



# The Desert Voice

Third Army/United States Army Central September 2, 2009  
"Ready Tonight... Sustain The Fight... Shape the Future"



**WLC**  
**COURSE**  
**assaults**  
**Buehring**

# Labor Day Message

# DV

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## On the cover

*A UH-60 Blackhawk arrives at the Situational Training Exercise site to drop off Warrior Leader Course Soldiers for an air assault mission. For the full story see page 6. (Photo by Spc. Alicia Torbush)*

## Contact us

Comments, questions, suggestions story ideas? Call the Desert Voice editor at 430-6334 or e-mail at [desertvoice@arifjan.arcent.army.mil](mailto:desertvoice@arifjan.arcent.army.mil).



COMMANDING GENERAL  
THIRD ARMY  
UNITED STATES ARMY CENTRAL  
CAMP ARIFJAN, KUWAIT  
APO AE 09306

September 1, 2009

To the Third Army/USARCENT Team,

The first Monday of September is Labor Day, which falls on the seventh this year. The public observance of Labor Day began in New York in 1882 and became a federal holiday in 1894. This holiday celebrates the achievements and contributions of American working men and women to our Nation. It also marks the unofficial end of summer, as Families come off vacations and children head back to school.

As we look forward to the cooler weather of fall and upcoming major operations such as BRIGHT STAR, we thank you for your leadership, your vigilance and your focus on the mission this summer. Beginning with LUCKY WARRIOR in June and ending with LUCKY STRIKE in August, we had a summer full of hot weather, extended travel, hard work, and potential for accidents, injuries, and other reportable incidents. Because of your efforts and your professionalism, we have protected the force while completing essential training and sustainment operations during a time of the year traditionally known for accidents and incidents.

While our friends and Families celebrate the end of summer over Labor Day, do not forget how important your own labor is in keeping the *Mission* in focus, your *Soldiers* and your *People* safe and well trained, and the *Team* moving forward together. Our achievements are built upon your labor, and everyone plays an important role in Third Army/USARCENT's success. Remember to look out for your Teammates' well being, and enforce discipline at all turns: do not tolerate unsafe acts, sexual harassment or assault, or other acts of indiscipline. Thank you for your hard work this summer, and keep up the great work this fall.

Patton's Own!

John D. Fourhman  
Command Sergeant Major, US Army  
Command Sergeant Major

William G. Webster  
Lieutenant General, US Army  
Commanding General

Command Sergeant Major  
Command Sergeant Major, US Army  
John D. Fourhman

Commanding General  
Lieutenant General, US Army  
William G. Webster

Patton's Own!

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Find us online at [www.arcent.army.mil](http://www.arcent.army.mil).

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<http://www.youtube.com/user/dvidshub?blend=2&ob=1>

# DV

The  
Desert  
Voice



# Preventing Diabetes

**T**ype 2 Diabetes mellitus is increasing among Americans due to the rise in obesity, high fat/low fiber diets and lack of physical activity. Even if you have no family history of Diabetes, you can still become Diabetic. If you are at high genetic risk or have been diagnosed with pre-Diabetes, this does not mean you will definitely get this disease. If you take steps to change your lifestyle and control your risk factors, you can either prevent or delay the onset of Diabetes. The later you are diagnosed, the less chance you have of living with out the many complications of Diabetes including neuropathy, blindness and kidney failure.

In Type 2 DM, two things are usually occurring. Your pancreas is not as effective at secreting insulin and your cells are not as receptive to that insulin and therefore do not use glucose, blood sugar, as effectively. Cardiovascular exercise promotes increased glucose uptake into your cells. The minimum amount of exercise you need is 30 minutes



Capt. Kate Schrumm R.D.  
U.S. Army Central Surgeon's Office

on most days of the week.

If you are over your ideal weight or have been slowly gaining weight throughout adulthood, you are also at increased risk. The Diabetes Prevention Program found that individuals who got adequate exercise and lowered their body weight by just 5-10 percent decreased their risk by 58 percent.

To help control your weight and prevent Diabetes, your diet should mainly consist of vegetables, fruits and whole grains like oatmeal, whole wheat bread and whole grain cereals. This will ensure you are getting adequate fiber and less fat, saturated fat and cholesterol. Women should get at least 25 gram of fiber per day and men should get 38 gram per day.

Diabetes is a serious risk that many people only think about after it is too late. Take steps now to prevent this disease for you and your family. For more information on Diabetes go to [www.diabetes.org](http://www.diabetes.org). Search for "risk test" to take a quiz to see if you are at increased risk. 



## Workplace Safety

**W**ork place accidents are a leading cause of injury in Kuwait. Some tips for work place safety are:

1. Falls are the number one leading cause of injury in the workplace. Secure your step ladders and maintain three points of contact when on ladders, vehicles or other high items.
2. Maintain a clean work area. Removing many hazards from a work area provide a productive work environment.
3. While lifting heavy items, bend your knees and keep your back straight. Maintain a good grip on the item (this isn't a good time for hand lotion).
4. Conduct annual fire drills. Know how to get out of a burning and smoky building, where to meet when everyone is out of the building, and how to properly use a fire extinguisher.

5. Use your hearing protection when in loud areas. Studies show that those who use hearing protection generally feel less tired and irritable.
6. Focus on the most likely safety hazard to occur. Fire and electrical safety is one of our most reoccurring hazards.
7. Maintain the machinery in good working order. From the MRAP to the air conditioner, a strong preventive maintenance program makes for a strong safety program.
8. Take precaution in the excessive heat. Hydrate often, engage work/rest schedules, and acclimate workers progressively to hot work environments.
9. Smoke in designated smoking areas only. Flammable materials are throughout the work place and a carelessly discarded cigarette could result in a fire or explosion.
10. Ensure that all the workstations, machines etc are installed properly. 



**Ready Tonight**  
**Sustain the Fight**  
**Shape the Future**

**Third Army/U.S. Army Central**

# BSB-North holds change of command

Article and photos by  
Pvt. Howard Ketter  
20th Public Affairs Detachment

**B**ase Support Battalion-North welcomed a new commander in a ceremony held at the AIK dining facility on Camp Buehring, Kuwait, Aug. 27.

Lt. Col. Rollin L. Miller assumed command from Lt. Col. Edward J. Amato, who initially took command in 2007.

The ceremony began with an invocation by Chaplain (Col.) Phillip Hill. The audience stood for the U.S. and Kuwaiti national anthems.

Capt. Tiffany Collins, the master of ceremonies, gave the history of BSB-North and Camp Buehring, followed by United Services Organizations' staff members from Camp Buehring

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***"I could not be more proud then to stand shoulder to shoulder with you all. It's an honor and privilege to stand here today and serve as your commander."***

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Lt. Col. Rollin L. Miller  
Commander  
Base Support Battalion-North

giving flowers to the incoming and outgoing commanders' families.

Miller served as the Director of Installation Support for Area Support Group-Kuwait before this assignment.

Amato also won't be moving very far from his recent assignment, as he assumes the position of deputy commander of ASG-Kuwait,

"This complex team is about joint services, handshakes and teamwork and Lt. Col. Amato has done just that," said Hoffman. "Lt. Col. Miller is well trained and a great team member and he will make an excellent commander for this team."

BSB-North is responsible for maintenance of Camp Buehring.



**Lt. Col. Rollin L. Miller, commander, Base Support Battalion-North, receives the BSB-North guidon from Col. Christopher K. Hoffman, commander, Area Support Group-Kuwait, during a change of command ceremony at Camp Buehring, Kuwait, Aug. 27.**



**Outgoing Commander, Lt. Col. Edward J. Amato addresses guests during his change of command ceremony.**

Miller will be in charge of all the title-10, security and facilitation.

"This here is a graduate or doctorate level of teamwork," said Amato. "Active duty services, Reservists, National Guardsmen and civilian contractors working together makes it thrive."

Miller and his wife Jolene, who serves as a Department of State Officer, were welcomed by the BSB-North team with the traditional passing of the unit's guidon. Command Sgt. Maj. Don Harbin, ASG-Kuwait passed the colors to Amato, who then passed them to Hoffman. He then passed the colors to officially Miller making him the new commander.

"I could not be more proud than to stand shoulder to shoulder with you all," said Miller. "It's an honor and privilege to stand here today and serve as your commander." **A**

# Bright Star dress rehearsal: Lucky Strike at Arifjan



**Third Army staff sections, work on operation procedures for the Lucky Strike exercise. Lucky Strike is a training exercise that helps prepare Third Army for the annual Bright Star exercise in Egypt.**

*Article and photo illustration by  
Pvt. Howard Ketter  
20th Public Affairs Detachment*

The site has been set for the Lucky Strike exercise held by Third Army, after about two weeks of setting up tents, generators, unclassified and classified networks. The exercise began Aug. 22 at Camp Arifjan Kuwait.

Third Army Soldiers began running their simulated command joint task force resembling their jobs at home station in Atlanta and in their forward, Kuwait.

“This particular exercise gives us an opportunity to perform our CJTF missions and work those core competencies as a battle staff,” said Lt. Col. Ardrelle Evans, deputy chief of operations, G-3, Third Army.

Every section in Third Army’s staff is involved in this exercise. Soldiers have been flown from Atlanta and some were already in Kuwait to take part in Lucky Strike. Sections such as G-3 Fires are taking the training they’re receiving very seriously and applying it to what needs to be done in the future exercise in Egypt, Bright Star.

“We are shaping the future with the assessments that we make for the command to help,” said Lt. Col. William B. Johnson, chief, Joint Fires Division, G-3 Fires Third Army.

“Also being ready tonight involves the lethal targeting part of this; with any environment that we could go to do any job, especially as a CJTF, there is always the opportunity to have a lethal component and being ready to do that and training, being proficient at that is important as well.” said Johnson, who ensures the integration of lethal fires into Third Army operations.

He said Lucky Strike is exactly the type of training they need to make the mission at Bright Star a success.

All of the Third Army Soldiers are training in similar types of conditions as well as taking on the same types of missions they need to be a successful CJTF. Using tools such as sand tables and closed circuit networks to decipher information, the Third Army staff is getting the “taste” of what it takes to make their mission a success.

The ultimate goal of this exercise is to test the Soldiers on their ability to run a CJTF.

“Lucky Strike is in the ‘Ready Tonight’ line of effort in our campaign plan,” said Evans. “[Lucky Strike] gives us an opportunity as a team to ensure the core competencies for the functions, that are maintained here at the command post, are understood and that everyone knows their role, so that we will be Ready Tonight.” 

# Third Army trains



**Sgt. David Alexander radios a status report to his small group leader during a Situational Training Exercise at Camp Buehring, Kuwait, Aug. 18.**



**Soldiers with the Warrior Leader Course take cover after being dropped off by a UH-60 Blackhawk during an air assault training mission at the Situational Training Exercise site at Camp Buehring, Kuwait, Aug. 18.**

Article and photos by  
Spc. Alicia C. Torbush  
20th Public Affairs Detachment

**T**hird Army is continuing to shape the future by training the next generation of noncommissioned officers in theater through hosting a second iteration of the Warrior Leader Course at Camp Buehring, Kuwait.

As part of the course's situational training exercise, Command Sgt. Maj. Dennis Martinson, commadant, Third Army, Third Army Noncommissioned Officer Academy with support from the aviation unit at Camp Buehring, arranged for the students to assault the

training village from the air.

"The thought behind it was, instead of having the students walk down here for four days, we could try something different," said Martinson.

Two squads arrived one at a time at the training site aboard U.S. Army UH-60 Blackhawks. The birds landed and the Soldiers hit the ground and dropped to pull security before tactically advancing to the training village.

"I think it's a great learning experience for our Soldiers," said Martinson. "I think it gives them an opportunity to experience an air assault mission."

Students engaged the opposing

forces role players within the village at the direction of their squad and team leaders to practice the leadership skills that the course emphasizes.

"We have several Soldiers who have never done an air assault mission before, so if they ever have to do that they can draw back on this experience," said Sgt. Maj. Bobby King, deputy commadant, Third Army NCOA.

The air assault mission was a new way for WLC students to experience the same mission in a different way and have them take away the experience and apply it in a real mission if they are ever put in that situation. **A**

# next generation of NCOs



*WLC students stack on the outer wall of the training village in preparation to enter a building.*

# “Responsible Drawdown” from Iraq

Article and photo by  
Staff Sgt. Anthony Taylor  
Third Army Public Affairs Office

**T**he June 30 deadline for most U.S. troops to withdraw from Iraqi cities has passed, and the concentration shifts more now toward the next step: responsibly drawing down the U.S. military from Iraq.

ARCENT Support Element-Iraq, commonly referred to as ASE-I, has been charged with assisting Multi-National Corps-Iraq with the retrograde of non-essential equipment out of the Iraqi Theater of Operations, in addition, embedded in that, is providing a “first look” at this equipment for the entire U.S. Central Command Area of Responsibility with the highest priority being the equipping requirements of Operation Enduring Freedom in Afghanistan.

Once a unit declares non-mission essential equipment and they send the list to MNC-I, then MNC-I determines if there are other units in Iraq that need the equipment first. Once this is determined, the remaining excess is turned over to ASE-I so that they can source the rest of the CENTCOM AOR requirements.

“Right now a majority of the requirements are going to Afghanistan” said Maj. David DeAvila, requirements officer, ASE-I. “So we look at this list of excess equipment that’s coming out of Iraq and we look at what is needed in Afghanistan. Then once we find matches, we immediately declare disposition for those items to go to Afghanistan or [to where ever it is needed] within the CENTCOM AOR.”

Once ASE-I has determined what the units in the CENTCOM AOR need, the excess list reaches the Army Materiel Command to help source shortages throughout the rest of the Army. At this point the Redistribution Property Assistance Team accepts the equipment into their yard where it is inspected and prepared for shipment.

One of the biggest challenges the RPAT will face as Forward Operating Bases begin to close and they move further into the Responsible Drawdown, is a lot of equipment will be coming in at a very rapid pace, according to Air Force Capt. Dave Dufresne, 2nd battalion, 402nd Army Field Support Brigade, Headquarters, Joint Base Balad, Iraq.

“When the bases close we are going to have more equipment leave the area, and we are identifying the equipment early on so that when it comes time for the units to turn their equipment in to transfer, those items will already be identified and the disposition will already be in the system, which will cause less wait time,” said Lt. Col. Kurt Weinand, G-4 disposition officer, Department of the Army.

ASE-I was tasked to stand up and become fully operational by Aug. 1. ASE-I exceeded that date by standing

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**“Right now a majority of the requirements are going to Afghanistan. So we look at this list of excess equipment that’s coming out of Iraq and we look at what is needed in Afghanistan.”**

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Maj. David DeAvila  
Requirements officer  
ARCENT Support Element-Iraq

up much sooner and since that date, ASE-I has processed dispositions for over twenty thousand pieces of equipment that are moving out of Iraq according to Col. Herman Gooden, deputy chief, ASE-I.

“We’re here to help the war-fighters,” said Dufresne. “We understand that these are the troops that are fighting the war, and when it’s time for them to go home, we want to do everything that we can to make this an expedient process to get them in, get them processed and take their equipment off their hands so that they can get out of here on time and get back home.” **A**



**Pfc. Joseph Garner, 1133rd Transportation Company, uploads vehicles at the Redistribution Property Assistance Team yard located in Victory Base Complex, Iraq, which will be transported to Camp Arifjan as part of the Responsible Drawdown, Aug. 13.**

# Camp Arifjan holds SHARP conference

Article by

Marine Staff Sgt. Helen M. Searcy  
Third Army Public Affairs Office

**Lt.** Gen. William G. Webster, Commanding General of Third Army, attended Sexual Harassment/Assault Response and Prevention Program training with area commanders, Aug. 29.

“We have to prevent sexual assault,” said Webster. “We can never say or do too much to prevent sexual assault.”

The purpose of the training was to reiterate and emphasize from the command level, information about the SHARP program so the commanders can communicate the CG’s message.

“I need your help to make sexual assaults stop in Third Army; in Kuwait, Iraq, Afghanistan,” said Webster.

Fifty percent of sexual assault victims are privates to specialists and 25 percent of the perpetrators are noncommissioned officers, according to the equal opportunity office.

“The victims are the ones who trust us and who are being taken advantage of the most,” said Col. George Fields, Sexual Assault Prevention and Response officer, and EO officer.

Sexual assault is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority, or when the victim does not or cannot consent. Sexual harassment is unwelcome sexual advances, requests for sexual favors, physical or verbal sexual misconduct that can affect an individual’s employment, work performance, or creates a hostile or intimidating work environment.

According to Army Regulation 600-20, Chapter 7 and 8, sexual assault is a crime that doesn’t have a place in the Army.

“Sexual assault is a violation of Army values, of loyalty, integrity, and respect for others,” said Webster. “And it takes a lot of courage for a victim to report the crime.”



Photo by Cpl. Alejandro Godinez

**Commanding General, Lt. Gen. William G. Webster, Third Army urges his staff during a sexual harassment conference, to openly discuss the issues that affect servicemembers at Camp Arifjan’s Post Theatre, Aug. 29. Sexual Harassment/Assault Response and Prevention Program, is a new program aiming to educate servicemembers and contractors who work in military facilities about social conduct.**

The SHARP program is designed to spread awareness of how to prevent sexual assault and harassment, explain the reporting process and identify leaders who can assist victims with coping with cases of sexual assault and harassment.

A Deployed Sexual Assault Response Coordinator is assigned to brigades and battalions and each company has a Uniformed Victim Advocate who is trained to help victims of sexual assault. A victim can also talk to a chaplain or a healthcare provider.

There are two reporting options for victims of sexual assault: restricted and unrestricted. Restricted reporting allows victims to seek medical care and receive counseling without starting a criminal investigation. Unrestricted reporting will begin a criminal investigation and the victim can still receive counseling and medical care.

With one in six women being sexually assaulted in their lifetime,

chances of a leader getting a Soldier who has either been assaulted before they came to the Army or while they were in the Army is high, said Fields to the commanders.

“The right process (for unit leaders to do) is to get the victim the help needed and get the assault reported,” said Fields.

Fields continued to explain to the commanders that they have to train, increase awareness, reach out to the community and to be involved in order to prevent sexual assault.

“You’ve got to talk to your Soldiers about their behavior. Like an (improvised explosive device), wounds people with life-altering injuries, sexual assault also wounds people with life-altering injuries,” said Webster. “We need to provide well lit areas, enforce the buddy system and teach Soldiers what’s acceptable language and behavior. We have to prevent it.”

For more information, go to [www.preventsexualassault.army.mil](http://www.preventsexualassault.army.mil) or call 430-5370. 

# NEWS IN BRIEF

## ARMY GOES CASHLESS IN WARZONE

Starting Oct. 1, the Army will go cashless in the war zones when writing up contracts with local vendors, according to an Army news release.

Brig. Gen. Phillip E. McGhee, director of Resource Management for U.S. Army Forces, U.S. Central Command, said in the news release that by the beginning of the fiscal year, Oct. 1, the Army will go cashless in theater.

Instead of paying those it does business within U.S. currency, the Army will pay the vendors via electronic funds transfer through the banks of Afghanistan or Iraq.

The American cash has been used in Iraq and Afghanistan because those countries didn't have banking systems from which money could be extracted or transferred. So cash on the battlefield was a must, McGhee said.

But as banking systems in Iraq and Afghanistan have matured, some banks in theater are now approved for business with the Army. And that means instead of bringing cash into theater, the Army can now deposit money into banks electronically and pay contractors via electronic funds transfer.

The contractors can then pay their own workers via transfers as well, the release said.

Less U.S. currency floating around, and more money moving through the banking systems to fill accounts, means less cost for the Army to do business in theater, reduced risk of providing cash to facilitate insurgent operations, and increased confidence in the local currency and banking system, McGhee said.

## VA PREPARES TO EASE RULES FOR PTSD CLAIMS

The Department of Veterans Affairs is moving closer to simplifying the process for many non-combat veterans filing claims for service-connected post-traumatic stress disorder.

Under a proposed change published in the Aug. 24 Federal Register, VA would eliminate a requirement that a veteran must provide evidence documenting that he witnessed or experienced a traumatic event.

Certain veterans, including those who engaged in combat with the enemy, and those who were prisoners of war, already are exempt from the documentation requirement.

The proposed change also does not apply exclusively to those who served in combat zones. It refers to traumatic events that are "consistent with the places, types and circumstances of the veteran's service."

A psychiatrist or psychologist must confirm that the

traumatic event is adequate to support a diagnosis of PTSD and that the veterans' symptoms are related to the traumatic event, according to the proposed change.

It is hoped the move also will simplify the process for VA and reduce its benefits claims backlog. VA will accept comments on the proposed change by Oct. 23, but information was not immediately available about how long it would take after that to put the new rules in place.

## NATIONAL ASSOCIATION OF VETERANS UPWARD BOUND PROJECT

Veterans Upward Bound is a free U.S. Department of Education program designed to help eligible U.S. military veterans refresh their academic skills so that they can successfully complete the postsecondary school of their choosing.

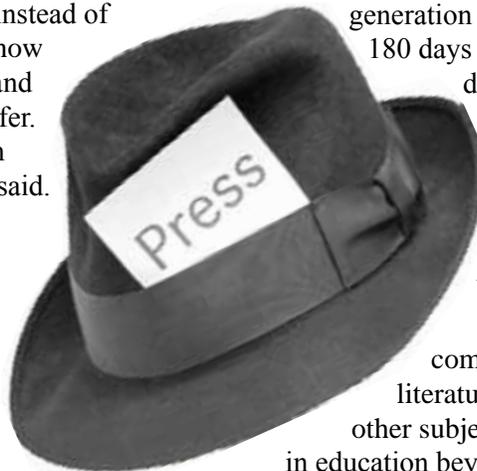
In order to be eligible for participation in a VUB program an individual must be a low-income and/or first-generation college student, having served at least 180 days of active federal service, and have a discharge that is other than dishonorable.

Currently, there are 46 VUB programs nationwide and in Puerto Rico and Guam ready to serve veterans.

Here are some of the areas in which VUB programs can help you:

Mathematics, foreign language, composition, laboratory science, reading, literature, computer basics and instruction in other subjects as necessary for academic success in education beyond high school; Instruction designed to prepare veterans participating in the project for careers in which persons from disadvantaged backgrounds are particularly underrepresented; Tutorial and study skills assistance.

Intensive basic skills development in those academic subjects required for successful completion of a high school equivalency program and/or admission to postsecondary education programs; Short-term remedial or refresher classes for veterans who are high school graduates but have delayed pursuing a postsecondary school education; assistance with applications to the postsecondary school of choice; assistance with applying for financial aid; personal counseling; academic advice and assistance; activities designed to acquaint veterans participating in the project with the range of career options available to them; assistance in securing veterans services from other locally available resources; exposure to cultural events, academic programs, and other educational activities not usually available to disadvantaged people. 



# SHARP

Sexual Harassment/Assault Response & Prevention

How SHARP Are You?

**1. Can you Define**  
Sexual Harassment/Assault

**2. Who is your DSARC**

**3. What are UVA'S**

**4. How do you report**  
Sexual Harassment/Assault

**5. Do you play a role in Preventing**  
Sexual Harassment/Assault

## NCO Spotlight

Staff Sgt. Kendrick Robbins  
Personnel Services NCO, 335th Signal



"Listen to your leaders. You'll never know when it's your turn to lead."

The Atlanta, Ga. native joined the Army in August 2000. He handles Soldier accountability, awards, in and out-processing, NCO-ERs and other S-1 duties. Being in ROTC in high school and having a military uncle inspired Robbins to join the military. "It's a priveledge to be an NCO, taking care of Soldiers and living the Army values," said Robbins. He encourages his Soldiers to take civilian and military courses to further their education.

## Just One Question ...

"How do you relieve stress while deployed?"



"Me and my battle-buddies get together and play raquet-ball and I also like to listen music."

Spc. Elias Fuentes  
Truck Driver  
539th Transportation Company  
Houston, Texas



"I work out a lot and also volunteer at the at [Camp Buehring USO]. Sometimes my friends and I get together and watch movies."

HM2 Maria Pimentel  
Psychiatric Tech  
Combat Operational Stress Team  
Naalehu, H.I.



"Perspective. Getting yours and others' perspective relieves stress. Also friends and family."

Tech Sgt. Tyrone Sevening  
Tactical Operations Controller  
424th Medium Truck Detachment  
Las Vegas, Nev.



"To relieve stress I go to the gym and run on the treadmill and call home to talk to my family."

Pfc. Leslie Lee  
Truck Driver  
1404th Transportaion Company  
Navaho Nation, Ariz.



"I just go working out if I want to relieve stress."

Cmdr. William Gardner  
Customs  
Expeditionary Logistics Support Group  
New Braunfels, Texas

# What's happening around Third Army

## ***MRAPs meet C-17***

Mine Resistant Ambush Protected vehicles wait to board a C-17 Globemaster III at an undisclosed location in the Middle East. U.S. Air Force Central and Third Army work together to transport supplies, equipment and servicemembers to Iraq and Afghanistan in support of Operations Iraqi and Enduring Freedom.



Photo by MC2 Kim Harris

## ***Gen. Casey Visit Kuwait***

Gen. George W. Casey, Army Chief of Staff, meets with Lt. Gen. William G. Webster, commanding general, Third Army, during a site visit to the Sea Port of Debarkation, Kuwait, Aug. 28.



Photo by Staff Sgt. Anthony Taylor



Photo by Marine Staff Sgt. Matt Epright

## ***Mortars at Buehring***

The 22nd Marine Expeditionary Unit conduct a Tactical Air Control Party training shoot near Camp Buehring, Kuwait, Aug. 18. The 22nd MEU is conducting sustainment training in Kuwait and is currently serving as the theater reserve force for U.S. Central Command.