

# DV The Desert Voice

Third Army/United States Army Central  
"Ready Tonight... Sustain The Fight... Shape the Future"

July 1, 2009



## Life-Saving Training





# Taking care of Families...

# DV

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## On the cover

*Lt. Cmdr. James R. Galyean, Office of Military Cooperation-Kuwait, provides first aid to a mock-casualty during the Combat Lifesaver Course at the U.S. Embassy in Kuwait, June 25. For the full story see page 6. (Photo by Staff Sgt. Anthony Taylor)*

## Contact us

Comments, questions, suggestions story ideas? Call the Desert Voice editor at 430-6334 or e-mail at [desertvoice@arifjan.arcent.army.mil](mailto:desertvoice@arifjan.arcent.army.mil).

The Army has long been built on the idea of internal strength. Not only strength hardened on the battlefield, but strength harnessed from loved ones at home. The strength of Third Army/U.S. Army Central relies significantly on the strength of our families.



to properly fund existing ones. The Army has committed to this by putting 1.4 billion towards funding these programs. The AFC is as follows:

We recognize the commitment and increasing sacrifices that our Families are making every day.

Across the Army, you will find strong Family Command Sgt. Major John Fourhman Readiness Groups U.S. Army Central Command Sergeant Major We recognize the strength of our Soldiers comes from the strength of their Families.

The Army has taken huge strides in continuing to provide Soldiers and Family members the best living conditions and quality of life. They have done this with the two programs aimed at helping Soldiers and spouses deployed and at home.

We are committed to providing Soldiers and Families a quality of life that is commensurate with their service.

We are committed to providing our Families a strong, supportive environment where they can thrive.

The first program is the Army Community Covenant, which is designed to develop and foster effective state and community partnerships with the Army to improve the quality of life for Soldiers and their Families, both at their current duty stations and as they transfer from state to state.

We are committed to building a partnership with Army Families that enhance their strength and resilience.

We are committed to improving Family readiness by:

- Standardizing and funding existing Family programs and services.
- Increasing accessibility and quality of health care.
- Improving Soldier and Family housing.
- Ensuring excellence in schools, youth services, and child care.
- Expanding education and employment opportunities for Family members.

The Army Community Covenant recognizes the strength of Soldiers along with their Family members and the support of their local community. Currently both state and local leaders are participating in covenant signings across the globe signifying their commitment to supporting Soldiers.

ARCENT has a monthly news letter published, the Yellow Ribbon, for its Family members and can be found online at <http://www.arcent.army.mil/> and follow the FRG link.

There are numerous ACC support programs aimed to help the different needs of Soldiers and Families looking for assistance. Some of the programs are: employment, financial, educational and aid to surviving spouse.

It is a forum where Third Army/USARCENT's geographically dispersed Families can share information, embrace newcomers and come together. More information about the Family and community covenants may be found at <http://www.armymwr.com/portal/family/>.

The second program is the Army Family Covenant. The Army surveyed Families across the force and overwhelmingly Families made it clear that they don't want new programs, but voiced the need

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# DV

The Desert Voice

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<http://www.youtube.com/user/dvidshub?blend=2&ob=1>



# Spotting A Fad!

**Y**ou cannot turn on the TV, read a magazine or visit a website without being bombarded by the latest diet craze – the Detox, South Beach, Zone, and Cabbage Soup diets – just to name a few. How do you know if it is a fad diet or a healthy way to eat? Any of these claims should raise a red flag:

- Miracle claims like “melting fat” while you sleep
- Special foods or food combinations
- It advises you to cut out a whole food group
- Rapid weight loss (more than 2 pounds per week)
- Meals, pills or other products you need to buy
- Claims weight loss with no added exercise

Do they work? Fad diets CAN work short term since any “diet” or way of eating that makes you decrease your caloric intake will cause weight loss. Most fad diets have you cut out junk food, sweets and/or refined carbohydrates which are what most people tend to overeat. However, normally weight loss is only maintained until the person gets bored with the diet, too hungry to keep going, or craves all the foods the diet made them give up.

The downside of most fad diets is that they do not teach long term behavioral change or how to make healthy food choices. They teach you how to read a book or look at a



Capt. Kate Schrumm R.D.  
**U.S. Army Central Surgeon's Office**

website to decide what to eat instead of deciding based on your hunger or knowledge of healthy eating. Usually they are too low in calories so you are hungry all the time. Over time this may decrease your metabolism which is why “yo-yo” dieters have a hard time losing weight. Their body is confused if it should be burning calories or conserving them for the next starvation period.

Fad diets that force you to cut out an entire food group can cause deficiencies of certain nutrients if they are followed for a long time. They may also tell you that certain foods are “bad” or “good” and make you fearful of eating anything outside the guidelines. This makes things like going out to eat or attending a holiday party difficult since you not have the opportunity to make healthy choices.

Once you stop the diet, most people go back to their previous eating habits and gain the weight back – and then some!

My recommendation? Skip the fad. Don't buy into the quick fix. Decrease your caloric intake by 250-500 calories per day and increase your exercise. Healthy weight loss is .5-2 pounds per week. Focus on small changes that you can maintain for the rest of your life.

## Where is your fire extinguisher?

**T**he Great Chicago fire is probably the most famous fire that occurred within the past hundred years. This fire occurred on the evening of Oct. 8, 1871. This fire killed 300 people and destroyed more than 17,000 structures - over 2000 acres in 27 hours.

The popular legend attributes its origin to a woman named Mrs. O'Leary. Legend has it that O'Leary was milking a cow when it kicked over her lamp, setting the barn on fire.

If the fire extinguisher was available during O' Leary's time, she would have used it and saved Chicago from this tragic event.

All personnel should know where the fire extinguisher is in their area and how to use it. Emergency response procedures should be reviewed periodically to assure new personnel are aware of the hazards and appropriate actions in case of an uncontrolled fire.

It's already a hot time in the old town, so review your pre-accident plans and keep the lantern away from the cow.



# NMCB 11 changes hands for the first time



*Seabees from Naval Mobile Construction Battalion 11 stand in formation during the change of command held at Camp Arifjan, Kuwait, June 22. NMCB 11 is currently deployed to the Horn of Africa, Afghanistan, Kuwait and Iraq in support of Operations Iraqi and Enduring Freedom.*

*Article and photo by  
Media Communications Specialist 1st Class  
Nicholas Lingo  
NMCB 11 Public Affairs Office*

Command of Naval Mobile Construction Battalion 11 has been relinquished by Cmdr. Stephen Revelas, NMCB 11's first and only commanding officer since the command was recommissioned Sept. 14, 2007.

Cmdr. Michael Monreal assumed command from Revelas during a ceremony held on Camp Arifjan, Kuwait, June 22.

One of the guests of honor, Capt. Edward Brown, commander, 20th Seabee Readiness Group, was pleased to attend the ceremony during NMCB 11's historic first deployment since its recommissioning.

He took the chance to remind the battalion what he addressed them about prior to their first deployment.

"Before NMCB 11 left, I spoke to most of you and asked you to go out and make history, I believe you've done just that," said Brown. "The expert guidance of Commander Revelas has been instrumental; you've done a great job with these fine young men and women Skipper."

Revelas will transfer to Naval District Washington and serve as the public works officer. Monreal is coming back to battalion after a three-years at Naval Station Rota, Spain where he served as the Facilities Engineering and Acquisition Director and Public Works Officer.

The Seabees of NMCB 11 are currently deployed to the Horn of Africa, Afghanistan, Kuwait and Iraq in support of Operations Iraqi and Enduring Freedom. 



*Cmdr. Michael Monreal receives the battalion's colors. Monreal is coming back to battalion after a three-years at Naval Station Rota, Spain.*

# Pride in service and citizenship

Article and photos by  
Spc. Elyseah Woodard-Hinton  
20th Public Affairs Detachment

**E**ighty-four servicemembers became U.S. citizens by naturalization during a ceremony that took place on Camp Arifjan, Kuwait, June 27.

The 81 Soldiers and three Sailors took an oath and received certificates from members of the U.S. Citizenship and Immigration Services Office, which officially gave them the full rights and responsibilities that are essential for U.S. citizens to uphold their rights.

Before the ceremony began, pride was shown by all the candidates as they sang a series of songs that spoke of unity, pride and fidelity to the country in which they serve. Each song was led by an enthusiastic Spc. Tanu Tanu, 100th Battalion, 442nd Infantry, who is from American Samoa.

"It feels really good," said Tanu, who has served in the U.S. Army for five years. "I've served two tours now.



**Spc. Tanu Tanu, 100th Battalion, 442nd Infantry, who is from American Samoa, leads fellow servicemembers in a series of songs before the naturalization ceremony on Camp Arifjan, Kuwait, June 27.**

By becoming a U.S. citizen, we get to get all the rights of citizens."

Many other candidates also looked forward to gaining new rights and starting a new path of citizenship for their families, in a country that offers freedom and benefits they did not have before.

"I can use my passport to go anywhere," said Spc. Rizza Balagat,

headquarters and headquarters battery, 1st Battalion, 487th Field Artillery, who is from the Philippines. "I don't have to worry about getting my green card taken or getting deported. I want to bring over some of my relatives who are back in the Philippines."

For some of the other candidates in the naturalization ceremony, this was an opportunity for them to take advantage of the path that had already been laid before them by loved ones who also sought better opportunities for their lives.

"It's important because my mom was a citizen and she brought me over here so I can better myself," said Spc. Givonne Guillaume of Trinidad. "Also, it was important for my job because I need a security clearance, I work in [1st Theater Sustainment Command]. With me having citizenship, it's easier for me to get that clearance and to progress, because I plan to do 20 years."

The process of becoming a U.S. citizen can be a long and tedious process; however for many of these 84 candidates, their desire to become citizens was worth the work and the wait to get to this day.

"I feel happy and it feels really good that I finally got my citizenship," said Balagat. "I've been waiting for almost eight years." **A**



**Spc. Sheppard Alaimaleata, American Samoa, was part of the group of 84 servicemembers who became U.S. citizens by naturalization.**

# Embassy learns life s

Article by  
Marine Staff Sgt. Helen M. Searcy  
**USARCENT Public Affairs Office**

**S**aving lives on the battlefield is not a new concept. The Department of Army wants more Soldiers to assist combat medics with treating the wounded. Soldiers from the 3rd Medical Command Deployment Support and Third Army/U.S. Army Central teamed up with members from the U.S. Embassy in Kuwait to conduct a Combat Lifesaver Course, June 24-26.

This training course, held at the U.S. Embassy, taught 11 students how to treat a open chest wound, apply an intravenous application and to administer a tourniquet.

“The course hasn’t been taught [at the Embassy] for at least a year but we want to teach this course every couple of months,” said Staff Sgt. Katherine L Brooks, CLS program manager, 3rd MDSC.

Brooks, along with Maj. Scott Corliss, operations officer, 3rd MDSC, coordinated with Kay Burnett, a foreign service health practitioner with the embassy, to teach the 40-hour course to nine civilians and two Sailors.

Seven of the students are part of the security force for the embassy and have accumulated more than 100 years experience working at the embassy.

“As first responders, it’s important for the local guard



**Cmdr. Don Nuckols, left, and Staff Sgt. Katherine L Brooks, right, both from Office of Military Public Affairs, teach a mock casualty during the Embassy of the United States.**

# Saving skills



Embassy staff members work together with servicemembers to transport a mock casualty.  
Photos by Staff Sgt. Anthony L. Taylor



force to get this training,” said Brooks, a Scottsdale, Ariz., native.

The course typically lasts five days. The first two days consist of approximately 16 hours of classroom instruction. The students then practice inserting an IV in a controlled environment on the third day. Day four consist of more practice and a written test.

On the fifth day, the students go through a mock-casualty situation to test their knowledge and understanding of the material, while in a stressful environment.

All the students received a certificate for passing the course regardless of their job, said Brooks.

Most of the LGFs have received CPR and basic first aid training, but this is the first time they inserted an IV.

“This was good training and I really liked it,” said Socoro Fernandes, member of the LGF. “Most important, the instructors were very good. I understood the material.”

A CLS course is held at Camp Arifjan, Kuwait twice a month and the 3rd MDSC also travel to Camp Tahreer, Kuwait to teach the Kuwaiti National Guard.

“This type of training also helps to bring the different services together,” said Sgt. Maj. Paul Gantner, Operation Command Post Sergeant Major, 3rd MDSC. “Any time we can do this, it’s a good thing for everyone involved.” 

nd Lt. Cmdr. James R. Galyean,  
y Cooperation - Kuwait, prepare an  
g the Combat Lifesaver Course at  
States of America - Kuwait, June

# NMCB 11 Seabees improve life on oil platform

Article and photo by  
Media Communications Specialist  
1st Class Kelli Roesch  
Media Transit Team-Kuwait

Working 14 to 16 hours-a-day, seven days a week, in tough conditions, is nothing new for U.S. Navy Seabees. Even exotic locations do not raise an eyebrow for the Navy's Construction Battalions who travel to the far corners of the world building everything from schools to bridges to airport runways.

However, for the Seabees of Naval Mobile Construction Battalion 11 from Gulfport, Miss., working on the Al Basra Oil Terminal off the coast of Iraq, is not just another deployment, it's an adventure.

U.S. forces have maintained a presence in the North Arabian Gulf since 2003, assisting the Iraqi Navy by helping provide security to their oil platforms, which account for approximately 85 percent of Iraq's revenue.

Steelworker Chief Donna M. Snow, officer in charge, NMCB 11 Navy Central Command Detachment, believes their mission is important for several reasons.

"The work that the Seabees aboard ABOT are accomplishing directly supports Operation Iraqi Freedom by improving the living conditions aboard ABOT," said Snow.

"By providing these comforts, the U.S. and Coalition Forces are able to focus on training the Iraqi Sailors and Marines."

Capt. Karl Van Deusen, commander, Combined Task Force 55, who is responsible for helping provide security to the Iraqi oil platforms, said the Seabees have made a big difference in the quality of life for Sailors serving aboard ABOT.

"Their work has greatly enhanced quality of life here and made a better environment for all U.S. and Coalition Forces on board the oil terminal," he said. "The Seabees can-do attitude is contagious and allows us to focus on

the mission of providing security and training to Iraqi Sailors and Marines."

Some improvements were immediately noticeable to Sailors living aboard ABOT.

Seabees refurbished 43 sleeping areas and four restrooms providing upgrades in basic living conditions.

More washing machines and dryers were put in convenient locations. A new 859-foot section was added to the dining area, which also included demolishing and reconstructing the existing structure even as kitchen personnel continued to provide several hot meals a day.

Seabees also constructed a covered outdoor multipurpose area allowing for meetings, a place to eat and a covered deck for workers to play cards or talk.

New panelling was placed in the 500 square foot Morale, Welfare and Recreation room enabling U.S. and Coalition forces to relax and watch



**Builder 3rd Class Petty Officer Luke Johnson, drills a piece of wood aboard Al Basra Oil Terminal in the Arabian Gulf, as he installs rails to an outdoor deck and recreation area.**

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**"Their work has greatly enhanced quality of life here and made a better environment for all U.S. and Coalition Forces on board the oil terminal."**

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Capt. Karl Van Deusen  
Commander  
Combined Task Force 55

movies in a comfortable environment.

Seabees designed and constructed a 200 square foot internet café with six computers and individual work stations, allowing U.S. and Coalition forces to communicate back home on a regular basis.

According to Snow, the value of the \$500,000 in upgrades goes beyond the monetary costs.

"The amount and quality of work that the Seabees have produced falls right into what they have been doing since their birth in 1942," said Snow. "They took the impossible tasking and while producing quality construction, they made it look effortless."

The main difficulty in all of the improvements is procuring supplies, as there is no store to run to for a needed tool and no replacement parts for damaged equipment.

Everything needed for their work, every bolt, paint brush, saw and chisel, must be ordered and transported to the site via small boat.

Lt. Jeffery Turner, Officer in Charge of NMCB 3, DET-Kuwait, had an opportunity to witness the work being done during a recent pre-deployment site survey tour and was impressed with what he saw.

"This is a dynamic mission that tasks Seabees' capabilities with doing the impossible with nothing," said Turner. "NMCB11 has done a phenomenal job with the mission to improve the quality of life to those who support the sustainment of the oil platforms. Seabees have a great working relationship with the Coalition Forces as we all work together with the Iraqis to be self sufficient." 

# Kuwait shows leaders equipment capability

Article and photos by  
Pvt. Howard Ketter  
20th Public Affairs Detachment

**T**he Kuwaiti military chief of staff attended an exercise that included U.S. and Kuwaiti forces at Camp Tahreer, June 25.

The 61st Chemical Company alongside Kuwaiti Chemical soldiers performed a Coalition Decontamination line for the Kuwaiti military to show off U.S. Army equipment that they want to purchase for their forces.

“We have trained with the Kuwaiti soldiers on several occasions,” said 1st Lt. Austin G. Earhart, platoon leader, 61st Chemical Company. “In the event of a real chemical attack we would work with them to counteract it.”

The decontamination line consists of five stations with several different pieces of equipment supplied by the 61st Chemical Company.

The first station in the line was the Gross Decontamination Station. At this station the Soldiers sprayed possibly contaminated vehicles with hot water to remove dirt and large chunks of contamination. This was performed with a high power pressure washing hose.

The application of a chemical decontaminate was performed at the second station using a less-pressurized hose.

“The third station is a wait station,” said Earhart.

Vehicles at the third station sat for 30 minutes to let the decontaminate applied at station two take effect.

“Also, the soldiers apply decontaminate to the inside of the vehicle using the M291 and M295 decon kits,” said Earhart. “These are hand applied decontaminates.”

A new driver came to take the vehicle at station three so



**A Kuwaiti chemical soldier checks a decontaminated truck for chemical contamination.**

that the original driver could go through a separate lane for troop decontamination.

Once it was over all of the decontaminate was rinsed off at station four. The vehicle was then checked for any leftover contamination at station five.

If any contamination was still on the vehicle it would then be sent back to station two to repeat the process again.



**Spc. Scott Dimmick, 61st Chemical Company, helps a Kuwaiti soldier put on a chemical protective suit to demonstrate to the Kuwaiti chief of staff how troop decontamination works during a Coalition Decontamination Line Exercise at Camp Tahreer, Kuwait, June 25.**

The Kuwaiti chief of staff, Kuwaiti military leaders, the Third Army/U.S. Army Central deputy commanding general and G-3 operations general, watched the exercise together. They were then briefed on the equipment capabilities and how the equipment would benefit the Kuwait military.

The leaders took time out to speak with the Soldiers that participated in the exercise. After everything was complete, they all ate breakfast together before departing.

“This was the Kuwaitis chance to show their chief of staff a demonstration of the joint training that has been conducted several times,” said Lt. Col. Timothy C. Smith, chemical biological radiological and nuclear advisor, Office of Military Cooperation-Kuwait. “And to let their leadership see first-hand how beneficial this equipment would be to their Army.”<sup>A</sup>

# NEWS IN BRIEF

## THIRD ARMY/USARCENT WELCOMES NEW COMMAND STAFF MEMBERS

During the month of July, Third Army/U.S. Army Central will say goodbye to, BG Kevin Wendel and Col. Paul Reoyo, as Third Army/USARCENT welcomes in new members to the command group.

Col. Stephen Twitty is coming to Third Army/USARCENT after being the commander of the 4th Brigade Combat Team, 1st Armored Division and will take over as the Chief of Staff for Third Army/USARCENT. Twitty is recognized as the only African American servicemember to receive the Silver Star during his tour of duty in Iraq. He is a 1985 Distinguished Military Graduate from South Carolina State University and holds a Masters degree in Public Administration from Central Michigan University and a Masters degree in National Security Strategy from the National War College. Col. Reoyo, the outgoing Operational Command Post Chief of Staff, will move on to be the executive officer for the deputy commanding general of the Army's Training and Doctrine Command.

Col. Kevin Batule, the former Main Command Post Chief of Staff for Third Army/USARCENT, will take over as the new G3 of Third Army/USARCENT. Batule has been stationed in Third Army/USARCENT since 2008 and before that served two years with U.S. Army Pacific Command. Batule graduated from the United States Military Academy in 1983. He is a graduate of the U.S. Army Command and General Staff College and the U.S. Army War College. Wendel, the outgoing G3, is currently awaiting his next assignment.

## ARMY LAB IMPROVE SOLDIER'S HEALTH

The U.S. Army Research Institute of Environmental Medicine is working to improving the health and performance of Soldiers by testing the internal and external effects of environmental factors on Soldiers.

After World War II, Department of the Army officials recognized a need for a facility that could study the environmental and operational impacts on the health and performance of troops in a variety of conditions.

The institute tests everything from what a Soldier eats to what they wear and use. The lab can even simulate almost every environment that a servicemember could be deployed to.

The institute has used life-sized anatomical models since 1943 that are capable of mimicking and sweating to test uniforms and items of clothing. The models are

currently being used to test the next version of the chemical protection suit. The lab is also used by the Marines, Air Force, Navy and Coast Guard, as well as by other countries' militaries and has staff on various North Atlantic Treaty Organization panels.

## G-4 MOBILITY RETROGRADE

Almost 6,500 pieces of equipment out of a total 9,000 projected pieces have been moved to Kuwait for retrograde. Retrograde is part of the responsive withdrawal from Iraq to move the bulk of excessive equipment and reduce the transportation required to move troops out of the area of responsibility by August 2009.

The equipment is moved into Kuwait to be inspected and repaired, if necessary, and to be reset for the next unit. If the equipment cannot be repaired in country, it is sent back to the U.S. for repairs and reset there.

The equipment that can be repaired, is then tagged as excess and removed from theater or redistributed to units in Iraq that have a need for it.

There are six sites in Iraq that have a Redistribution Processing Assistance Team where units take the excess equipment to be retrograded. There are also multiple mobile and temporary RPATs that assist with the retrograde process.

## DOD ANNOUNCES TRANSFERABILITY OPTIONS FOR "POST 9/11 GI BILL"

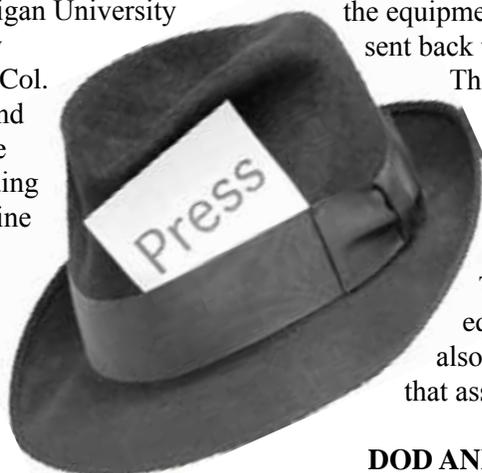
The Department of Defense announced its policy for transferring educational benefits to the spouses and children of servicemembers under the "Post 9/11 G.I. Bill," which takes effect Aug. 1, 2009.

Career servicemembers on active duty or in the selected reserve on Aug. 1, 2009, and who are eligible for the "Post 9/11 G.I. Bill," may be entitled to transfer all or a portion of their education entitlement to one or more Family members.

To be eligible, servicemembers must have served in the Armed Forces for at least six years, and agree to serve four additional years, from the date of election to transfer.

Servicemembers with at least 10 years of service, who by DoD or service policy are prevented from committing to four additional years, may transfer their benefits provided they commit for the maximum amount of time allowed by such policy or statute.

The Department of Veterans Affairs administers the "Post 9/11 GI Bill," and determines eligibility for education benefits. Further information on can be found at their Web site, <http://www.gibill.va.gov>.





**Camp Arifjan  
10K Run/Walk**

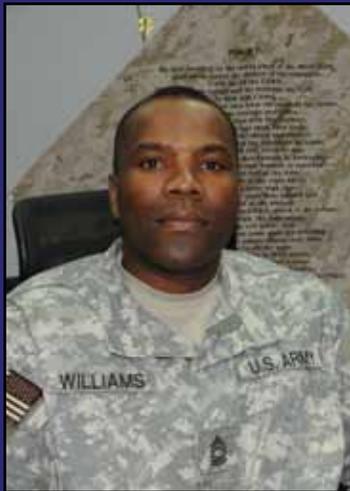
**July 4th  
@ 0500**

**Advanced Registration is Required  
@ Z1 or Z6 Fitness Centers  
Available until 1600, July 3.**

**For information call: 430-1302**

### **NCO Spotlight:**

**Master Sgt. Nelson Williams  
Multi National Logistics NCOIC, USARCENT G4**



“The military taught me a lot; and makes you a better person as long as you have an open mind.”

In 1984, Williams filled his desire to serve his country and see the world by joining the Army. Throughout his progression through the ranks, he also found fulfillment in teaching others about the military and being a Soldier. Williams is currently serving on his seventh deployment. He says he is thankful for the lessons he has learned during his military career and the supportive people in his life, such as his wife, his mother and his father.

### **Just One Question ...**

“How do you celebrate 4th of July back in the U.S.?”



“I go to the Bay Festival on Marine Corps Base Hawaii with my son and pop fireworks.”

Staff Sgt. Nathan Hampton  
Regimental Combat Team 3  
Hawaii



“BBQ with my family and enjoy the fireworks.”

PO2 Marko Tinoco  
NAVELSG Forward India  
Fontana, Calif.



“I go to South Street Seaport and enjoy the fireworks.”

Warrant Officer David Lee  
143rd Joint Sustainment Command-  
Afghanistan  
Brooklyn, N.Y.



“BBQ hamburgers and enjoy the firework show from Fort Hood in my front yard with my family.”

Sgt. Uganda Smith  
1st Infantry, 12th Cavalry Regiment  
Killeen, Texas



“I am going to make it home just in time to spend it with my family.”

PO2 Joseph Nigil Jr.  
NAVELSG Forward India  
Denver, Colo.

# What's happening around USARCENT



Photo by MC2 Jorge Saucedo

## **USO Job Fair**

*Sgt. First Class Darrell McDonald, gun truck driver, 1st Infantry, 299th Cavalry Regiment attends a job fair held at the United Service Organization on Camp Buehring, Kuwait, June 24.*

## **Wee Man makes Big Hit**

*Jason "Wee Man" Acuna, one of the stars of MTV's Jackass, pauses for a photo with servicemembers after signing autographs on Camp Arifjan, Kuwait, during his Middle East Tour, June 27.*



Pfc. Alicia Torbush



Photo by MC2 Jorge Saucedo

## **Construction Bee**

*Electrical Constructionman John O'Connor, Naval Mobile Construction Battalion 11, cuts the leg of a bench on Life Support Area, Kuwait, June 23. O'Connor, a native of Boston, Mass., was finishing the construction of a patio outside one of NMCB 11's main offices.*