

ADV The Desert Voice

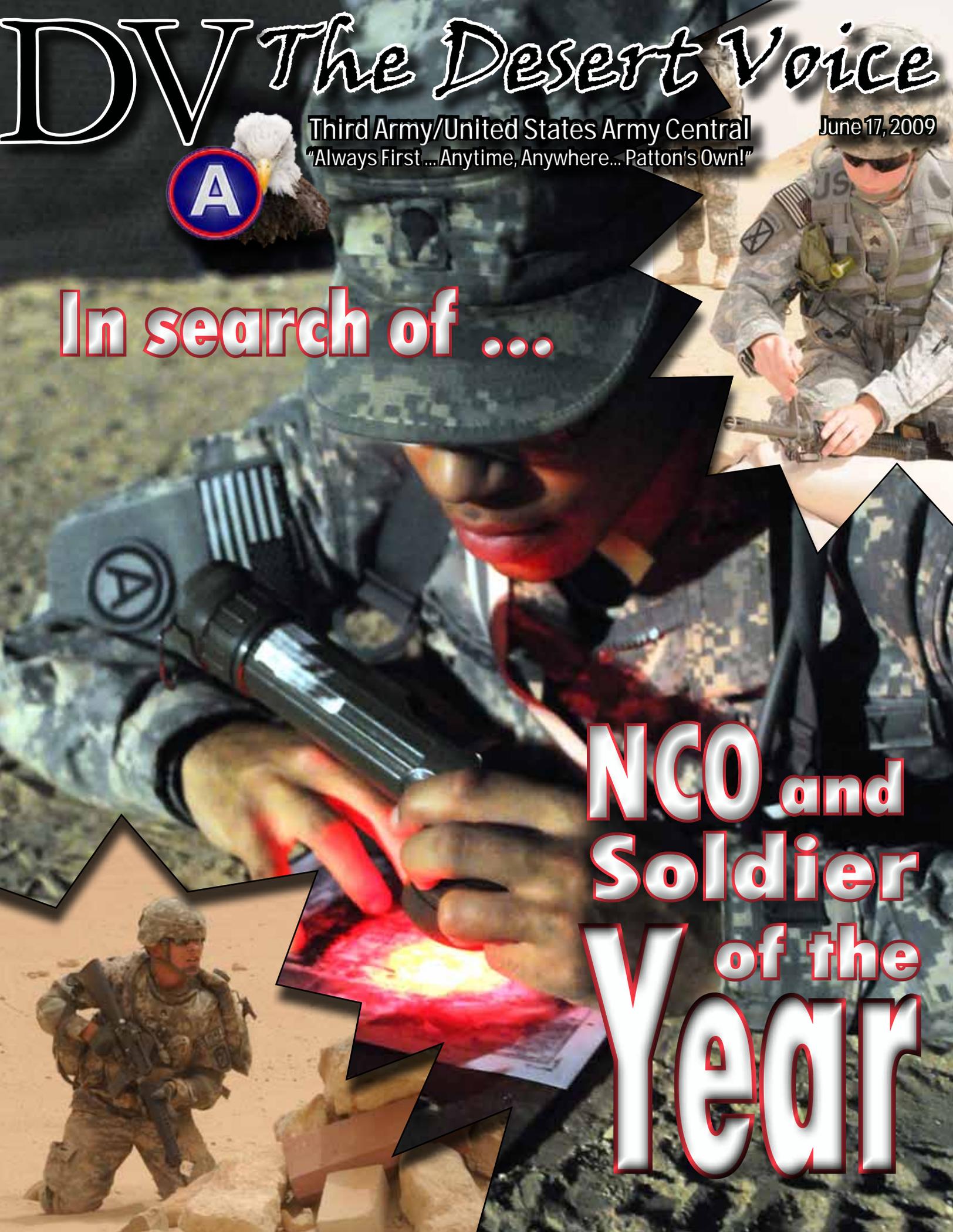
Third Army/United States Army Central
"Always First...Anytime, Anywhere...Patton's Own!"

June 17, 2009



In search of ...

NCO and
Soldier
of the
Year





Army's 234th Birthday

DV

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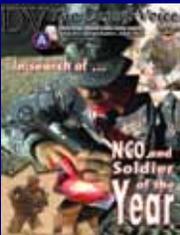
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Lt. Gen. Stultz visits Soldiers to discuss Reserve initiatives



On the cover

Soldiers perform various tasks during the "Best Warrior"

Competition, held in Kuwait, June 6-10. For the full story see page 6. (Photo by Pfc. Howard Ketter)

Contact us

Comments, questions, suggestions story ideas? Call the Desert Voice editor at 430-6334 or e-mail at desertvoice@arifjan.arcent.army.mil.



Celebrating the 234th Birthday of America's Army

"As we consider the role that unfolds before us, we remember with humble gratitude those brave Americans who at this very hour patrol far-off deserts and distant mountains. They have something to tell us, just as the fallen heroes who lie in Arlington whisper through the ages. We honor them not only because they are guardians of our liberty, but because they embody the spirit of service — a willingness to find meaning in something greater than themselves. And yet at this moment, a moment that will define a generation, it is precisely this spirit that must inhabit us all."

— President Barack Obama, January 20, 2009

On June 14, 1775, the Continental Congress created a volunteer Continental Army to defend our fledgling republic. Spurred to defend the noble ideals of liberty and freedom, the first American Citizen-Soldiers found meaning in something greater than themselves. In securing our Nation's independence, they embodied a spirit of service. As we observe our Army's 234th birthday, we reflect on the sacrifices of our predecessors, celebrate their service, and honor the brave men and women serving in our ranks today.

Since 1775, our Army has always stood ready to serve. This service and commitment on behalf of the American people has left an indelible mark on history. Just as we have defended liberty and freedom in the past, we remain steadfast in protecting our Nation's ideals today. American Soldiers — supported by their Families and Army Civilians — continue to serve and sacrifice to meet the challenges of the 21st Century.

We are proud of you — an Army Family that reflects the diversity of today's America. We will continue to develop culturally-astute, agile, and adaptive leaders who are prepared to lead this Nation through an era of persistent conflict. And as we recognize 2009 as the Year of the Noncommissioned Officer, we pay particular tribute to our Corporals and Sergeants leading from the front and serving as the glue that holds our force together.

Kenneth O. Preston
Kenneth O. Preston
Sergeant Major of the Army

George W. Casey, Jr.
George W. Casey, Jr.
General, United States Army
Chief of Staff

Pete Geren
Pete Geren
Secretary of the Army

DV

The
Desert
Voice

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<http://www.youtube.com/user/dvidshub?blend=2&ob=1>



Health Awareness



Most people are interested in nutrition to some extent, either for weight loss, performance or to ward off possible hereditary illness. There are others who appear fit and do not have any fitness aspirations other than looking good or passing their fitness test. These people usually feel they are perfectly healthy so they don't worry about what goes in their mouth. If this sounds like you or a loved one, consider the following:



Capt. Kate Schrumm R.D.
U.S. Army Central Surgeon's Office

- **Heart Disease:** Heart Disease is the leading cause of death for both men and women. The process of atherosclerosis, hardening of the arteries, starts during childhood and worsens with age. This progressive buildup of plaque on the walls of your blood vessels increases your risk for a heart attack or stroke. This is worsened by high cholesterol, high triglycerides, hypertension, smoking and diabetes.

- **Diabetes:** Type 2 Diabetes, which is linked to genetics, being overweight and sedentary, affects approximately 22 million Americans. It is more common in African Americans, Latinos, Native Americans and Asian Americans/Pacific Islanders. In recent years, Type 2 Diabetes (previously called "Adult Onset Diabetes") has

been diagnosed in children under the age of 10 due to childhood obesity and lack of exercise. Diabetes can lead to neuropathy, blindness, kidney failure and amputations, if it is not well-controlled.

- **High Blood Pressure:** Known as the silent killer, hypertension affects 1 in 3 American adults. Hypertension can result in heart disease, stroke and kidney failure. Prevent it with a healthy weight, low-sodium diet, not smoking, controlling stress and exercising.

- **Cancer:** Diets high in fruits and vegetables are associated with a decreased risk of lung, oral, esophageal, stomach and colon cancer. Excessive alcohol consumption is a known cause of mouth, throat, esophageal, liver and breast cancer and may increase the risk of colon and rectal cancer.

- **Weight gain:** Even if you are currently at a healthy weight, adult weight gain is associated with an increased risk of all of the above diseases. Gaining just 1 or 2 pounds a year will start to add up when you get into your 50s and 60s. To prevent this, decrease your caloric intake by about 100 calories per day for each decade over the age of 20 and continue to exercise since your lean body mass (muscle and bone) decreases with age. ^A

Electrical Fire Safety

Recent fire inspections, in conjunction with continuing fire incidents throughout the theatre, have revealed the need to further explain, clarify and reiterate correct fire safety practices.

The following is a listing for prohibited and restricted items. Additionally, we will discuss the proper usage of allowable and authorized electrical items, devices and appliances.

Leave it to the experts; at no time will any personnel tamper with, connect or modify equipment related to the generation or distribution of power.

All items shall be clearly indicated with either the UL (American) or CE/ES (European) standard logo. The standard logo markings are impressed into the plastic. The markings that are stickers, painted or silk-screen are known to be counterfeit.

Wattage is a factor, devices that draw more than 250 watts will be plugged directly into the receptacle. Those devices include coffee pots, microwave ovens, refrigerators and similar high-amperage draw items. Transformers can

be utilized but must also be plugged directly into the wall receptacle.

Hotplates, toasters, ovens, crock pots, rice cookers, coffee pots, hot pots, propane cookers and microwaves are prohibited in all dormitories, tents and billeting spaces. However, coffee pots, refrigerators and microwave ovens are permitted, in moderations, in office/duty locations and dormitories with designated kitchenette spaces.

Overloading is the #1 cause of fires in theater. Overloading any electrical circuit, extension cord or multi-plug device can, and does, cause fires. Connecting extension cords and power strips in tandem "daisy chain" is strictly forbidden. These devices shall not be taped to floors or run under carpeting. Wiring placed across a path of pedestrian and/or any "means of egress" shall be encased in cable protectors i.e. "speed bumps".

Fostering a positive electrical safety climate on and off duty will produce immediate benefits to preventing injuries and saving lives. All leaders, Soldiers, DA civilians and contractors play a vital role in keeping each other safe. ^A

Army celebrates 234 years



Servicemembers and civilians participate in the Army 5K fun-run during the Army's 234th birthday celebration on Camp Arifjan, Kuwait, June 13. Runners participating in the fun-run received a t-shirt commemorating the event. (Photo by Pfc. Howard Ketter)

of service to the nation



(From Left) Command Sgt. Maj. William Hardwick, 335th Signal Command, Master Sgt. Michael Haws, 45th Fires Brigade, Spc. Ronson Bosque, 100th Battalion, 442nd Infantry, and Brig. Gen. Kevin Wendel, Third Army/USARCENT G-3, take part in the cake cutting ceremony during the Army Birthday re-enlistment ceremony at Camp Arifjan, Kuwait, June 13. (Photo by Staff Sgt. Anthony Taylor)

Article by
Staff Sgt. Jarod Perkioniemi
20th PAD Detachment Sergeant

This year the Army celebrates its 234th Birthday of service to the nation.

It has been said, “The pen is mightier than the sword,” but when examining the birth, and history, of the U.S. and its Army, it’s evident that they both are equally powerful.

With the tip of a quill, the Declaration of Independence, the Bill of Rights and the Constitution were written, giving the U.S. a foundation for its future.

But without the sword and musket of the brave men fighting in the American Revolution, those documents would never have become the building blocks for our nation.

On June 14, 1775, amidst conflict with the British Army, the Second Continental Congress accepted the New England army as the American Army, officially giving birth to the U.S. Army.

Immediately afterward, Congress authorized recruitment under congressional sponsorship of ten new rifleman companies to expand the Army.

With the Army winning key victories at Cowpens, Saratoga, Trenton, and others, Great Britain officially recognized the independence of the United States in 1783 with the Treaty of Paris, giving birth to our new nation.

Many years have passed since “the shot heard round the world,” representing the Battle of Lexington and Concord, and the beginning of the American Revolution, but through the years the Army has always been there when its nation needed it the most.

From fighting the British again in the War of 1812, the Mexican-American War, the Indian Wars and the Spanish-American War, the Army was constantly tested during the 19th Century as the U.S. began to expand its borders and solidify itself as a world power.

In the 20th Century, the U.S.

called upon the Army to assist its allies fighting the Central Powers in World War I and the Axis Powers in World War II. During the second half of the 20th Century, the Army was again deployed, but this time to Korea and Vietnam to fight the spread of communism.

Currently, the Army is deployed in the Middle East and the Horn of Africa in support of the Global War on Terrorism.

To this day, the Army remains the oldest and largest military branch of the U.S., standing ready to deploy and engage the enemies of the U.S. in close combat.

To celebrate the Army’s 234th Birthday, Third Army/U.S. Army Central held an Army 5K fun-run and cake cutting ceremony on Camp Arifjan, Kuwait. In addition, over 50 Soldiers took the oath of enlistment during a mass re-enlistment ceremony held at the Zone 1 Chapel.

Though times have changed, one thing always remains the same, the Army keeps rolling along. **A**

Third Army/USARCENT hosts



Photos by Pfc. Howard Ketter

Sgt. Brandon Lewis, Third Army/U.S Army Central, checks his zero targeting sheet during the basic rifle marksmanship portion of the 2009 Soldier and NCO of the Year "Best Warrior" competition in Kuwait, June 6-10.

Article by
Sgt. Brooks Fletcher
20th Public Affairs Detachment

BW

What you are going to experience in the next couple of days is not going to be easy," said Sgt. Maj. James Davis, G-3, Third Army/U.S. Army Central. "But, when you are done, you are going to be better Soldiers and noncommissioned officers."

Following three days of rigorous events, winners of the 2009 Soldier and NCO of the Year "Best Warrior" Competition, sponsored by Third Army/USARCENT, were announced during an award ceremony at the Zone 1 Theater, Camp Arifjan, Kuwait, June 10.

Spc. Andrew Hein, 1st Theater Sustainment Command and Sgt. Alex Segura, Area Support Group-Kuwait were selected as the 2009 Soldier and NCO of the Year.

During the competition, the competitors were tested, on their performance and competence in the Army Physical Fitness Test, basic rifle marksmanship, urban orienteering

course, warrior training tasks and a personal interview by a selection board.

"Some of the skills and tasked learned here will make them a better member of their team," said Davis.

Hein, a native of Alpena, Michigan, who was excited about the outcome of the event, talked about his experience.

"I felt like it was not only a competition, but a training experience," said Hein. "I learned a lot and did more than I thought I was capable of."

According to Davis, the competition is even more significant during the Year of the NCO because everything done, from the planning, preparation and refinement, was all steered by senior NCOs.

"That's what we do as NCOs, we train Soldiers," said Davis. "We train them tough for operational environments and complex situations, to make sure they can perform under stress."

Segura, a native of Fort Sumner, N.M., explained that perseverance and drive was key to his success.

"Set goals and push yourself. Once you reach them, you can set them

higher," said Segura. "That's the only way you get better, you have to break the limits you have already set."

Others competing for Soldier of the Year were Spcs. Xia Lai Zhou, ASG-Kuwait; Felix Camacho; Third Army/USARCENT; Chyna Williams, ASG-Qatar; and Sheldon Shorty, 335th Signal Command. NCO candidates included Staff Sgt. Ria Phillips, ASG-Qatar; Sgts. David Leakey, 1st TSC; Megan Brunty, CENTCOM; Brandon Lewis, Third Army/USARCENT; and Charles Ford, 335th Signal Command.

"It is important to recognize that there are young, talented Soldiers and NCOs who will carry the legacy of the NCO Corps," said Davis. "This is the future of our NCO Corps."

Hein and Segura will go on to compete at the U.S. Forces Command-level Soldier and NCO of the Year competition. If successful, they will move on to the Department of the Army-level competition.

"It gives my unit the ability to say 'This is our Soldier, we know that we trained him the best that we could and now he can move on to do bigger and better things,'" said Segura. **A**



Staff Sgt. Ria Phillips, Area Support Group-Qatar, uses the fireman-carry technique to transport a casualty to safety.

Best Warrior Competition



Sgt. 1st Class Edward Parkins inspects Sgt. Alex Segura, ASG-Kuwait, as he inventories his equipment during a pre-combat inspection. Segura was chosen as the 2009 Third Army/U.S. Army Central NCO of the Year.

Spc. Xialai Zhou, ASG-Kuwait, takes cover while conducting room clearing procedures during the WTT event.



Soldiers in Kuwait Re-enlist on Army birthday



Photo by Staff Sgt. Anthony Taylor

Command Sgt. Maj. William D. Hardwick, 335th Signal Command, address attendees during the Army Birthday re-enlistment ceremony at Camp Arifjan, Kuwait, June 13.

Article by
Pfc. Howard Ketter
20th Public Affairs Detachment

After two months of coordination and hard work from retention noncommissioned officers, 50 Soldiers re-enlisted in a ceremony held in celebration of the U.S. Army's 234th birthday. The ceremony took place in the Zone 1 chapel at Camp Arifjan, Kuwait, June 13.

"Each of the Army career coun-

selors did the paperwork and selection of the Soldiers re-enlisting," said Master Sgt. Scott L. Branham, retention theater manager, Third Army/U.S. Army Central, Guard Affairs.

The ceremony began with the arrival of the official party, Brig. Gen. Kevin Wendel, G-3, Third Army/USARCENT, and Command Sgt. Maj. William D. Hardwick, 335th Signal Command. The national anthem followed, which was sang by a trio, Staff Sgts. Antonyo Merrel and Antwain D. Williams and Pfc. Tyler Grant.

After the invocation, the guest speaker, Hardwick, gave his thoughts on Soldiers re-enlisting on such a commemorative day.

"The Army needs you out there, today we face tyranny and regional instability like never before," said Hardwick. "Thank you all for what you have done; I know you do it for peace, freedom and the safety of our country."

There were 37 NCOs and 13 Soldiers who re-enlisted at the ceremony, showing commitment and dedication to the service, said the master of ceremony, 1st Sgt. Kyle R. Brinkman, who is also a part of the Sergeant Audie Murphy Club.

The SAMC historian said that he volunteered to be the MC and was

"It's great doing this on the Army's birthday, I love being a Soldier and I'm going to keep going until I retire."

SpC. Ronson Bosque
100th Battalion, 442nd Infantry
Camp Virginia, Kuwait

proud to see Soldiers re-enlisting on the Army's birthday and especially NCOs re-enlisting in 2009, The Year of the NCO.

Hardwick also spoke about the Army's Year of the NCO.

"Over this year the Army has developed programs that will help advance the training and education of the NCO Corps," said Hardwick. "We are the backbone of the Army and a valuable wealth of knowledge and experience."

After Hardwick's speech Wendel administered the the oath of re-enlistment to the Soldiers before they were congratulated by their respective unit representatives that attended the event.

"It's great doing this on the Army's birthday," said SpC. Ronson Bosque, 100th Battalion, 442nd Infantry. "I love being a Soldier and I'm going to keep going until I retire." 



Photo illustration by Staff Sgt. Anthony Taylor

Brig. Gen. Kevin Wendel, G-3, Third Army/U.S. Army Central, re-enlists U.S. Army Soldiers during the Army Birthday Reenlistment Ceremony at Camp Arifjan, Kuwait, July 13. 50 Soldiers re-enlisted in a ceremony held in celebration of the U.S. Army's 234th birthday.

Chief of the Army Reserve visits



Lt. Gen. Jack Stultz, Chief of the Army Reserve, speaks to Soldiers in the Zone 1 Chapel, during his visit to Camp Arifjan, Kuwait. The talk revolved around USAR initiatives.

Article and photo by
Sgt. 1st Class Darrin McDufford
USARCENT Public Affairs

The Chief of the Army Reserve, Lt. Gen. Jack C. Stultz, visited Camp Arifjan, Kuwait, June 6, to talk about initiatives the Army Reserve is currently undertaking.

Issues facing Army Reserve Soldiers such as Stop Loss, training, benefits and numerous deployments were the center focus of his conversation with the Soldiers.

He thanked them for volunteering and recognized that they risk their lives in this unpredictable conflict and mentioned what is being done to solve problems, increase training and further encourage trained Soldiers to stick around.

Stultz indicated that the Army Reserves has achieved its recruitment goal and has seen an increase of nearly 10,000 in troop strength from 2008. This achievement means the Army Reserve has a lot of lower enlisted Soldiers to go around, but it doesn't solve the problem of not enough

noncommissioned officers.

Despite meeting the recruitment goals, he accepted that the pool of new candidates is dwindling.

There were some roadblocks that presented themselves due to the discrepancy in staffing. Some of the difficulties lie in not having the right people in the right places, bonuses being reduced or only being offered in less crowded military occupational specialties.

He said that just three out of 10 Americans meet the recruitment standards and this will pose difficulties for future recruiting.

Stultz indicated that legal, moral and educational barriers exist that will lessen the collection of future recruits and that the Army Reserve will have to deal with this and compete for those personnel. Stultz outlined pending enhancements and changes to Army Reserve deployments.

"[Reserve] Soldiers are looking to no more than nine months in country and Soldiers can expect to see 30-40 days at a mobilization site prior to deployment," said Stultz.

The Chief stressed the need for Army Reserve Soldiers to be notified one year out of an upcoming mobilization so the units can train and Soldiers can prepare personally and professionally.

His conversation about benefits affecting retirement, insurance, employment programs with businesses.

Stultz stated the though many same Army Reserve Soldiers do have insurance many do not. The Tricare system, offers an affordable and necessary coverage at competitive rates.

He put a lot of focus on retirement benefits and what is coming down the road. The January 2008 reduction in retirement time for deployed Army Reserve Soldiers is in the process of being increased to include retroactive time since 9-11. Also included in this lesser retirement age is reducing the age by one year for each year over 20 years.

The goal is to give to servicemembers, who have sacrificed time and self, the benefit of, retirement that will recognize their service. All the reductions in retirement will shoot for the age of 55.

Stultz said that financial hurdles exist but it is the right thing to do.

Stultz mentioned programs such as Helmets to Hardhats and the Employer Partnership Initiative, which current has hundreds of participants. More detail on this can be obtained at www.armyreserve.army.mil.

"We, the Reserves, asked Congress for this some time ago but now we need changes and Congress has to authorize these fixes," said Stultz. "The Active Guard Reserve system needs to be reformed so that opportunities can be managed."

He ended by saying, "You're appreciated by your country, your employer and your family." 

NEWS IN BRIEF

DEPLOYMENT EXTENSION INCENTIVE PAY:

Reporter Jeff Schogol of Stars and Stripes interviewed Lt. Cols. Gerald Conway, Chief, Enlisted Career Systems Division, and Tom Erickson, Branch Chief, Enlisted Professional Development Branch from the Directorate of Military Personnel Management. The subject of the interview was the Army's Deployment Extension Incentive Pay program.

The officers explained that as units begin to deploy without Stop Loss in January 2010, the goal of this incentive is to encourage Soldiers to commit early to an extension for the length of their deployments plus 60 days. Soldiers committing to extend between six and nine months prior to their unit's Latest Arrival Date will receive \$500 per month for each full month they extend their service commitment. Soldiers who commit after LAD-6 months, but before ETS-90 days receive \$350 per month. The ARNG and USAR have similar incentive programs – the Deployment Extension Stabilization Pay and the Deployment Unit Stabilization Pay respectively.

THIRD ARMY/USARCENT WINS CRC SAFETY AWARD

Third Army/U.S. Army Central was recognized for their outstanding safety and Army readiness by being selected as the winner of the 2008 Secretary of the Army and Army Chief of Staff, Army Headquarters Safety Award, June 8.

The award was presented to Maj. Gen. Charles A. Anderson, Third Army/USARCENT deputy commanding general, by Brig. Gen. William T. Wolf, U.S. Army Combat Readiness/Safety Center, on behalf of Secretary of the Army Pete Geren and Chief of Staff of the Army Gen. George W. Casey.

Third Army/USARCENT was commended on their understanding of the theory and practice of Composite Risk Management, and how it applied it in achieving an outstanding safety record during 2008. Composite Risk Management is the Army's primary decision making process to identify hazards, reduce risk and prevent both accidental and tactical loss.

THIRD ARMY/USARCENT CONTRACTOR CHOSEN FOR SHAW

After months of speculation, Caddell Construction Co. Inc., located in Montgomery, Ala., has been awarded a \$91,600,000 firm fixed price contract for construction of the new Third Army/U.S. Army Central Headquarters Complex at Shaw Air Force Base, S.C.

The company, which is a major federal contractor, submitted one of the 18 bids to the Navy Electronic

Commerce Online Web site and was chosen after a review by the Naval Facilities Engineering Command Southeast of Jacksonville, Fla.

According to a May 29 memorandum from Capt. Steve S. Vahsen, U.S. Navy Deputy Chief of Legislative Affairs, the project will involve the design and construction of the Third Army/USARCENT Headquarters Complex, including a Command and Control Facility, a headquarters building and a Tactical Equipment Maintenance Facility exterior, a covered equipment hardstand area and staff parking.

The contract will be incrementally funded, with the first increment of \$58,079,920 being allocated at the time of award. The second increment will be funded in 2010 at \$33,520,080. Work will be performed in Sumter and is expected to be completed by April 2011.

SECTION HIGHLIGHT

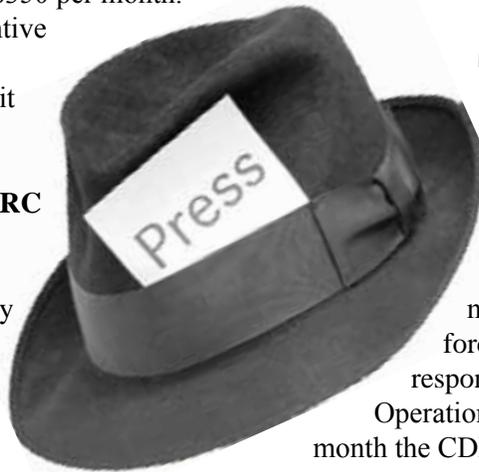
The U.S. Central Command Deployment Distribution Operations Center is responsible for synchronizing strategic movement from Stateside and out of U.S. Central Command theater location with inter-theater assets both Air and Surface. The CDDOC manages the prioritization for joint forces positioned throughout the area of responsibility to include units supporting Operation Iraqi and Enduring Freedom. In recent

month the CDDOC has lead efforts supporting the current build up in Afghanistan to include establishing critical air and surface routes, both in Afghanistan and neighboring countries.

In total, Afghanistan represents the busiest theater in the world in terms of airflow and ground movements pushing more than 50k pallets of unit cargo and sustainment resources between Bagram, Kandahar and Bastion. Consequently, Kandahar airfield has been identified as the busiest airport of debarkation in the world, supporting both US and coalition requirements.

Likewise, surface movement has been critical moving massive amounts of life support, Theater Provided equipment and unit cargo supporting combat forces in the region. Additionally, the CDDOC has led planning efforts supporting the deliver of Humanitarian Aid to Pakistan, building an Air Bridge of C-17s responsible for delivering food and equipment needed to support displaced citizen in Northern Pakistan.

The CDDOC is actively planning the withdrawal of forces and movement of retrograde equipment out of Iraq as Department of Defense postures to reset forces that have been constantly deployed since 2002. 



SAAW Info

What is it:

The primary goal of Substance Abuse Awareness Workshop (SAAW) is to promote retention and prevent the unexpected loss to a command of a service member that often follows a psychiatric crisis

Classes Offered:

Drug and alcohol abuse/dependency education, goal setting, stress management, irrational beliefs and thought processes.

Where:

SAAW classes are offered at the TMC Annex building T-180 at EMF-K.

When:

0800 to 1500

Every 4th Monday of the month.

NCO Spotlight:

Master Sgt. James Maye
Force Management NCO, 1st TSC



“Get a civilian education; a smarter Soldier is a better Soldier.”

Maye, a resident of York, Ala., joined the Army 22 years ago in 1986 looking for an adventure. He found adventure in three deployments to the Middle East. Maye was deployed in 1990 in support of Operation Desert Storm and again in 2003 during Operation Iraqi Freedom. He was part of one of the first units to reach Balad, Iraq after the invasion began. Maye has been married for 19 years and has two children, a daughter and a son.

Just One Question ...

“What does the American Flag represent to you?”



“The American Flag means the freedom of choice. We are able to do so many things in this country that others cannot do.”

CW4 Stephanie Truax
Delta 123rd Aviation Regiment
Fort Wainwright, Alaska



“The American Flag means honor, integrity and pride for the nation that I fight for.”

Senior Airman Martin Gomez
Gateway APOD Chaplain
San Antonio, Texas



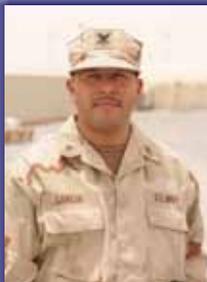
“It is the thread of life and the reason for my mission here. It represents all that I am.”

Staff Sgt. Wednesday Watkins
ARCENT G1
New Orleans, La.



“The American Flag represents freedom. It is on the right shoulder of my uniform, so it’s really important to what I stand for as a Soldier.”

Sgt. Eboni Whitfield
90th Human Resources Command
Arcadia, Fla.



“The American Flag represents my country, my freedom and my way of life. It represents what America stands for.”

Petty Officer 2nd Class Arnold Garcia
NAVELSG Forward Juliette
Queens, N.Y.

What's happening around USARCENT

Safety Award

Brig. Gen. William Wolf presents a safety award to Maj. Gen. Charles Anderson on behalf of U.S. Army Central for the Secretary and Chief of Staff of the Army, Army Headquarters Safety Award at Camp Arifjan, Kuwait, June 8. The award was presented to Third Army/USARCENT for demonstrating a thorough understanding and application of the theory and practice of composite risk management and for achieving an outstanding safety record.



Photo by Pfc. Alicia Torbush

Building Classrooms

Hospital Corpsman Senior Chief Thomas Gilham holds a board steady for Builder 2nd Class Petty Officer Jamey Parker as he drills into a deck frame for a classroom at the Life Support Area, Kuwait, June 9. Both men are attached to the Naval Mobile Construction Battalion 11.



Photo by MC1 Kelli Roesch



Force Protection

A Soldier assists firefighter during a Force Protection exercise at Camp Arifjan, Kuwait, June 12. The exercise was to test the base's medical response time to a mock-attack.

Photo by Staff Sgt. Anthony Taylor