

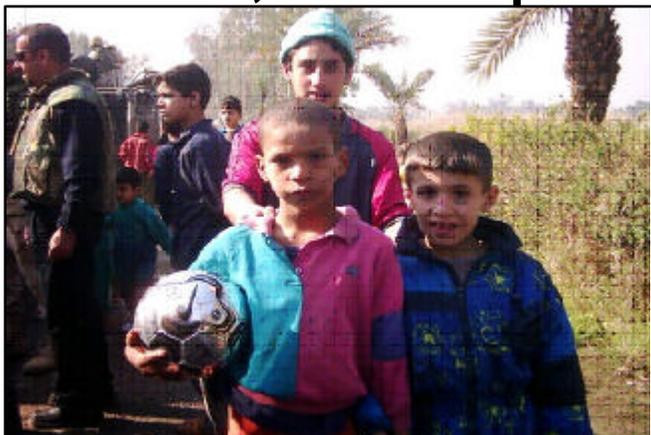


The Old Ironsides Report



Thursday, March 04, 2004

501st FSB, 2nd ACR puts some 'kick' into their communities



Boys from the Karadah district show off the soccer ball they received from U.S. Soldiers during a recent visit from the 501st Forward Support Battalion. Courtesy photo.

Operation Soccer Ball

By Chaplain (Capt.) Alan Leonard, 501st FSB chaplain

Baghdad, Iraq -- One of the fun parts of being an Army Chaplain during Operation Iraqi Freedom is going out to meet the local people.

The most recent project for the 501st Forward Support Battalion within the Ready First Combat Team -- 1st Brigade, 1st Armored Division -- was giving away 150 soccer balls to local children in the Karadah district.

People play soccer everywhere from nice fields to streets to vacant lots. On a day with good weather, you can see people all over Baghdad kicking soccer balls.

Unfortunately, the poorer children in Iraq do not have soccer balls or have very old used balls.

"It was great to see the little kids finally get a decent soccer ball to play with," said Sgt. 1st Class Dandy Young, battalion's Operations NCO. "This was a great opportunity to do something for the local community."

The battalion put together a convoy of four vehicles and 11 soldiers to visit two neighborhoods near our operations base.

The children were thrilled to receive new soccer balls as Soldiers tossed the balls to the boys and girls.

With the help of our translator, Anas Al Saleem, Soldiers talked with the children and their parents.

"It was fun," said Capt. Nick Sporinsky, battalion operations officer. "The soldiers had a wonderful time passing out the balls and talking with the children."

This is a win-win situation for us. The Iraqis appreciated receiving soccer balls and the soldiers felt good about contributing to the community.

"This really lets me see that we are doing good things in Iraq," said Pfc. Shadividka Rogins, battalion chaplains' assistant. "We helped out the community and showed them that we care about them. At the same time we felt better about our mission in Iraq and had the opportunity to come to know the local people a little better."

SADR CITY SOCCER TOURNAMENT

By Capt. Jason Tolbert, 2nd Squadron, 2nd ACR
information operations officer

BAGHDAD, Iraq -- Opening ceremonies for the first annual Sadr City soccer tournament sponsored by the Iraqi Police Service kicked off last month.

Many of the community's children, adults and city officials attended opening day ceremonies.

Special soccer fans guests included Col. Aumaran Moruf, Sadr City Police Chief, Lt. Col. Christopher K. Hoffman, 2nd Squadron commander and Coalition Commander for Sadr City,

The soccer tournament was sponsored by the IPF and organized by Khadim Saddam Munshid who putting together the teams and organizing the tournament. The Coalition provided funding for the teams' new uniforms and equipment.

The Coalition provided new uniforms and shoes to many of the teams playing in the tournament. There has also been a large supply of soccer balls donated by a well known sporting clothing and equipment manufacturer.

The tournament consists of 20 Sadr City teams competing in a series of games played on various soccer fields within the city.

The tournament is scheduled to last a couple of weeks and will conclude with a championship game.

"The Coalition is "honored to support the youth of Sadr City," said Hoffman in his opening ceremony address to the players and the spectators present at the opening game.



Lt. Col. Christopher Hoffman, 2nd Squadron, 2nd Armored Cavalry Regiment commander, officially welcomes players, community members and official guests to the kick-off of the Sadr City Soccer Tournament. Twenty community teams will vie of the community's number one position during the month long competition. Courtesy photo.

NEWS...

Iraqs Put Shiite Bombing Toll at 271

KARBALA, Iraq (AP) - Shiite Muslim mourners chanted slogans against the United States Wednesday, venting their anger at Iraq's instability after a series of suicide bombings against pilgrims.

As the country began three days of mourning, officials said 15 people, some possibly Iranians, were detained in the attacks. Iraq Governing Council President Mohammed Bahr al-Ulloum said 271 people were killed and 393 wounded in Tuesday's near-simultaneous bombings at Baghdad's Kazimiya shrine and holy sites in Karbala.

Marines Block Haiti Rebels From Officials

PORT-AU-PRINCE, Haiti (AP) - U.S. Marines blocked rebels from chasing officials of exiled leader Jean-Bertrand Aristide as they fled to the airport Wednesday, apparently the first action of American forces in Haiti to prevent further bloodshed. With rebels patrolling the streets of Port-au-Prince and their leader threatening to arrest the prime minister, U.S. forces said their mission in Haiti had expanded beyond protecting American citizens and interests to include protection of Haitian civilians from reprisal attacks.

Stewart's Jury Begins Deliberations

NEW YORK (AP) - The Martha Stewart jury began deliberating Wednesday after a federal judge urged the panel to consider the stock fraud case with "complete fairness and impartiality." "You are the sole and exclusive judges of the facts," U.S. District Judge Miriam Goldman Cedarbaum told the jurors, giving them a set of legal instructions to guide their deliberations.

Kerry Begins to Select Running Mate

WASHINGTON (AP) - Hours after staking claim to the Democratic nomination for president with decisive Super Tuesday victories, John Kerry began laying the groundwork Wednesday for selecting a running mate for the struggle to unseat President Bush.

Kerry told reporters during a campaign trip to Florida that he expects to announce soon the process by which he will choose the No. 2 person for the Democratic ticket. His campaign said details might be released as early as Wednesday.

Thought for the day...

Fear

Fear imprisons; faith liberates; fear paralyzes; faith empowers; fear disheartens; faith encourages; fear sickens; faith heals; fear makes useless faith makes serviceable.

-- Harry Emerson Fosdick

Meanwhile back in the States...

The 'Supersize' is not an option anymore

By DAVE CARPENTER, AP Business Writer

CHICAGO (AP) -- Hold the fries - at least the super-sized version. In a sign of the times, McDonald's is getting rid of the extra-large portions that had become one of its signatures.

The burger giant said it has begun phasing out Supersize fries and drinks in its more than 13,000 U.S. restaurants and will stop selling them altogether by year's end, except in promotions.

The company cited the need to trim a menu that has expanded in recent years and said eliminating super-sizing is only part of that effort.

"The driving force here was menu simplification," spokesman Walt Riker said after McDonald's disclosed the change in strategy in a brief statement late Tuesday. "The fact of the matter is not very many Supersize fries are sold."

But the downsizing of super-sizing comes with fast-food companies, especially industry behemoth McDonald's, under intense pressure to cater to Americans' growing preference for healthier food options.

The move is part of McDonald's "Eat Smart, Be Active" initiative, which it launched last year under first-year CEO Jim Cantalupo and U.S. operations chief Mike Roberts in an attempt to revive then-stagnant U.S. sales.

McDonald's added entree salads with great success last year and has been moving to provide more fruit, vegetable and yogurt options with its Happy Meals. But the Oak Brook, Ill.-based company remains a lightning rod for public criticism - and legal action - when it comes to obesity and other health worries.

Two lawsuits claiming McDonald's hid the health risks of eating Big Macs and Chicken McNuggets were thrown out in federal court in New York last year.

Richard Adams, a former McDonald's franchising executive and now an independent consultant for franchisees, said health concerns no doubt factored into the decision. But he said the company has been promising to clear up some of the "clutter" on its menu since adding a slew of new products in the late 1990s when domestic sales were flat.

"Now that sales have improved, it's easier to pull things off the menu," said Adams. "When sales are declining, the corporation and the franchisees are terrified at the prospect of selling a few less 42-ounce drinks. When sales are on the upswing, it's easier to admit that you can't be everything to everybody."

McDonald's detailed the menu changes - quietly under way since January - in a seven-page memo to franchisees, obtained by The Associated Press. The elimination of the 7-ounce "Supersize" carton of fries is part of a switch from five size options down to three; the biggest will now be the 6-ounce "large" fries.

"The reason for reducing the number of fry sizes is to simplify operations and enhance our ability to deliver better service to our guests," the memo said, adding that the 7-ounce carton "will be eliminated as part of our healthy lifestyle initiative."

The other changes include making bagels an optional breakfast product, dropping 2 percent milk in favor of exclusively 1 percent and otherwise tweaking the size and choice of items in order to come up with a "core" menu that reflects customers' preferences.

Some customers had a mixed reaction to the news.

Jamie Cox, 19, dining at a McDonald's in downtown Chicago with his girlfriend Tuesday night, said he normally super-sizes his meal but usually throws out leftover fries. "It's a waste," he acknowledged. "Once they get cold, they're nasty. But we would die without the (Supersize) drink."

McDonald's shares rose 4 cents to \$28.46 in morning trading on the New York Stock Exchange.

Today in History...

March 4, 1933: FDR INAUGURATED

(HISTORYCHANNEL.COM) On March 4, 1933, at the height of the Great Depression, Franklin Delano Roosevelt is inaugurated as the 32nd president of the United States. In his famous inaugural address, delivered outside the east wing of the U.S. Capitol, Roosevelt outlined his "New Deal"--an expansion of the federal government as an instrument of employment opportunity and welfare--and told Americans that "the only thing we have to fear is fear itself." Although it was a rainy day in Washington, and gusts of rain blew over Roosevelt as he spoke, he delivered a speech that radiated optimism and competence, and a broad majority of Americans united behind their new president and his radical economic proposals to lead the nation out of the Great Depression.

Born into an upper-class family in Hyde Park, New York, in 1882, Roosevelt was the fifth cousin of Theodore Roosevelt, who served as the 26th U.S. president from 1901 to 1909. In 1905, Franklin Roosevelt, who was at the time a student at Columbia University Law School, married Anna Eleanor Roosevelt, the niece of Theodore Roosevelt. After three years as a lawyer, he decided to follow his cousin Theodore's lead and sought public office, winning election to the New York State Senate in 1910 as a Democrat. He soon won a reputation as a charismatic politician dedicated to social and economic reform.

Roosevelt supported the progressive New Jersey governor Woodrow Wilson in his bid for the Democratic presidential nomination, and after Wilson's election in 1912 Roosevelt was appointed assistant secretary of the U.S. Navy, a post that Theodore Roosevelt once held. In 1920, Roosevelt, who had proved himself a gifted administrator, won the Democratic nomination for vice president on a ticket with James Cox. The Democrats lost in a landslide to Republicans Warren Harding and Calvin Coolidge, and Roosevelt returned to his law practice and undertook several business ventures.

In 1921, he was stricken with poliomyelitis, the virus that causes the crippling disease of polio. He spent several years recovering from what was at first nearly total paralysis, and his wife, Eleanor, kept his name alive in Democratic circles. He never fully covered and was forced to use braces or a wheelchair to move around for the rest of his life.

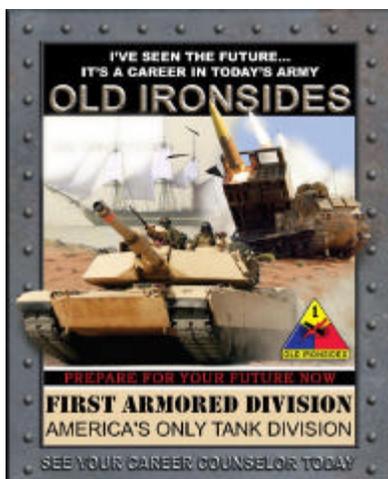
In 1924, Roosevelt returned to politics when he nominated New York Governor Alfred E. Smith for the presidency with a rousing speech at the Democratic National Convention. In 1928, he again nominated Smith, and the outgoing New York governor urged Roosevelt to run for his gubernatorial seat. Roosevelt campaigned across the state by automobile and was elected even as the state voted for Republican Herbert Hoover in the presidential election.

As governor, Roosevelt worked for tax relief for farmers and in 1930 won a resounding electoral victory just as the economic recession brought on by the October 1929 stock market crash was turning into a major depression. During his second term, Governor Roosevelt mobilized the state government to play an active role in providing relief and spurring economic recovery. His aggressive approach to the economic crisis, coupled with his obvious political abilities, gave him the Democratic presidential nomination in 1932. Roosevelt had no trouble defeating President Herbert Hoover, who many blamed for the Depression, and the governor carried all but six states. During the next four months, the economy continued to decline, and when Roosevelt took office on March 4, 1933, most banks were closed, farms were suffering, 13 million workers were unemployed, and industrial production stood at just over half its 1929 level.

Aided by a Democratic Congress, Roosevelt took prompt, decisive action, and most of his New Deal proposals, such as the Agricultural Adjustment Act, National Industrial Recovery Act, and creation of the Public Works Administration and Tennessee Valley Authority, were approved within his first 100 days in office. Although criticized by many in the business community, Roosevelt's progressive legislation improved America's economic climate, and in 1936 he easily won reelection.

During his second term, he became increasingly concerned with German and Japanese aggression and so began a long campaign to awaken America from its isolationist slumber. In 1940, with World War II raging in Europe and the Pacific, Roosevelt agreed to run for an unprecedented third term. Reelected by Americans who valued his strong leadership, he proved a highly effective commander in chief after the December 1941 U.S. entrance into the war. Under Roosevelt's guidance, America became, in his own words, the "great arsenal of democracy" and succeeded in shifting the balance of power in World War II firmly in the Allies' favor. In 1944, with the war not yet won, he was reelected to a fourth term.

Three months after his inauguration, while resting at his retreat at Warm Springs, Georgia, Roosevelt died of a massive cerebral hemorrhage at the age of 63. Following a solemn parade of his coffin through the streets of the nation's capital, his body was buried in a family plot in Hyde Park. Millions of Americans mourned the death of the man who led the United States through two of the greatest crises of the 20th century: the Great Depression and World War II. Roosevelt's unparalleled 13 years as president led to the passing of the 22nd Amendment to the U.S. Constitution, which limited future presidents to a maximum of two consecutive elected terms in office.



LOOKING FOR EVEN MORE CHALLENGES? LOOK INTO THE U.S. ARMY SPECIAL FORCES.

The SF Recruiter is in Task Force 1st Aored Division area until March 30. The 1AD Division Reup Team will host the Special Forces Brief in the Soldier Support Center classroom (2nd floor) March 5 at 10 a.m. and 1 p.m.

For more information about the Special Forces recruitment program or any other reenlistment opportunity, contact your career counselor.

The Old Ironsides Report March 4, 2004

myafn.net TV SCHEDULES: THURSDAY, MARCH 04, 2004				As of: Wednesday, March 03, 2004 10:38:14 PM		
Start Time	SPORTS	ATLANTIC	SPECTRUM	PACIFIC	NEWS	Start Time
00:00	THE HOT LIST	HEADLINE NEWS	SECRETS OF WAR : - THE ULTRA ENIGMA	TODAY		00:00
00:30	THE HOT LIST	TONIGHT SHOW WITH JAY LENO			HEADLINE NEWS	00:30
01:00	AROUND THE HORN		THE ROAD TO RIO		LESTER HOLT LIVE	01:00
01:30	PARDON THE INTERRUPTION	THE LATE SHOW WITH DAVID LETTERMAN				01:30
02:00	SPORTSCENTER			SESAME STREET	HEADLINE NEWS	02:00
02:30		ACCESS HOLLYWOOD			NBC NIGHTLY NEWS	02:30
03:00	MEN'S COLLEGE BASKETBALL - ACC: GEORGIA TECH @ DUKE	4 QTRS	ROCKET POWER : - CAPTURE THE FLAG/ THE JINX	BEAR IN THE BIG BLUE HOUSE : - BOYS WILL BE BOYS	ABC WORLD NEWS TONIGHT	03:00
03:30		MEN'S COLLEGE BASKETBALL - BIG XII: MISSOURI @ TEXAS TECH	THE FAIRLY ODDPARENTS	WHEEL OF FORTUNE	CBS EVENING NEWS	03:30
04:00			THE SIMPSONS : - HOMER VS. LISA AND THE 8TH COMMANDMENT	THE DR. PHIL SHOW	COUNTDOWN WITH KEITH OLBERMANN	04:00
04:30			THE COSBY SHOW : - PLAY IT AGAIN RUSSELL			04:30
05:00	NBA - LOS ANGELES LAKERS @ HOUSTON ROCKETS		DHARMA & GREG : - SLEEPLESS IN SAN FRANCISCO	THE OPRAH WINFREY SHOW	HANNITY & COLMES	05:00
05:30		ESPNEWS	MY WIFE AND KIDS : - WORKING IT			05:30
06:00		ESPNEWS	THE WEST WING : - THE U.S. POET LAUREATE	NBC NIGHTLY NEWS	THE NEWSHOUR	06:00
06:30	PARDON THE INTERRUPTION	JUDGE JUDY		ACCESS HOLLYWOOD	BET NIGHTLY NEWS	06:30
07:00	HEADLINE NEWS	KEN BURNS' HISTORY OF JAZZ - RISK, RISK, 1945-1949		GUIDING LIGHT		07:00
07:25						07:25
07:30	SPORTSCENTER	ESPNEWS			NIGHTLY BUSINESS REPORT	07:30
08:00		HEADLINE NEWS	KEN BURNS' HISTORY OF JAZZ - IRRESISTABLE, 1949-1955		LARRY KING LIVE	08:00
08:13				GENERAL HOSPITAL		08:13
08:30	NBA FASTBREAK	HEADLINE NEWS				08:30
09:00	COLLEGE GAMENIGHT	SESAME STREET	HORATIO HORNBLOWER : - THE WRONG WAR	DISNEY'S 101 DALMATIANS : - THE ARTIST FORMERLY KNOWN AS SPOT/ NOSE K	NEWSNIGHT WITH AARON BROWN	09:00
09:30	TOTALLY NASCAR			HEY ARNOLD! : - STINKY GOES TO HOLLYWOOD/ OLGA GETS ENGAGED		09:30
10:00	SPORTSCENTER	BEAR IN THE BIG BLUE HOUSE : - BOYS WILL BE BOYS		POKEMON: JOHTO LEAGUE CHAMPIONS	PAULA ZAHN NOW	10:00
10:30		WHEEL OF FORTUNE		JACKIE CHAN ADVENTURES (TV-7): - THE J TEAM (PT. 2)		10:30
11:00	NHL - VANCOUVER CANUCKS @ COLORADO AVALANCHE	THE DR. PHIL SHOW	ROCKET POWER : - CAPTURE THE FLAG/ THE JINX	JEOPARDY!	NIGHTLINE	11:00
11:30			THE FAIRLY ODDPARENTS	HEADLINE NEWS	ARMY NEWSWATCH	11:30
11:46		THE OPRAH WINFREY SHOW				11:46
11:52				PACIFIC REPORT		11:52
12:00			THE SIMPSONS : - HOMER VS. LISA AND THE 8TH COMMANDMENT	ESPNEWS	HARDBALL WITH CHRIS MATTHEWS	12:00
12:30			THE COSBY SHOW : - PLAY IT AGAIN RUSSELL	HEADLINE NEWS		12:30
12:35		GUIDING LIGHT				12:35
12:52				PACIFIC REPORT		12:52
13:00			AMERICAN IDOL	FRIENDS : - THE ONE WITH THE CAKE	THE O'REILLY FACTOR	13:00
13:17		GENERAL HOSPITAL				13:17
13:25				GOOD MORNING MIAMI : - THE SLOW AND THE FURIOUS		13:25
13:30	NHL 2NIGHT		MY WIFE AND KIDS : - WORKING IT			13:30
13:50				REEL TIME		13:50
14:00	SPORTSCENTER	HEADLINE NEWS	THE WEST WING : - THE U.S. POET LAUREATE	THE BACHELORETTE II	60 MINUTES II	14:00
14:30		JUDGE JUDY				14:30
15:00	NBA - LOS ANGELES LAKERS @ HOUSTON ROCKETS	TODAY	KEN BURNS' HISTORY OF JAZZ - RISK, RISK, 1945-1949	E.R. : - DEAR ABBY	GOOD MORNING AMERICA	15:00
16:00			KEN BURNS' HISTORY OF JAZZ - IRRESISTABLE, 1949-1955	HEADLINE NEWS		16:00
16:22				PACIFIC REPORT		16:22
16:30				TONIGHT SHOW WITH JAY LENO		16:30
17:00	SPORTSCENTER	DISNEY'S 101 DALMATIANS : - THE ARTIST FORMERLY KNOWN AS SPOT/ NOSE K	HORATIO HORNBLOWER : - THE WRONG WAR		HEADLINE NEWS	17:00
17:30		HEY ARNOLD! : - STINKY GOES TO HOLLYWOOD/ OLGA GETS ENGAGED		THE LATE SHOW WITH DAVID LETTERMAN	CHANNEL ONE	17:30
17:45					ABC WORLD NEWS THIS MORNING	17:45
18:00	COLLEGE GAMENIGHT	POKEMON: JOHTO LEAGUE CHAMPIONS			THE EARLY SHOW	18:00
18:30	NBA FASTBREAK	JACKIE CHAN ADVENTURES (TV-7): - THE J TEAM (PT. 2)		ACCESS HOLLYWOOD		18:30
19:00	SPORTSCENTER	JEOPARDY!	ROCKET POWER : - CAPTURE THE FLAG/ THE JINX	CHICKEN RUN		19:00
19:30		HEADLINE NEWS	THE FAIRLY ODDPARENTS			19:30
20:00	NHL 2NIGHT	ESPNEWS	THE SIMPSONS : - HOMER VS. LISA AND THE 8TH COMMANDMENT		FOX NEWS LIVE	20:00
20:30	COLLEGE GAMENIGHT	HEADLINE NEWS	THE COSBY SHOW : - PLAY IT AGAIN RUSSELL	LOST IN SPACE		20:30
21:00	SPORTSCENTER	FRIENDS : - THE ONE WITH THE CAKE	AMERICAN IDOL		60 MINUTES II	21:00
21:25		GOOD MORNING MIAMI : - THE SLOW AND THE FURIOUS				21:25
21:30			MY WIFE AND KIDS : - WORKING IT			21:30
21:50		REEL TIME				21:50
22:00	MLB - SPRING TRAINING: SAN FRANCISCO GIANTS @ CHICAGO CUBS	THE BACHELORETTE II	THE WEST WING : - THE U.S. POET LAUREATE		FOX NEWS LIVE	22:00
23:00		E.R. : - DEAR ABBY	KEN BURNS' HISTORY OF JAZZ - RISK, RISK, 1945-1949	ESPNEWS: THE HOT LIST	HEADLINE NEWS	23:00
23:30				HEADLINE NEWS	CNN'S INSIDE POLITICS	23:30