

Third Army Public Affairs

"Ready Tonight...Sustain the Fight...Shape the Future"

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Third Army celebrates Army birthday with 5K

By Staff Sgt. Regina Machine
Third Army PAO

CAMP ARIFJAN, Kuwait – Several hundred Soldiers, sailors, Airmen, Marines and Coast Guardsmen participated in a 5K run/walk to kick off the Army's 236th birthday celebration June 14 at Camp Arifjan, Kuwait.

This 236th birthday commemorates American Soldiers, families and civilians, who are willing to build a better future for others and to maintain our way of life.

Sergeant Major William Hayes, Third Army Aviation Operations senior enlisted advisor, Third Army's acting command sergeant major and native of Memphis, Tenn., addressed the participants at the beginning of the event.

"We have runners and walkers in various age groups coming out and showing support and just being a part of this event today to celebrate the Army's 236 years," said Sgt. Maj. Hayes.

Staff Sgt. Long Tran, biomedical and container management noncommissioned officer with the 3rd Medical Department Support Command, Army Reserves, and a Virginia Beach, Va. native, was the first to cross the finish line with a time of 17:01. Tran also came in first place during the Army Reserves' birthday 5K April 2011 with a time of 17:55.

"It feels good to represent the Army, it's the Army's birthday," said Tran.

After the completion of the run, the Army continued the time honored tradition of a ceremonial cake cutting by the youngest and oldest Soldier in attendance along with Sgt. Maj. Hayes.

"On behalf of the command team, Lt. General Vincent K. Brooks and Command Sergeant Major John D. Fourhman, we support our team and the efforts of those making the sacrifice along with their families and the family readiness group," Sgt. Maj. Hayes said.

Third Army's commitment to the well-being of its troops ensures America's Army remains the strength of the nation.



Army Birthday 5K

CAMP ARIFJAN, Kuwait -- Third Army Servicemembers in Camp Arifjan, Kuwait take off when the buzzer sounds, indicating the start of the 5K run June 14. Third Army celebrated the Army's birthday with a 5K run, a birthday cake-cutting ceremony and a reenlistment ceremony. The Army, which is celebrating its 236th birthday, is the strength of our nation. (U.S. Army photo by Spc. Bradley J. Wancour, Third Army Public Affairs.)



Army Birthday 5K

CAMP ARIFJAN, Kuwait -- Third Army Servicemembers in Camp Arifjan, Kuwait push through the 5K June 14. The fastest time in the 5K was just over 17 minutes, showing Third Army's high level of physical fitness. Third Army celebrated the Army's birthday with a 5K run, a birthday cake-cutting ceremony and a reenlistment ceremony. The Army, which is celebrating its 236th birthday, is the strength of our nation. (U.S. Army photo by Spc. Bradley J. Wancour, Third Army Public Affairs.)



Army Birthday 5K

CAMP ARIFJAN, Kuwait -- Staff Sgt. Long Tran, a biomedical and container management noncommissioned officer with the 3rd Medical Deployment Support Command native of Virginia Beach, Va., approaches the finish line to win the 5K Army birthday run June 14 at Camp Arifjan, Kuwait. Tran also won the Army Reserve birthday run in April. Third Army celebrated the Army's birthday with a 5K run, a birthday cake-cutting ceremony and a reenlistment ceremony. The Army, which is celebrating its 236th birthday, is the strength of our nation. (U.S. Army photo by Cpl. Jordan Johnson, Third Army Public Affairs.)



Army Birthday 5K

CAMP ARIFJAN, Kuwait -- Staff Sgt. Long Tran, a biomedical and container management noncommissioned officer with the 3rd Medical Deployment Support Command, leads the pack in the 5K Army Birthday Run June 14 at Camp Arifjan, Kuwait. Tran finished first with a time just over 17 minutes. Third Army celebrated the Army's birthday with a 5K run, a birthday cake-cutting ceremony and a reenlistment ceremony. The Army, which is celebrating its 236th birthday, is the strength of our nation. (U.S. Army photo by Staff Sgt. Shelia Sledge, Third Army Public Affairs.)