



# The Old Ironsides Report

Wednesday, May 12, 2004



## Soldiers can win the battle against mosquitoes

**By Master Sgt. Dan Massa, 1AD DIVSURG NCOIC**  
BAGHDAD, Iraq -- In the last few days, the division surgeon's office has heard from Soldiers complaining that no matter what they do, even if they use the best combat tactics of silence, stealthy movement, speed to shelter, and hygiene habits, they are losing a battle.

It is of no use, they say. They cannot win, they lament.

Soldiers are found, attacked and are losing their blood...to the Iraqi mosquito.

As the weather heats up, mosquitoes will be looking for shelter, shade and food.

What better mosquito feeding grounds than the "good ol'" Logistical Support Area, tent city, guard post and work areas?

Mosquitoes, like Soldiers, have their favorite feeding hours. The bugs prefer to "dine" during dusk and dawn.

But they really like to be inside the tent with you. If there is someone inside, it's feeding time for the mosquito.

Protect yourself! Give them a good battle.

Keep your tent doors closed. Practice good hygiene. Eliminate puddles of water in and outside of your tent. Use the proper receptacles for garbage. Do not shave or brush your teeth near the tent.

Do not empty your water, coffee or drinks outside of the tents. That only creates an environment that invites mosquitoes to stay. Use your mosquito net when sleeping.

Last but not least, wear an insect repellent that works.

Use repellents that contain DEET (N-N-diethyl-metoluamide) and follow the directions on the label.

Use cream, lotion, or stick formulas. Higher concentrations are best.

New England Journal of Medicine recently reported on a study that was conducted to test the effectiveness of products containing Botanical Insect Repellants (BIT), DEET, IR3535, Moisturizers and Repellent Impregnated Wristbands (RIW).

The study's results showed that DEET-based products provided complete protection for the longest duration -- 301.5 minutes, BIT -- less than 20 minutes and RIW offered no protection.

Know the facts and make no guesses when it comes to your protection.

DEET is not Permethrin.

DEET is a topical insect repellent. It's the green tube that you were issued prior to deployment.

DEET has some drawbacks: it washes out easily, it



**The Army recommends using Permethrin to impregnate uniforms and other articles of clothing to kill or repel insects, ticks and mites. 1AD PAO staff photo.**

doesn't smell pretty and it damages plastic glasses frames, watch wristbands, etc.

Permethrin (the yellow spray can) is a synthetic insecticide that you spray on your clothes.

The Army recommends using Permethrin to impregnate battle dress uniforms (BDUs) and desert camouflage uniforms (DCU) to kill or repel insects, ticks, and mites.

These products can be used together or separately and are safe if you follow the directions.

When used together in accordance with the instructions, these products can provide almost 100 percent protection against the little bloodsuckers and other insect rascals out there.

The Department of Agriculture and the U.S. Department of Defense have tested these products' efficacy. The National Research Council (NRC) has tested their safety.

All we have to do now is take this knowledge and put it to work. For more information about protecting yourself from mosquitoes and other insect pests, contact your unit's medical treatment team.

## **NEWS...**

### **Taguba Cites Mismanagement in Iraq Abuse**

WASHINGTON (AP) - The Army general who first investigated prisoner abuse in an Iraqi prison told Congress on Tuesday the mistreatment resulted from faulty leadership, a "lack of discipline, no training whatsoever and no supervision."

Maj. Gen. Antonio Taguba also left open the possibility that members of the Central Intelligence Agency as well as armed forces personnel and civilian contractors were culpable in the abusive treatment of prisoners at the Abu Ghraib prison.

### **U.S. to Turn Over Saddam to Iraq by July**

KUWAIT CITY, Kuwait (AP) - The head of Iraq's war-crimes tribunal said Tuesday that the United States has pledged to hand over Saddam Hussein and about 100 other suspects to Iraqi authorities before July 1, when Iraq assumed sovereignty from its U.S. occupation.

Salem Chalabi told reporters that trials would begin early next year, and that judges would receive "files" on the suspects at the end of this year.

### **Bush, Kerry Nearly Even in Poll on Iraq**

WASHINGTON (AP) - For the first time, Americans appear to be evenly divided as to whether President Bush or Democratic presidential candidate John Kerry would do a better job of handling Iraq.

A CNN-USA Today poll released Tuesday found that 48 percent of adults surveyed thought the president would better handle "the situation in Iraq," compared with 45 percent for Kerry.

### **Palestinians Kill Six Israeli Soldiers**

GAZA CITY, Gaza Strip (AP) - Palestinian militants blew up an Israeli armored personnel carrier on Tuesday, killing six Israeli soldiers in one of the fiercest battles in Gaza City in months.

Seven Palestinians were killed, including one in an Israeli airstrike. Militants displayed some of the remains of the dead Israeli soldiers, and they were warned that Israel would retaliate harshly if the body parts weren't returned for burial, security officials said.

### **Many 'American Idol' Losers Winning Big**

NEW YORK (AP) - Acidic tongue-lashings from "American Idol" judge Simon Cowell could deflate anyone's musical aspirations, but many "Idol" losers are finding that second-chance success isn't a bad consolation prize.

As the third season of Fox's hugely successful reality contest gears up for the May 26 finale, numerous former contestants - some dishonorably discharged - are signing major record deals, appearing on television and singing on Broadway.

## **Love and terrorism...**

### **Don't Throw Flowers at Danish Wedding**

By JAN M. OLSEN, Associated Press Writer  
COPENHAGEN, Denmark (AP) -- Throw your wishes and cheers at the royal couple as they ride through Copenhagen after Friday's wedding but don't hurl any flowers, police said Tuesday.

"A flower could be mistaken for a bomb and we don't want to cause any unnecessary scares," police spokesman Flemming Steen Munch told The Associated Press.

Police estimate that as many as 250,000 people will jam the Copenhagen city center and as many as 3,000 police officers - one-third of Denmark's police force - are expected to oversee security on Friday when Crown Prince Frederik and Australian Mary Donaldson are to be married.

After the ceremony, the couple will travel through downtown in a horse-drawn carriage.

Officers will line up along the route through the city. Police also called on people not to try to run after the procession.

Although the terror threat against Denmark, a key U.S.-ally in Iraq, is low, the wedding is surrounded by tight security.

Cars will be banned from downtown on Friday, the airspace over central Copenhagen will be closed and police will check everyone entering the city center with large bags, Munch said.

In mailed letters and on the Copenhagen police department's Web site, downtown residents have been asked to be vigilant and report anything suspicious. Police declined to say whether they had received any tips.

The list of the 800 royals and dignitaries invited to the wedding will not be released until the last minute by the palace.

However, Crown Prince Naruhito of Japan, Prince Edward - Queen Elizabeth's third son - and his wife Sophie, Australian Governor general Michael Jeffrey and Tasmanian Governor Richard Butler have said they plan to attend the ceremony at Copenhagen Lutheran cathedral and the following party to be held at Fredensborg Palace, 35 kilometers (20 miles) north of Copenhagen.

Donaldson, 32, and Frederik, 35, met during the 2000 Olympics in Sydney.

### ***Thought for the day...***

#### **Adversity**

On the back of a wedding anniversary card, a small boy wrote the following inscription for his grandmother, "I'm writing a letter for your love and happy adversity." The phrase 'happy adversity' embodies the biblical principle of facing difficulties with joy: "Count it all joy when you fall into various trials, knowing that the testing of your faith produces patience" (James 1:2-3). When looked at from the right perspective, affliction and adversity provide an unexpected blessing by testing faith and opening the door to God's wisdom and strength.

**Today in history...**

**May 12, 1949: BERLIN BLOCKADE LIFTED**

**HISTORYCHANNEL.COM** -- On May 12, 1949, an early crisis of the Cold War comes to an end when the Soviet Union lifts its 11-month blockade against West Berlin. The blockade had been broken by a massive U.S.-British airlift of vital supplies to West Berlin's two million citizens.

At the end of World War II, Germany was divided into four sectors administered by the four major Allied powers: the USSR, the United States, Britain, and France. Berlin, the German capital, was likewise divided into four sectors, even though it was located deep within the Soviet sector of eastern Germany. The future of Germany and Berlin was a major sticking point in postwar treaty talks, especially after the United States, Britain, and France sought to unite their occupation zones into a single economic zone. In March 1948, the Soviet Union quit the Allied Control Council governing occupied Germany over this issue. In May, the three Western powers agreed to the imminent formation of West Germany, a nation that would exist entirely independent of Soviet-occupied eastern Germany. The three western sectors of Berlin were united as West Berlin, which was to be under the administration of West Germany.

On June 20, as a major step toward the establishment of a West German government, the Western powers introduced a new Deutsche mark in West Germany and West Berlin. The Soviets condemned this move as an attack on the East German currency and on June 24 began a blockade of all rail, road, and water communications between Berlin and the West. The four-power administration of Berlin had ceased with the unification of West Berlin, the Soviets said, and the Western powers no longer had a right to be there. With West Berlin's food, fuel, and other necessities cut off, the Soviets reasoned, it would soon have to submit to Communist control.

Britain and the United States responded by initiating the largest airlift in history, flying 278,288 relief missions to the city during the next 14 months, resulting in the delivery of 2,326,406 tons of supplies. As the Soviets had cut off power to West Berlin, coal accounted for over two-thirds of the material delivered. In the opposite direction, return flights transported West Berlin's industrial exports to the West. Flights were made around the clock, and at the height of the Berlin airlift, in April 1949, planes were landing in the city every minute. Tensions were high during the airlift, and three groups of U.S. strategic bombers were sent as reinforcements to Britain while the Soviet army presence in eastern Germany increased dramatically. The Soviets made no major effort to disrupt the airlift. As a countermeasure against the Soviet blockade, the Western powers also launched a trade embargo against eastern Germany and other Soviet bloc countries.

On May 12, 1949, the Soviets abandoned the blockade, and the first British and American convoys drove through 110 miles of Soviet Germany to reach West Berlin. On May 23, the Federal Republic of Germany (West Germany) was formally established. On October 7, the German Democratic Republic, a Communist state, was proclaimed in East Germany. The Berlin airlift continued until September 30, in an effort to build up a year's supply of essential goods for West Berlin in the event of another Soviet blockade. Another blockade did not occur, but Cold War tensions over Berlin remained high, culminating in the construction of the Berlin Wall in 1961.



**NEW MAIL HOURS**

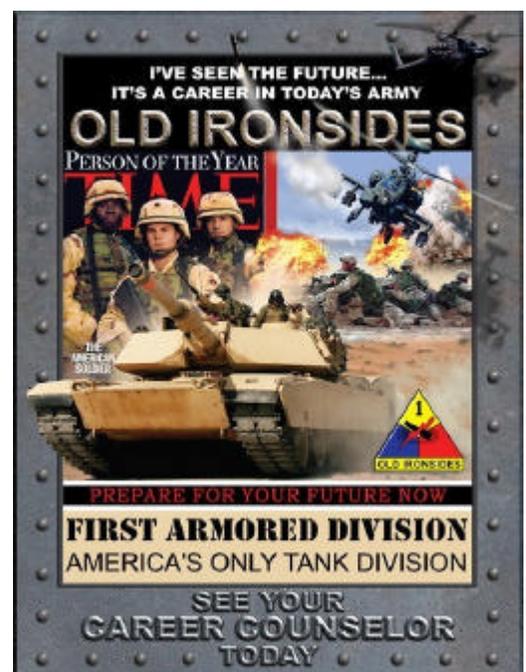
The 1AD APO run by  
55<sup>th</sup> PSB is extending  
unit mail pick up hours.  
Starting 10 May 2004, units can



pick up their mail  
from 1400-2100 on Monday –  
Friday and from 1400 – 1600  
on Saturday and Sunday.



For questions, contact the  
APO @ 551-9525.



myafn.net TV SCHEDULES: WEDNESDAY, MAY 12, 2004

As of: Tuesday, May 11, 2004 9:09:42 PM

Start Time	SPORTS	ATLANTIC	SPECTRUM	PACIFIC	NEWS	St Tir
0:00	THE HOT LIST	HEADLINE NEWS	RUMBLE IN THE BRONX	ESPNEWS: THE HOT LIST		0:0
0:30	THE HOT LIST	TONIGHT SHOW WITH JAY LENO (TVPG):		HEADLINE NEWS	NAVY/MARINE CORPS NEWS	0:3
1:00	AROUND THE HORN			TODAY	LESTER HOLT LIVE	1:0
1:30	PARDON THE INTERRUPTION	THE LATE SHOW WITH DAVID LETTERMAN (TVPG):				1:3
2:00	SPORTSCENTER		CINEMA SECRETS (TVG): - SUPER MODELS		HEADLINE NEWS	2:0
2:30		ACCESS HOLLYWOOD	EBERT & ROEPER AT THE MOVIES (TVPG):		NBC NIGHTLY NEWS	2:3
3:00		MEN IN BLACK	THE WILD THORNBERRYS (TVY): - RAIN DANCE	SESAME STREET	ABC WORLD NEWS TONIGHT	3:0
3:30	TOTALLY NASCAR		SPONGEBOB SQUAREPANTS (TVY): - MERMAID MAN & BARNACLE BOY/ PICKLES		CBS EVENING NEWS	3:3
4:00	NBA - PLAYOFFS - 2ND ROUND GM 4: DETROIT PISTONS @ NEW JERSEY NETS		THE SIMPSONS (TVPG): - DUFFLESS	BLUE'S CLUES - PUPPETS	COUNTDOWN WITH KEITH OLBERMANN	4:0
4:30			THE COSBY SHOW (TVG): - THE DRUM MAYOR	WHEEL OF FORTUNE (TVG):		4:3
5:00		NHL - PLAYOFFS - CONF. FINALS GM 2: CALGARY FLAMES @ SAN JOSE SHARKS	ALLY MCBEAL (TV14): - THE GETAWAY	THE DR. PHIL SHOW (TVPG):	HANNITY & COLMES	5:0
6:00			STAR TREK: NEXT GENERATION (TVPG): - THE CHASE	THE OPRAH WINFREY SHOW (TVPG):	THE NEWSHOUR	6:0
6:30	NBA - PLAYOFFS - 2ND ROUND GM 4: SAN ANTONIO SPURS @ LOS ANGELES LAKERS					6:3
7:00			TACTICAL TO PRACTICAL (TVPG): - LESS LETHAL WEAPONS, WIRELESS TECHNOLOGY, COMBAT SPEED	NBC NIGHTLY NEWS	BET NIGHTLY NEWS	7:0
7:30		ESPNEWS		JUDGE JUDY (TVPG):	NIGHTLY BUSINESS REPORT	7:3
8:00		HEADLINE NEWS	SECRETS OF WAR (TVPG): - GULF WAR: STEEL RAIN	ACCESS HOLLYWOOD	LARRY KING LIVE	8:0
8:25				GUIDING LIGHT (TV14):		8:2
8:30		HEADLINE NEWS				8:3
9:00	INSIDE THE NBA	SESAME STREET	MR. NICE GUY		NEWSNIGHT WITH AARON BROWN	9:0
9:13				GENERAL HOSPITAL (TV14):		9:1
10:00	SPORTSCENTER	BLUE'S CLUES - PUPPETS		BETWEEN THE LIONS (TVY): - THREE GOATS, NO WAITING	PAULA ZAHN NOW	10:0
10:30		WHEEL OF FORTUNE (TVG):		TEAMO SUPREMO (TVY): - APPETITE FOR...DESSERT/IT'S CRANDALL'S BIRTHDAY--BANDIT!		10:3
11:00	BALLROOM BOXING	THE DR. PHIL SHOW (TVPG):	THE WILD THORNBERRYS (TVY): - RAIN DANCE	POPULAR MECHANICS FOR KIDS (TVY7): - EPISODE 5	NIGHTLINE	11:0
11:30			SPONGEBOB SQUAREPANTS (TVY): - MERMAID MAN & BARNACLE BOY/ PICKLES	LIBERTY'S KIDS (TVG): - IN PRAISE OF BEN	HEADLINE NEWS	11:3
11:46		THE OPRAH WINFREY SHOW (TVPG):				11:4
12:00			THE SIMPSONS (TVPG): - DUFFLESS	JEOPARDY! (TVG):	HARDBALL WITH CHRIS MATTHEWS	12:0
12:30			THE COSBY SHOW (TVG): - THE DRUM MAYOR	HEADLINE NEWS		12:3
12:35		GUIDING LIGHT (TV14):				12:3
12:52				PACIFIC REPORT		12:5
13:00	SPORTSCENTER		AMERICAN IDOL (TVG):	ESPNEWS	DATELINE NBC	13:0
13:17		GENERAL HOSPITAL (TV14):				13:1
13:30				HEADLINE NEWS		13:3
13:52				PACIFIC REPORT		13:5
14:00	NFL EUROPE - AMSTERDAM ADMIRALS @ RHEIN FIRE	HEADLINE NEWS	STAR TREK: NEXT GENERATION (TVPG): - THE CHASE	8 SIMPLE RULES FOR DATING MY TEENAGE DAUGHTER (TVPG): - WHAT DAD WOULD WANT	THE O'REILLY FACTOR	14:0
14:30		JUDGE JUDY (TVPG):		BERNIE MAC SHOW, THE (TVPG): - FAMILY REUNION		14:3
15:00		TODAY	TACTICAL TO PRACTICAL (TVPG): - LESS LETHAL WEAPONS, WIRELESS TECHNOLOGY, COMBAT SPEED	AMERICA'S NEXT TOP MODEL (TVPG): - THE GIRL WHO IS AMERICA'S NEXT TOP MODEL	GOOD MORNING AMERICA	15:0
16:00			SECRETS OF WAR (TVPG): - GULF WAR: STEEL RAIN	THE O.C. (TVPG): - THE GOODBYE GIRL		16:0
17:00	SPORTSCENTER	BETWEEN THE LIONS (TVY): - THREE GOATS, NO WAITING	MR. NICE GUY	HEADLINE NEWS	HEADLINE NEWS	17:0
17:22				PACIFIC REPORT		17:2
17:30		TEAMO SUPREMO (TVY): - APPETITE FOR...DESSERT/IT'S CRANDALL'S BIRTHDAY--BANDIT!		TONIGHT SHOW WITH JAY LENO (TVPG):	CHANNEL ONE	17:3
17:45					ABC WORLD NEWS THIS MORNING	17:4
18:00	TOTALLY NASCAR	POPULAR MECHANICS FOR KIDS (TVY7): - EPISODE 5			THE EARLY SHOW	18:0
18:30	NHL 2NIGHT	LIBERTY'S KIDS (TVG): - IN PRAISE OF BEN		THE LATE SHOW WITH DAVID LETTERMAN (TVPG):		18:3
19:00	SPORTSCENTER	JEOPARDY! (TVG):	THE WILD THORNBERRYS (TVY): - RAIN DANCE			19:0
19:30		HEADLINE NEWS	SPONGEBOB SQUAREPANTS (TVY): - MERMAID MAN & BARNACLE BOY/ PICKLES	ACCESS HOLLYWOOD		19:3
20:00	ESPNEWS	ESPNEWS	THE SIMPSONS (TVPG): - DUFFLESS	SHARING THE SECRET	FOX NEWS LIVE	20:0
20:19	BASEBALL TONIGHT					20:1
20:30		HEADLINE NEWS	THE COSBY SHOW (TVG): - THE DRUM MAYOR			20:3
21:00	NBA FASTBREAK	8 SIMPLE RULES FOR DATING MY TEENAGE DAUGHTER (TVPG): - WHAT DAD WOULD WANT	AMERICAN IDOL (TVG):		DATELINE NBC	21:0
21:30	BASEBALL TONIGHT	BERNIE MAC SHOW, THE (TVPG): - FAMILY REUNION				21:3
21:45				DINNER WITH FRIENDS		21:4
22:00	MLB - TORONTO BLUE JAYS @ KANSAS CITY ROYALS	AMERICA'S NEXT TOP MODEL (TVPG): - THE GIRL WHO IS AMERICA'S NEXT TOP MODEL	STAR TREK: NEXT GENERATION (TVPG): - THE CHASE		FOX NEWS LIVE	22:0
23:00		THE O.C. (TVPG): - THE GOODBYE GIRL	TACTICAL TO PRACTICAL (TVPG): - LESS LETHAL WEAPONS, WIRELESS TECHNOLOGY, COMBAT SPEED		HEADLINE NEWS	23:0
23:30				CINEMA SECRETS (TVG): - CREATURE COMFORT	INSIDE POLITICS	23:3