



Welcome to ASG-KU Family Readiness Group

Membership is open to all Soldiers, DoD and DA Civilian, and their family members or a significant other.



The FRG can:

- *Provide an open setting to share challenges*
- *Offer a friendly, understanding smile*
- *Improve morale among Soldiers, DoD and DA Civilian, and families*
- *Provide camaraderie of a get-together*
- *Ensure a secure link to receive and share information between Soldiers, DoD and DA Civilians, their families, and the command*
- *Reduce social isolation*

Have Questions? Want to Join? Here is how to subscribe:

Visit our webpage @ <http://www.arcent.army.mil/asg-kuwait-home.aspx>

- 1. Click on the FRG link***
- 2. Click the find an FRG button.***
- 3. Click on your FRG location from the list.***
- 4. Click on the invite family member link to send a request to one's family member to register or join the FRG.***
- 6. Type in the family member's first and last name and enter email address and click and on submit. A member can invite multiple family members or friends.***
- 7. Once the family member receives the email invite, he or she should click on the Email link or invitation verification options:***

Select member already have an account or submit a new subscription

**Still have questions! Feel free to contact us at:
Grp.arfj.asg-ku.frg@kuwait.swa.army.mil**