wet, a "caution, wet floor" sign should be posted.**
- \* **Don't leave oily or greasy rags hanging around. They pose a real fire hazard.**
- \* **Are trash cans emptied regularly?**
- \* **Are materials stacked safely, or could they fall onto an unsuspecting Soldier?**



work area. Surroundings free of clutter help you think more clearly.

When you are able to focus on the job at hand, you can do your job better and avoid accidents.

Tidy up your work area to give yourself a lift. When you keep your workstation clean, and well-organized, you help yourself to work more effectively and safely. 

# Chaplain's Corner



## "Standing on their Shoulders"

Story by  
Chaplain David Deppmeier  
ASG-KU Command Chaplain

This story took place years ago in a town near a river in the United States. Along the riverbank, a channel was constantly dredged to permit barges to come in and out. The dredged out sand was piled into massive sand dunes on the river banks.

These dunes offered a wonderful playground for kids. Fun, but sometimes deadly. That's because, when the sand came out of the river bottom, it was wet and created a brittle crust on the hill tops. Sometimes an unsuspecting child climbing to the top would collapse the crust, slip inside the hill, and be buried alive.

One night two brothers didn't come home for dinner and their bikes were found outside the fence where sand dredging was taking place. The family, along with other rescuers, began a frantic search. By God's grace, they finally found one, but he was buried up to his chin in the sand. Because of the pressure of the wet sand and muck around him he wasn't breathing so they immediately began digging him out. When they uncovered him down to his waist the boy regained consciousness and the family, in hysterics,



began asking him, "Where's your brother? Do you know where he is?"

The boy looked down and said, "I'm standing on his shoulders." (Story heard on a Campus Crusade for Christ Broadcast).

None of us stand on our own strength in life. We stand on the strong shoulders of those who have supported us and kept us moving in a positive direction. God sends people - family members, friends, fellow service members - who help us along and pull us up when we're sinking down.

King David knew what that 'sinking feeling' was like. Surrounded by enemies bent on burying him, he prayed to the Lord, "Pull me out of the mud; don't let me sink any deeper! Rescue me from those who hate me, and pull me from these deep waters.... Answer my prayers, O Lord, for your unfailing love is wonderful...." (Psalm 69:14, 16, NLT)

Countless times, God has mercifully sent our military to answer the prayers of people sinking under the weight of injustice, war and conflict. As we celebrate Memorial Day, we remember those men and women in uniform who gave their lives so that others could stand – and each life sacrificed was a stepping-stone to freedom. Today, we give God thanks for all they've done in service to our military and our nation, for we stand on their strong shoulders, and with their own lives, they've lifted us up. 

## Keep the Army Green!

The Pollution Prevention Branch Environmental Health & Safety Directorate can help!

### Bring in:

- old pallets
- cardboard
- paper
- plastic bottles
- used toner cartridges

Get free printer paper and toner cartridges!



Call: 6-604-7612 or go to Bldg. T-823, Zone 7, Camp Arifjan

## VOTE!!

Have you registered to vote?

If NOT, you need to fill out a Federal Post Card Application!

Talk to your Voting Assistance Officer today!

Visit [www.fvap.gov](http://www.fvap.gov) for more info.



# Health



## Stay Healthy During Leave

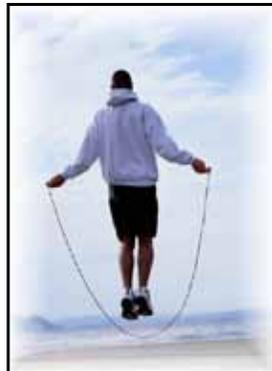
Many people make drastic changes to their diet and exercise habits during deployment – usually for the better. Then they go home for their 2 week R&R or take post-deployment leave and treat that time like one giant “cheat day” causing a 10 pound or more weight gain. Here’s why:

**Alcohol** - Alcohol contains 7 calories per gram making it calorically more like a fat than a carbohydrate or a protein. Alcoholic beverages contain very little nutrition, but lots of calories. For example, 12 ounces of beer contains 150 calories, 5 ounces of red wine has about 115 calories and a 1 ounce shot of liquor has about 70 calories. Having 2-3 drinks a day is enough calories to gain ½-1 pound per week. A couple nights of binge drinking (4-5+ drinks) or having some high calorie mixed drinks will make this much higher. Remember that the recommendation for long term



health is 1 drink per day for women and 2 drinks per day for men. High alcohol consumption increases your risk of hypertension, cardiovascular disease, liver disease and certain cancers.

**Lack of exercise** - Assuming that you do at least one workout on most days of the week, you are probably burning anywhere from 300 - 800 or more calories per day during exercise. Add in on-the-job physical activity and other exercise such as walking to the PX or dining facility and you might be burning twice what you would be at a sedentary job with no formal exercise. If you



**Capt. Kate Schrumm R.D.**  
U.S. Army Central Surgeon's Office

completely stop exercising and start driving everywhere at home, your daily calorie burn might be 500-1000 calories lower. That is enough to gain 1-2 pounds per week – before even addressing the calories you are taking in!

**Food** - Enjoying your favorite foods should be part of leave. Going to your favorite restaurant or having a good homemade meal is usually one of the main things people look forward to. Going out to eat for 2-3 meals a day and eating until you are completely

stuffed may not be the best idea. Many entrees at restaurants, including some of the salads and other “healthy dishes”, contain over 1,000 calories. Add an appetizer, dessert and beverage and it is all too easy to consume 2,000+ calories in one sitting. Enjoy your favorite foods, but don’t completely forget about fruits, vegetables and the other nutrients your body needs. If you know you are going out to eat for dinner, try to make breakfast and lunch a little healthier. Take some of your meal home to enjoy later. Look up your choices on the restaurants website before you go to choose the healthier of two favorite meals. Share an appetizer or dessert with someone else.



Leave should be a time to relax, recuperate and enjoy time with family and friends. It does not have to completely undo all the hard work you did while deployed. Try to include all the nutritious foods you need to balance the less healthy things you are enjoying while at home. Drink alcohol in moderation if at all. Get a workout in early so it does not become overcome by events later in the day. Better yet, include a walk, hike or bike ride in your family activities. Keeping some thoughts of nutrition and fitness in your mind while on leave will prevent a significant weight gain or a relapse into old bad habits and will keep you on track towards all of your long term health goals. **A**

# ATTENTION!

Do you have an interesting skill, a special talent or an interesting story about your life? If so, the Desert Voice wants to tell your story! Do you have an outstanding Servicemember in your ranks? Then we want to make them known!

Contact the Desert Voice today and let us tell your story!

## 430-6364



# The Desert Vision

is on the Command Information Channel

**Find photos taken by our journalists on dvidshub.net at:** <http://www.dvidshub.net/THIRDARMY>  
<http://www.dvidshub.net.units/203PAD>

**and on the shared drive at**  
 I:\ARCNET\CFLCC PAO Photos Movies\PAO Photo Library

Find out what's going on in *all* branches who serve Third Army by watching the Command Information Channel on your local broadcast station.

## Emergency Numbers

**911 Emergency DSN – 911/112**  
**From cell phone 2389-9911**  
**Camp Arifjan**  
**DSN 430-3160 / PMO 430-1343**  
**Arifjan Cell 6682-2120**  
**Camp Buerhing**  
**DSN 438-3224 / PMO 438- 3325**  
**Buerhing Cell 9720-5396**  
**Camp Virginia Emergency DSN 832-9111**  
**Camp Virginia DSN 832-2559**  
**Virginia Cell 6705-9470**  
**LSA DSN 442-0189**  
**LSA Cell 6682-2467**  
**K-Crossing DSN 823-1327**  
**K-Crossing Cell 682-0095**  
**KCIA/APOD Cell 6706-0165**  
**SPOD DSN 825-1314**  
**SPOD Cell 9720-5982**  
**KNB DSN 839-1334**

## NCO Spotlight

**Staff Sgt. Amber Cwiklinski**  
**Strategic Mobility Chief - MARCENT**



**Cwiklinski, who came from a large, close-knit family, joined the Marines because she wanted to challenge herself and experience new things. She is using her time in the Marines to better herself while she pursues her degree in Psychology. Cwiklinski is married and has two children that mean the world to her.**

**“Push yourself and take on challenges while setting goals one step at a time so the bigger goals won’t be so complicated to achieve.”**

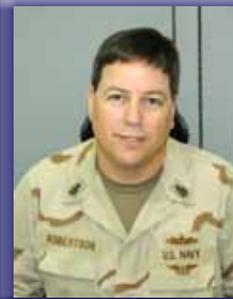
## Just One Question ...

**Whats it like working with different branches while deployed at Camp Arifjan?**



**“With an Army background, it’s nice to see how all the services manage to work and live together.”**

**John Bonk**  
**L3 Senior Systems Engineer**  
**Roscommon, Mich.**



**“The dynamics are different, but it is challenging and rewarding at the same time.”**

**Senior Chief Jim Robertson**  
**CDDOC**  
**Dallas, Ore.**



**“The variety of experience you encounter and learn from is amazing.”**

**Master Sgt. Michael Liechti**  
**Reserve Affairs**  
**St. Joe, Mo.**



**“The environment is very welcoming and it is nice that so many branches can work together to get the mission done.”**

**Lt. j.g. Alicia West**  
**CDDOC**  
**Pearl Harbor, Hawaii**



**“It makes me appreciate being in the military.”**

**Staff Sgt. Robert Adams**  
**Third Army CSM Ops NCO**  
**Cary, N.C.**

## Around Third Army

Staff Sgt. Marcus Jeffries (Left) USARCENT Chaplain Office and Staff Sgt. Casey Donoghue (Right) Headquarters and Headquarter Company 53rd Brigade Support Battalion, prepare an Operations Order Brief during a Battle Staff noncommissioned Officer course held at Camp Buehring, Kuwait. The Third Army hosted program trains NCOs how to operate as part of a battalion or higher staff. The course focuses on the major areas of Plans, Orders and Annexes, Graphics and Overlays, Military Intelligence, and Combat Service Support (Photo by Sgt. 1st Class Duane Brown, Third Army Public Affairs Office).



Third Army Soldiers lead Brig. Gen. Khaled Al-Sader, Commander of Kuwaiti Military Finance, on a tour of Iraq Drawdown facilities at Camp Arifjan, Kuwait, May 19. The purpose of the visit was to provide Al-Sader with an overview of Third Army's buildup and drawdown operations as well as to hold discussions with financial management leaders on budget, execution, international control and contracting issues. Such visits help to sustain good relation building efforts between Third Army and its host nation (Photo by Spc. Monte Swift, 203rd Public Affairs Detachment).

Troops from the 1st Theater Sustainment Command Afghan Transition Team returned home to Fort Bragg early Wednesday May 12, after a 6 month deployment. 1st TSC supports Third Army's logistical mission in sustaining the drawdown of troops and equipment from Iraq and the buildup of other areas of operation (Courtesy photo, 1st Theater Sustainment Command).

